

MAY 2022

## Management TEAM

DONALD CROW  
*Chairman*

TERESA ROBERTS  
*Vice President*

SHARON GRISWOLD  
*EVP Finance*

LAURIE ALLEN  
*Administrator*

SHARIKA BROWN, LPN  
*Nurse Manager*

ROBERT ZELANO  
*Executive Chef*

DEBBIE ECKER  
*Human Resources  
Manager*

ANDREW VEERASAMMY  
*Facilities Manager*

ASHLEY RUKEYSER  
*Assistant Administrator & Sales*

HEATHER MORRIS  
*Activity Manager*



## A word from your ADMINISTRATOR

April showers bring May flowers. I see a lot of beautiful plants and flowers blooming around our community. I hope everyone takes a moment to step outside and enjoy what May has to offer. A big thank you to Liz for the beautiful blooms outside on the patio!

May is going to be another busy and fun-filled month for all of our residents and staff. Nurse's week is celebrated nationally May 6-12 so please acknowledge all of the nursing staff for their hard work!

The 148th Annual Kentucky Derby will take place on May 7. The Derby is often called "The Most Exciting Two Minutes in Sports" and is one of the most prestigious horse races in the world. To celebrate, we want to give a big warm welcome to the Palm City Trail Association for bringing their horses for a special parade. And get your derby hats ready for the Derby watch party following the parade.

In April, we thoroughly enjoyed our group outing with Grand Oaks Palm City to the Oceanographic Center and then lunch at the beach cafe. It was so nice getting to know and spend time with the residents of Palm City. We definitely look forward to more group outings in the future. Check out some pictures in this newsletter.

This month, we will say goodbye and good luck to our wonderful receptionist, Debbie. We appreciate all of her dedication and love she gave the residents and staff for the past seven years. I hope you all can join us for her going away party on Wednesday, May 18. We will miss you Debbie!

Lastly, Happy Mother's Day to all of the wonderful mothers in our community. We hope you enjoy your special day, and we'll also pause this month on Memorial Day to remember and reflect on the members of our military who gave the ultimate sacrifice in secure the freedoms we enjoy today.

*Laurie Allen*  
Laurie Allen  
Administrator





*Chef's*  
**SPECIAL**

## SPRING THAI SHRIMP



Five crispy jumbo shrimp, split and tossed in a sweet with a pinch of heat Thai sauce, served over Jasmine rice and garnished with sesame oil, carrots, and scallions.



*New Move-Ins*  
**Welcome!!!**

Mike P.  
Linda H.  
Molly M.



*Happy*  
**BIRTHDAY!!!**



**MAY 04** Joe R.

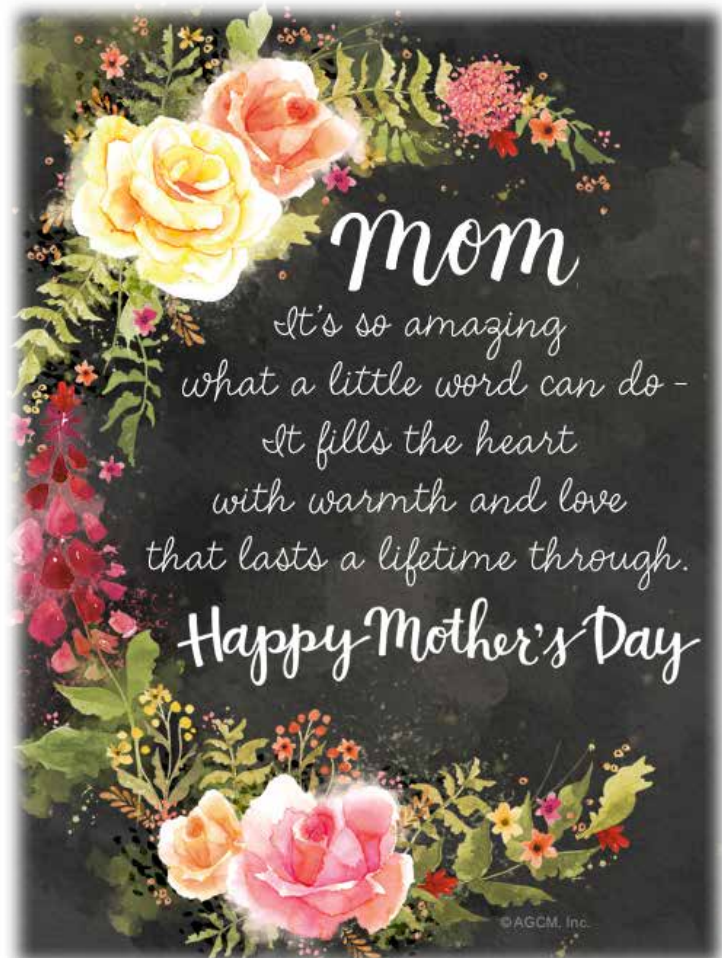
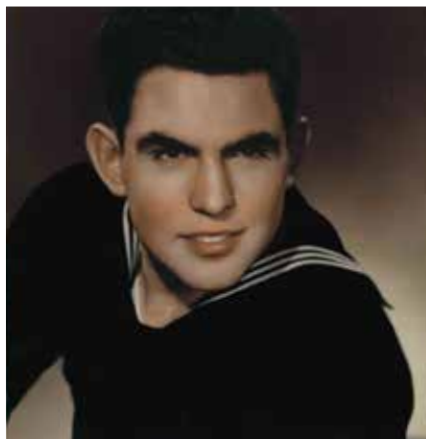
**MAY 08** Roseanna M.



*Guess the*  
**RESIDENT**

**WHO IS THE  
RESIDENT?**

Find out  
who this  
is on the  
back of the  
newsletter!





## DEBBIE CIELINSKI

Receptionist & Administrative Assistant



Debbie is from Chicago and moved to Florida eight years ago. She met her husband while she was working as an orthodontist's assistant and they have been married for 42 years! She has three grown children and four adorable grandchildren. She used to say her kids were her greatest accomplishment but now shares that with how precious her grandchildren are. She just loves being a grandma! Debbie was a stay-at-home mom while the kids were little then went to school earning both her undergraduate and master's degree in psychology. She worked in several industries until she found her passion of working with seniors. She started volunteering at her grandmother's assisted living community and also at Hospice. Next she worked at a rehab nursing home in Chicago before moving to Florida. One day after moving here, she drove by Grand Oaks after it just opened and thought it looked like a cozy, place to work and has been there ever since! She has loved working at Grand Oaks but now needs to spend time with her elderly parents and grandchildren.

### **What do you love most about working at Grand Oaks of Jensen Beach?**

I absolutely love the residents, my boss and all my great co-workers. They are like family to me. I also love to help the residents and their families.

### **If you could give your younger self a bit of wisdom, what would it be?**

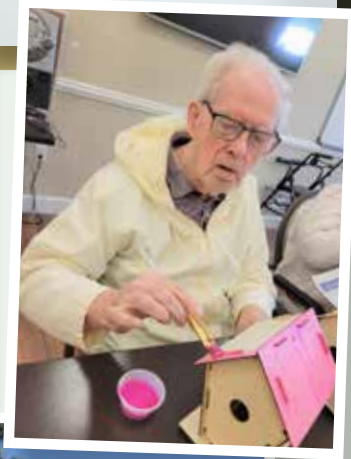
Work hard but enjoy your life too and don't worry about the future. Things will happen how they are supposed to and take life one day at a time. Appreciate where you are now and embrace your strengths and accept your weaknesses.

### **What life advice would you pass on to your grandchildren?**

Do the best you can, work hard but enjoy your life too.

It's okay to make mistakes, no one is perfect.

Make yourself proud of the person you are.





Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>1</b> Celebrate the Day – <i>May Day &amp; World Laughter Day!</i> 9:30 What in the World? 10:00 Worship Your Way 10:30 Daily Chronicles & Brain Games 11:00 Card Sharks 2:00 Bingo 3:00 Afternoon Movie May Day	<b>2</b> Celebrate the Day – <i>National Herb Day!</i> 9:30 What in the World? 10:00 Exercise & Meditation 10:30 Daily Chronicles & Brain Games 11:00 <b>Painting w/ Valerie</b> 2:00 Billiards in the Mancave 3:00 Card Sharks	<b>3</b> Celebrate the Day – <i>National Teacher's Day and Happy Birthday, Godfather of Soul!</i> 9:30 What in the World? 10:00 Exercise & Meditation 10:30 Daily Chronicles & Brain Games 11:00 Let's Get Creative 2:00 Card Sharks 3:00 <b>Robert Steinberg Performing &amp; Happy Hour</b>	<b>4</b> Celebrate the Day – <i>May the 4<sup>th</sup> Be with You!</i> 9:30 What in the World? 10:00 Drumming 10:30 Daily Chronicles & Brain Games 11:00 Library Trip 2:00 Watch Star Wars 3:00 Monthly Trip to Bank & Post Office	<b>5</b> Celebrate the Day – <i>Cinco de Mayo!</i> 9:15 What in the World? 9:45 <b>Communion w/ Deacon Jim</b> 10:15 Exercise & Meditation 10:45 Daily Chronicles & Brain Games 11:00 Activity Connection 2:00 Cinco de Mayo Party 3:00 Afternoon Movie Cinco de Mayo	<b>6</b> Celebrate the Day – <i>National Beverage Day and Bubbles Day!</i> 9:30 What in the World? 10:00 Daily Chronicles & Brain Games 10:30 <b>Zumba w/ Teri</b> 11:00 Sing-Along 2:00 Fresh Air Fun w/ Bubbles & Bubbly! 3:30 <b>Elaine &amp; Bob Performing</b>	<b>7</b> Celebrate the Day – <i>Kentucky Derby!</i> 9:30 What in the World? 10:00 Daily Chronicles & Brain Games 11:00 Sing-Along Saturday 2:00 <b>Horse Parade w/ Palm City Trails Association</b> 3:00 Horse Racing, Happy Hour and Derby Hats!
<b>8</b> Celebrate the Day – <i>Mother's Day!</i> 9:30 What in the World? 10:00 Worship Your Way 10:30 Daily Chronicles & Brain Games 11:00 Card Sharks 12:00 <b>Mother's Day Luncheon w/ Jeanne Martin on the Harp</b> 2:00 Bingo 3:00 Afternoon Movie	<b>9</b> Celebrate the Day – <i>Hello Dolly Day!</i> 9:30 What in the World? 10:30 Daily Chronicles & Brain Games 11:00 Hello, Dolly Trivia 2:00 Billiards in the Mancave 3:00 Hello, Dolly!	<b>10</b> Celebrate the Day – <i>The Rest of the Story Day!</i> 9:30 What in the World? 10:00 Daily Chronicles & Brain Games 11:00 Bingo 3:00 <b>Monthly Birthday Party</b> 4:00 Listen to the Rest of the Story	<b>11</b> Celebrate the Day – <i>Mother Ocean Day!</i> 9:30 What in the World? 10:00 Drumming 10:30 Daily Chronicles & Brain Games 11:00 <b>Trip to the Beach</b> 2:00 Let's Get Creative/Gardening 3:00 Publix	<b>12</b> Celebrate the Day – <i>Florence Nightingale/Nurses Day!</i> 9:15 What in the World? 9:45 <b>Communion w/ Deacon Jim</b> 10:15 Meditation & Exercise 10:45 Daily Chronicles & Brain Games 11:00 <b>Mind&amp;Melody</b> 2:00 Jewelry Making 3:00 Afternoon Movie	<b>13</b> Celebrate the Day – <i>Top Gun Day &amp; Happy Birthday, Stevie Wonder!</i> 9:30 What in the World? 10:00 Daily Chronicles & Brain Games 10:30 <b>Zumba w/ Teri</b> 11:00 Sing-Along 2:00 Card Sharks 3:30 <b>Annette &amp; Don Performing</b>	<b>14</b> Celebrate the Day – <i>Migratory Bird Day!</i> 9:30 What in the World? 10:00 Daily Chronicles & Brain Games 11:00 Sing-Along Saturday 2:00 Card Sharks 3:00 Bingo 4:00 Happy Hour w/ Birds
<b>15</b> Celebrate the Day – <i>National Transportation Day!</i> 9:30 What in the World? 10:00 Worship Your Way 10:30 Daily Chronicles & Brain Games 11:00 Card Sharks 2:00 Fill Your Passport 3:00 Afternoon Movie	<b>16</b> Celebrate the Day – <i>National Drawing Day &amp; Neighbor Day!</i> 9:30 What in the World? 10:30 Daily Chronicles & Brain Games 11:00 Drawing Lesson 2:00 Billiards in the Mancave 3:00 Card Sharks	<b>17</b> Celebrate the Day – <i>Flower Superstition Day!</i> 9:30 What in the World? 10:30 Daily Chronicles & Brain Games 11:00 <b>Town Hall Meeting</b> 2:00 <b>Wildlife Photography Presentation w/ Marty Purdy</b> 3:00 Garden Club – Flower Tutorial 4:00 Happy Hour	<b>18</b> Celebrate the Day – <i>Happy Retirement, Debbie!</i> 9:30 What in the World? 10:00 Drumming 10:30 Daily Chronicles & Brain Games 11:00 Publix 2:00 Let's Get Creative 3:00 <b>Debbie's Going Away Party!</b>	<b>19</b> Celebrate the Day – <i>Ice Cream in the House Day!</i> 9:15 What in the World? 9:45 <b>Communion w/ Deacon Jim</b> 10:15 Meditation & Exercise 10:45 Daily Chronicles & Brain Games 11:00 Activity Connection 2:00 Ice Cream Fundraiser 3:00 Afternoon Movie	<b>20</b> Celebrate the Day – <i>Happy Birthday, Blue Jeans!</i> 9:30 What in the World? 10:00 Daily Chronicles & Brain Games 10:30 <b>Zumba w/ Teri</b> 11:00 Sing-Along 2:00 Card Sharks 3:00 <b>Harold Seay Performing</b>	<b>21</b> Celebrate the Day – <i>Armed Forces Day!</i> 9:30 What in the World? 10:00 Daily Chronicles & Brain Games 11:00 Patriotic Sing-Along Saturday 2:00 Bingo 3:00 Afternoon Movie Armed Forces Day
<b>22</b> Celebrate the Day – <i>College Graduation Memories Day!</i> 9:30 What in the World? 10:00 Worship Your Way 10:30 Daily Chronicles & Brain Games 11:00 Card Sharks 2:00 Memory Lane 3:00 Afternoon Movie	<b>23</b> Celebrate the Day – <i>Jazz it Up Day, Happy Birthday, Rosemary Clooney!</i> 9:30 What in the World? 10:30 Daily Chronicles & Brain Games 11:00 <b>Painting w/ Valerie</b> 2:00 Billiards in the Mancave 3:00 Afternoon Movie Victoria Day (Canada)	<b>24</b> Celebrate the Day – <i>National Scavenger Hunt Day!</i> 9:30 What in the World? 10:00 Daily Chronicles & Brain Games 11:00 <b>Bingo</b> 2:00 Card Sharks 3:00 Scavenger Hunt 4:00 Refreshments	<b>25</b> Celebrate the Day – <i>National Senior Health &amp; Fitness Day!</i> 9:30 What in the World? 10:00 Drumming 10:30 Daily Chronicles & Brain Games 11:00 Sing Along 2:00 Afternoon Exercise 3:00 TedTalks 4:00 Tap Dancing	<b>26</b> Celebrate the Day – <i>National Brother's Day!</i> 9:15 What in the World? 9:45 <b>Communion w/ Deacon Jim</b> 10:30 Daily Chronicles & Brain Games 11:00 Activity Connection 2:00 Fishing Game 3:00 <b>My Brother's Band Performing</b>	<b>27</b> Celebrate the Day – <i>Top Gun 2022 Release!</i> 9:30 What in the World? 10:00 Daily Chronicles & Brain Games 10:30 <b>Zumba w/ Teri</b> 11:00 Sing-Along 2:00 Watch Top Gun at the Movie Theatre 3:00 Fresh Air Fun	<b>28</b> Celebrate the Day – <i>It's Your Serve Saturday!</i> 9:30 What in the World? 10:00 Daily Chronicles & Brain Games 11:00 Sing-Along Saturday 2:00 Bingo 3:00 <b>Karin and Charles Performing</b> 4:00 Happy Hour
<b>29</b> Celebrate the Day – <i>Indianapolis 500</i> 9:30 What in the World? 10:00 Worship Your Way 10:30 Daily Chronicles & Brain Games 11:00 Card Sharks 2:00 Bingo 3:00 Afternoon Movie	<b>30</b> Celebrate the Day – <i>Memorial Day!</i> 9:30 What in the World? 10:30 Daily Chronicles & Brain Games 11:00 Patriotic Sing-Along 12:00 Memorial Day BBQ 2:00 Billiards in the Mancave 3:00 Memorial Day Presentation Memorial Day	<b>31</b> Celebrate the Day – <i>Happy Birthday, Clint Eastwood!</i> 9:30 What in the World? 10:00 Daily Chronicles & Brain Games 11:00 <b>Bingo</b> 2:00 <b>Card Sharks</b> 3:00 Afternoon Movie	<div> <div>May 2022</div> <div>Grand Oaks Assisted Living of Jensen Beach</div> </div>			

Any Revisions or Additions to the Calendar Will Be Posted on Your Daily Agenda.



## Interesting Stories and Forgotten Facts

Courtesy Greg and Alice Luckhardt  
Ricou Browning, Creature Black Lagoon

The movie, Creature From the Black Lagoon, is considered a classic sci-fi horror film, shown at the Lyric Theatre June 26-28, 1954. Most people in Martin County, however, probably don't know that a local boy, Ricou Browning, played the role of the underwater creature for that thriller.

He was born February 16, 1930 and raised in Jensen Beach. Ricou's father, Clement 'Clem' Walker Browning was an auto salesman in Stuart and his mother, Inez Louise Ricou, a member of one of Jensen's pioneer families. Ricou Browning's maternal grandparents owned the R.R. Ricou and Sons Fish Company in Jensen, which at one time was among the largest fish wholesalers in South Florida!

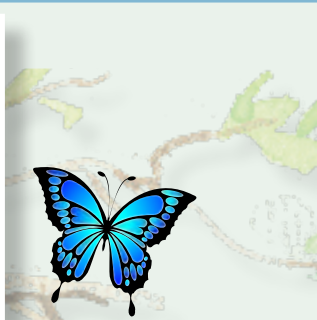
It probably wouldn't be much of an exaggeration to state that Ricou learned to swim before he could walk. He was never far from water, whether it be the river or ocean, usually swimming and skin diving, at which he excelled. This enjoyable activity soon became a passion, as he often participated in springboard competitions and water shows, all of which would eventually lead to a career in or around the water. Before reaching the teen years, Ricou worked for Grantland Rice films as a swimmer. During the war in the '40s, the Browning family lived in Tallahassee where he was employed at Wakulla Springs, being involved there in underwater shows. He later assisted in clearing and developing Weeki-Wachee Springs as a tourist attraction in Hernando County for a friend, Newton Perry.

Ricou enlisted in the U.S. Air Force, joining the swimming team as an outstanding athlete. After military service, he attended Florida State University and in 1953, Newton Perry, who managed Wakulla Springs, asked Ricou to show the freshwater springs to Jack Arnold, a film director and Scotty Welbourne of Universal Pictures, who were scouting locations for a movie. Arriving at a deep cave in Wakulla, Ricou was filmed swimming in the spring waters with a movie camera which the two men had brought along. A few weeks later he was contacted by Arnold, who had been greatly impressed by the youth's swimming style and offered him a sizable sum of money to play the role of the 'gill-man' in Universal-International's proposed movie, Creative from the Black Lagoon. Young 23-year-old Ricou replied, "Fine. Let's have at it."

The story of the local man who starred in The Creature From the Black Lagoon continues next month...







# ★ MEMORIAL DAY ★

REMEMBER AND HONOR



## DECORATION DAY

Memorial Day used to be called Decoration Day, named for the practice of decorating graves and memorials with flowers, wreaths, and flags.

## FIRST MEMORIAL DAY

The holiday first began after the Civil War as a way to honor and mourn the approximately 620,000 Union and Confederate soldiers who died.

## DAY OF REMEMBRANCE

Memorial Day is supposed to be a solemn day of remembrance of all those who died as members of the American Armed Forces.

## 3-DAY WEEKEND

The holiday was originally celebrated annually on May 30. The passing of the Uniform Monday Holiday Act in 1971 officially made Memorial Day the last Monday in May.

## 3:00 P.M.

In 2000, President Bill Clinton signed the National Moment of Remembrance Act, designating 3:00 p.m. on Memorial Day as the National Moment of Remembrance.

## NATIONAL CELEBRATION

Memorial Day is commemorated annually at Arlington Cemetery in Virginia. The President or Vice President traditionally lays a wreath at the Tomb of the Unknown Soldier in remembrance.



## LAND OF THE FREE BECAUSE OF THE BRAVE



According to the VA, approximately 1,190,000 U.S. servicemembers have died in service from 1775 (American Revolution) to 1991 (Desert Shield).



## Calendar Spotlight



*Our Roots  
Run Deep  
IN OUR  
COMMUNITY*



May 8th

Mother's Day Luncheon with  
Jeanne Martin on the harp  
12:00 pm



May 18th

Debbie's Last Day!



May 30th

Memorial Day BBQ  
12:00pm



*Guess the Resident Answer: Bud T.*