



*Our Roots
Run Deep
IN OUR
COMMUNITY*

SEPTEMBER 2021

Management TEAM

DONALD CROW
Chairman

TERESA ROBERTS
Vice President

SHARON GRISWOLD
EVP Finance

SHEREE TRAPANI
Administrator

PAM DRAKE, LPN
Director of Nursing

ROBERT ZELANO
Executive Chef

DEBBIE ECKER
*Human Resources
Manager*

ANDREW VEERASAMMY
Facilities Manager

BETH KELLEY
Sales Manager

ORLAN ARRIECHE
Maintenance

MELISSA PENATE
Activity Manager



A word from your ADMINISTRATOR

Dear Residents,

Welcome to September!

I am extremely happy I have joined the Grand Oaks family as the administrator. I know it's been difficult the past month with COVID-19 in our lives, but we are doing everything we can to keep everyone safe. If you have any questions or concerns, I have an open door policy, or you can call me at 402.

I'd like to offer a heartfelt thank you to the activities department for still having enjoyable activities under difficult times, and to Chef Bobby and his team for serving such great food with a smile. I have only been here for one month, but I can see the dedication in each staff member and the kindness in their hearts.

We have great things planned for September and I am looking forward to enjoying each moment with all of you. For Labor Day, we have a BBQ and games planned, and on September 12th we'll be celebrating Grandparents Day. National Assisted Living Week is also September 13th – 17th and we have lots of fun things planned!

And please remember, it's important to stay hydrated in this heat.

Thank you all for being a part of the Grand Oaks family and I hope you enjoy the rest of the summer!

Sheree Trapani
Administrator





September 2021
CHEF SPECIAL

FISHERMAN'S PLATTER



Fresh shrimp and fried clam strips, served with golden brown corn hushpuppies, tangy coleslaw, and your choice of tarter or cocktail sauce

Happy BIRTHDAY!!!



SEPT
5

Tom M.

SEPT
11

Betty O.

SEPT
14

Liz S.

SEPT
17

Kathy S.

SEPT
18

Elaine P.

SEPT
19

Natalie G.

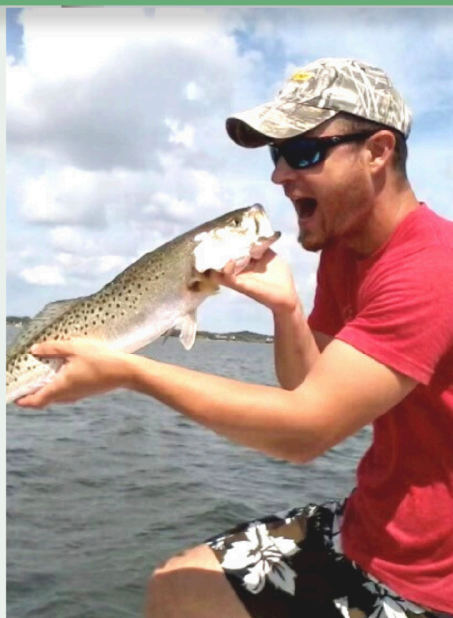
SEPT
27

Barbara M. (This month's spotlight resident!)



Employee SPOTLIGHT

KEVIN D.
COOK/SERVER



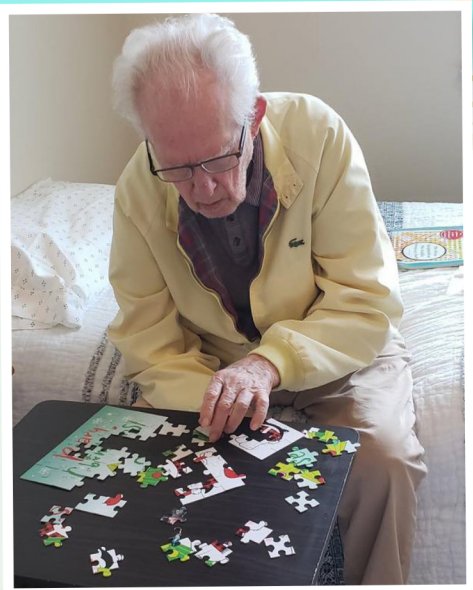
Kevin grew up in Boca Raton and Martin County – he's a true Florida native! His favorite childhood memories are bass fishing on Lake Okeechobee for his fourth birthday and his first trip to Palm Beach International Raceway (formerly known as Moroso Motorsports Park) to see the jet engine powered drag cars!

In middle school through high school, Kevin played the saxophone and bass guitar. He also enjoyed skateboarding and playing baseball and tennis. He graduated from Martin County High School and attended Indian River State College where he majored in psychology. He also took welding courses at IRSC and can weld up to a ¾ inch steel plate.

Kevin started his cooking career at the age of 18 when he worked in the kitchen at Ruby Tuesdays. From there, he went on to work at Sandhill Cove Retirement Living, where he earned three consecutive awards for Best Featured Entrée at Taste of Martin County! Kevin also works as a commercial fisherman, something he has been doing since he was 10 years old. In fact, his childhood role model was the

late Jose Wejbe from the Outdoor Channel's popular Spanish Fly fishing show.

In his spare time, Kevin enjoys fishing and playing the guitar. When asked what he likes best about working at Grand Oaks, he said, "Getting to know our residents."



Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

September 2021

Happy Labor Day!



Assisted Living



			<p>10:15 "Walkie Talkies" Walking Club with Diane 11:00 Myths About Today's Hearing Aids Presentation 12:00 Lunch 2:30 Bus Trip to Local Bank & Post Office 6:30 Evening Movie in the Theatre</p>	<p>2 10:15 Sit & Fit Exercise Class (Activity Room) 11:00 Communion & Prayer W/Sheila & Carmen 12:00 Lunch 2:15 Word Challenge 3:30 Bingo in the Activity Room with Diane 6:30 Evening Movie in the Theatre Recommendation</p>	<p>3 10:15 Brain Teasers in the Activity Room 11:00 Luck of the Draw in the Activity Room 12:00 Lunch 2:15 Short Stories with Melissa in the Activity Rm 3:30 Happy hour with Bob & Elaine in the theatre</p>	<p>4 10:15 Poker 11:00 Headbands Guess Who Game 12:00 Lunch 2:15 Ice Cream Treats in the Ice Cream Parlor 3:00 Charades in the Activity Room with Debbi 6:30 Evening Movie in the Theatre</p>
<p>5 10:15 Sit & Fit Exercise Class (Activity Room) 11:00 Hang Man Word Game in the Living Rm 12:00 Lunch 2:00 Mini Manicures in the Activity Room 3:00 Bingo in the Activity Room with Diane</p>	<p>6 10:00 Drums Alive Practice with Melissa 11:00-1:00 Labor Day Live Band, BBQ, & Corn Hole 12:00 Lunch 2:15 Catered Shopping at Publix 3:30 Luck of the Draw 6:30 Evening Movie in the Theatre</p> <p>Labor Day Rosh Hashanah Begins</p>	<p>7 10:15 Sit & Fit Exercise Class (Activity Room) 11:00 Hollywood Movies Trivia in the Activity RM 12:00 Lunch 2:00 Name the Iconic Hollywood Couples 3:30 PO-KE-NO In the Activity Room with Diane 6:15 Evening Movie in the Theatre</p>	<p>8 10:15 "Walkie Talkies" Walking Club with Diane 11:00 NJ Scandinavian Fest Nordic Ornaments Craft Pt. 1 12:00 Lunch 2:15 Catered Shopping to Walgreens 3:30 Ronn Finn on Sax</p>	<p>9 10:15 Sit & Fit Exercise Class (Activity Room) 11:00 Nordic Ornaments Craft Pt. 2 12:00 Lunch 2:00 Bible Study on the Porch & Iced Coffee 3:30 Black Jack in the Activity Room</p>	<p>10 10:15 Sit & Stretch with Melissa relaxation class 11:00 Luck of the Draw in the Activity Room 12:00 Lunch 2:15 Short Stories with Melissa in the Activity Rm 3:30 King Louis French wine festival wine tasting</p>	<p>11 10:15 PO-KE-NO 11:00 Nothing But Net Gravity Ball with Debbie 12:00 Lunch 2:15 Coffee & Klatch! 3:00 Scenic Bus Ride around Jensen 6:30 Evening Movie in the Theatre</p>
<p>12 10:15 Sit & Fit Exercise Class (Activity Room) 11:00 What would Granny Buy? Fun Challenge (NEW!) 12:00 Lunch 2:30 Grandparents Day Gifts Social & Reminiscing 3:00 Bingo in the Activity Room with Diane</p> <p>Grandparents Day</p>	<p>13 10:15 Walkie Talkies 11:00 Assisted Living Week Theme Creating W/ Clay class W/ Lynn 12:00 Lunch 2:15 National Chocolate Milkshake Day! 3:30 LCR Dice Game 6:30 Evening Movie in the Theatre</p>	<p>14 10:15 Sit & Fit Exercise Class (Activity Room) 11:00 Assigning Teams for ALF week Daily Challenges 12:00 Lunch 2:00 Flavored Coffee Cart & Klatch staff & residents 3:30 Poker In the Activity Room with Diane 6:15 Evening Movie in the Theatre</p>	<p>15 10:15 "Walkie Talkies" Walking Club with Diane 10:45-12:45 Out to Sandspritz Park for a Picnic Residents & Staff 2:15 Popsicles on the Front Porch 3:30 SHOW UP & SHOW OFF in the Theatre!</p> <p>Yom Kippur Begins</p>	<p>16 10:15 Sit & Fit Exercise Class (Activity Room) 11:00 Communion & Prayer W/Sheila & Carmen 12:00 Lunch 2:00-3:30 Guess the Spanish word & Margarita bar in the Ice Cream Par. 3:45 Bingo & Smores in the Activity Room 6:30 Evening Movie in the Theatre</p>	<p>17 10:15 Brain Teasers in the Activity Room 11:00 Fimo Pocket Crosses 12:00 Lunch 2:15 Luck of the Draw in the Activity Room 3:30 National Dance Day ALF week Zumba with Staff & Residents</p>	<p>18 10:15 Poker 11:00 Nothing But Net Gravity Ball with Debbie 12:00 Lunch 3:00 Word Challenge in the Ice Cream Parlor & Fresh Baked Pretzels 6:00 Evening Movie in the Theatre</p> <p>Oktoberfest Begins</p>
<p>19 10:15 Sit & Fit Exercise Class (Activity Room) 11:00 Hang Man Word Game in the Living Rm 12:00 Lunch 2:00 Mini Manicures in the Activity Room 3:00 Bingo in the Activity Room with Diane</p>	<p>20 10:15 Catered Shopping at Dollar Tree 11:00 Watercolor Art Class With Valerie 12:00 Lunch 2:15 National Rum Punch Day Punch Popsicles & Caribbean Music social 3:30 Luck of the Draw 6:30 Evening Movie in the Theatre</p> <p>Sukkot Begins</p>	<p>21 10:15 Sit & Fit Exercise Class (Activity Room) 11:00 PO-KE-NO In the Activity Room 12:00 Lunch 2:00 Woodstock Party Photo booth & refreshments 3:30 Peace Day Party! 6:15 Evening Movie in the Theatre</p>	<p>22 10:15 "Walkie Talkies" Walking Club with Diane 11:00 Fall wood & Yarn door hanger craft 12:00 Lunch 2:15 Bus Trip to Publix for Shopping 3:30 September Birthdays Celebration in ice Cream Parlor 6:30 Evening Movie in the Theatre</p> <p>Autumn Begins</p>	<p>23 10:15 Sit & Fit Exercise Class (Activity Room) 11:00 National Monarch Festival Day Social in the Library 12:00 Lunch 2:00 Bible Study on the Porch & Iced Coffee 3:30 Black Jack in the Activity Room</p>	<p>24 10:15 Brain Teasers in the Activity Room 11:00 Luck of the Draw in the Activity Room 12:00 Lunch 2:15 Short Stories with Melissa in the Activity Rm 3:30 Happy hour with Lauren on the back Patio</p>	<p>25 10:15 PO-KE-NO 11:00 Sit & Stretch Exercise with Debbie 12:00 Lunch 2:15 Painting Stein Coasters for Oktoberfest 3:00 MINI Manicures 6:30 Evening Movie in the Theatre</p>
<p>26 10:15 Sit & Fit Exercise Class (Activity Room) 11:00 Jeopardy W/ Diane 12:00 Lunch 2:00 Billiards In the Man Cave 3:00 Bingo in the Activity Room with Diane</p>	<p>27 10:15 "Walkie Talkies" Walking Club with Diane 11:00 Town Hall Meeting in the Theatre 12:00 Lunch 2:15 Decorating Walkers & Chairs for Fall 3:30 LCR Dice Game 6:30 Evening Movie in the Theatre</p>	<p>28 10:15 Sit & Fit Exercise Class (Activity Room) 11:00 Paint your own beer Mug for Oktoberfest 12:00 Lunch 2:15 Dink a Beer Day Beer & Nuts Social 3:30 Poker In the Activity Room with Diane 6:15 Evening Movie in the Theatre</p> <p>Simchat Torah Begins</p>	<p>29 10:15 "Walkie Talkies" Walking Club with Diane 10:30 Garden Club get together on Patio 11:45 Out to Lunch @ Red Lobster 2:15 Coffee & Klatch! 3:30 Luck of the Draw 6:00 Evening Movie in the Theatre</p>	<p>30 10:15 Sit & Fit Exercise Class (Activity Room) 11:00 Communion & Prayer W/Sheila & Carmen 12:00 Lunch 2:15 Word Challenge 3:30 Bingo in the Activity Room with Diane 6:30 Evening Movie in the Theatre</p>		

Calendar is subject to change. Please check the daily activity sheet always available at the front desk. Thank you –Activities Department



Barbara was born in Japan in 1943 during the war. She has two brothers. She lived in Japan until she was 10 years old, when her mother married her step-father who was in the US Air Force. Barbara thinks of her step-dad as her father and still has fond memories of him to this day.

Barbara traveled a lot with her family because of her step-dad's job in the Air Force. She lived in the United States for a while before returning to Tokyo, Japan, where she attended high school. After graduating, Barbara landed a civilian job as the secretary to the Surgeon General of the United States Air Force. She was then promoted to work at the Pentagon, where she worked for two years before deciding she didn't like it nearly as much as working for the Air Force.

Barbara met and married her husband at this time, and he lived in Virginia, so she took a job at a federal prison near their new home. She worked there for six years. Then, her husband wanted to move to Florida, but Barbara didn't want to move far away from her parents. She was very happy when her parents decided to relocate to Florida with her, her husband, and their three children.

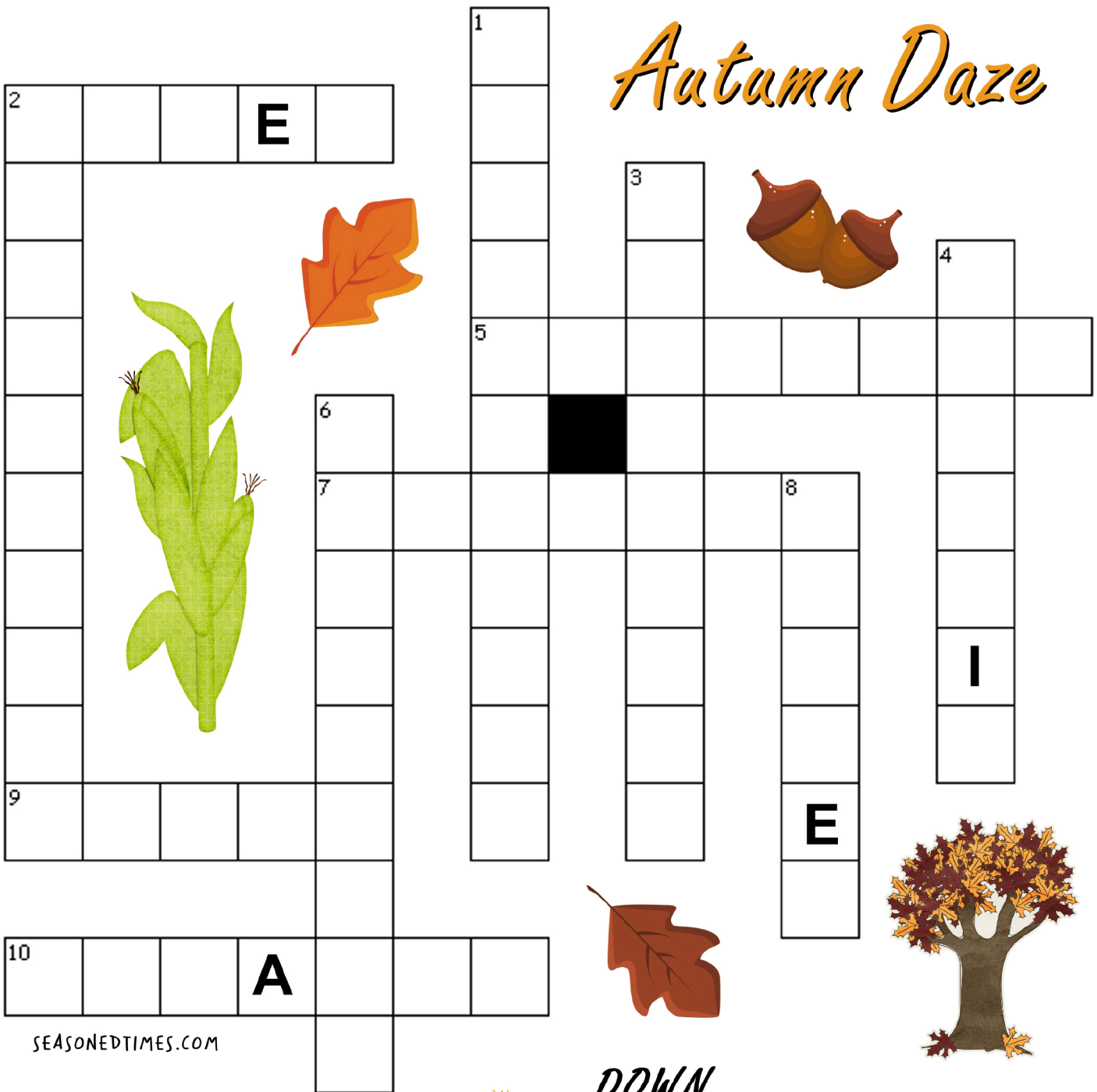
For fun, Barbara loves to play poker! Her favorite game is Texas Hold'em. She once won \$7,000 playing this game! She's been to Las Vegas many times, too. She would go twice a year, once for Christmas and once for Mother's Day. She would even get a chance to play with some of the best poker tournament players in the world when she would visit Vegas!

Barbara is also very talented at making macramé and even had her own store called "Plants and Macramé by Barb". She loves reading mystery novels, cooking American and Japanese foods, and being a mother and grandmother. She has four grandchildren.

When asked what she likes best about living at Grand Oaks, Barbara says, "They treat me real good here."



Autumn Daze



ACROSS

2. Fermented juice
5. Filled with gratitude
7. Period of picking and gathering
9. Woody nut with cap
10. Upper portion of body warmer

DOWN

1. Leader of offensive players
2. Horn-shaped basket, usually filled to overflowing
3. Constructed with sticks and old clothing
4. Large, round gourd
6. Smooth-shelled nuts
8. Large forest bird or three strikes bowled consecutively

Calendar Spotlight



*Our Roots
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*Monday,
September 6*

Labor Day BBQ with live music
and games on the front porch
10:00am-1:00pm



*September
13th-17th*

Spirit Week for
National ALF Week



*Sunday,
September 12*

Grandparents Day Social with
Surprise Gifts and Reminiscing
2:30pm



*Wednesday,
September 22*

September
Birthday Party
3:30pm

Page 7 Crossword Answers

ACROSS

- 2 – Fermented juice – **CIDER**
- 5 – Filled with gratitude- **THANKFUL**
- 7 – Period of picking and gathering- **HARVEST**
- 9 – Woody nut with cap- **ACORN**
- 10 – Upper portion of body warmer – **SWEATER**

DOWN

- 1 – Leader of offensive players – **QUARTERBACK**
- 2 – Horn-shaped basket, usually filled to overflowing- **CORNUCOPIA**
- 3 – Constructed with sticks and old clothing – **SCARECROW**
- 4 – Large, round gourd – **PUMPKIN**
- 6 – Smooth-shelled nuts – **CHESTNUTS**
- 8 – Large forest bird or three strikes bowled consecutively – **TURKEY**