



*Our Roots
Run Deep
IN OUR
COMMUNITY*

OCTOBER 2021

Management TEAM

DONALD CROW
Chairman

TERESA ROBERTS
Vice President

SHARON GRISWOLD
EVP Finance

SHEREE TRAPANI
Administrator

PAM DRAKE, LPN
Director of Nursing

ROBERT ZELANO
Executive Chef

DEBBIE ECKER
*Human Resources
Manager*

ANDREW VEERASAMMY
Facilities Manager

BETH KELLEY
Sales Manager

ORLAN ARRIECHE
Maintenance

TIM FRANK
Activity Manager



A word from your ADMINISTRATOR

Dear Residents,

Can you believe that it's already October??!! Fall is such a beautiful time of year. The temperatures start to cool down and we're able to spend more time outside with family and friends.

And speaking of spending more time with family and friends, I am pleased to announce that all of our amazing employees here at Grand Oaks are either fully vaccinated against COVID-19 or have begun the vaccination process. The safety and well-being of our residents and staff is paramount to us and we will continue to do everything we can to keep you all healthy and safe.

October is a special month at Grand Oaks, with lots of great activities. While we all miss Melissa dearly, we are so grateful to have Tim, Diane, Samara, and Craig here to bring the fun! On October 8th, we're having our Oktober Fest celebration. Chef Bobby and his team are preparing a special German luncheon, and there will be a beer garden with lots of different types of ales to try!

Later in the month, we'll be taking an outing to a pumpkin patch where everyone will get to try their hand at some pumpkin painting! And what would October be without a big Halloween bash? Ours is sure to be "spook"tacular and loads of fun! Be sure to check the Activities Calendar at the front desk for the dates and times of these fun events!

Also, October is Breast Cancer Awareness Month, so let's wear our pink all month long to show support for such a great cause!

Sheree Trapani

Sheree Trapani
Administrator





September 2021
CHEF SPECIAL

BUTTERNUT RAVIOLI



Soft pasta pillows stuffed with butternut squash, topped with a delicate sherry cream infused with autumn spices, and garnished with toasted pumpkin seeds.

Happy
BIRTHDAY!!!



OCT
3

Muriel M.

OCT
7

Nick P.

OCT
19

Frances W.

OCT
27

Delores B.

OCT
29

Helen Z.



Employee
SPOTLIGHT

STEPHANIE C. ACTIVITIES ASSISTANT



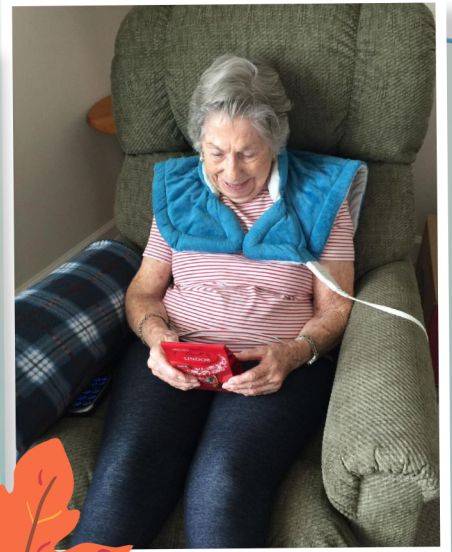
Stephanie was born and raised in Syracuse, New York. She has three sisters and two half-brothers. At the young age of 15, she began working at a local ice cream shop where she worked for 12 years! During this time, she graduated from Oneida High School.

Three years ago, after taking a vacation to Tampa to visit a family friend, Stephanie fell in love with Florida and decided she wanted to live here. She made her dream come true just four months ago and is excited to begin a new chapter here in sunny Florida.

Growing up, and to this day, Stephanie's role model was her mother, because she worked several jobs to make sure the family never went without, and at age 40, she went back to school to become an L.P.N.! Being a hard worker runs in the family, because in addition to being our Activities Assistant, Stephanie also works as an Event Marketer and as a server/bartender at the Thirsty Turtle.

Stephanie still has some free time, and she likes to spend it cooking (she loves to cook!), going to the gym, enjoying arts and crafts, and singing. She also enjoys spoiling her three cats. "I'm a cat mom, a crazy cat lady," she laughed.

When asked what she likes best about working at Grand Oaks, she says, "The residents! They probably think I'm here to help them, but they really help me!"



October 2021

Assisted Living

					10:15 Choir Practice 11:00 Black Jack 12:00 Lunch 2:15 Bible Study 3:30 Happy Hour with Bob & Elaine 6:00 Evening Movie	10:15 Armchair Exercise 11:00 Hangman 12:00 Lunch 2:15 Ice Cream Treats 3:00 Poker 6:30 Evening Movie
10:15 Sit & Fit Exercise Class (Activity Room) 3 11:00 Fall Crafts 12:00 Lunch 2:00 Mini Manicures in the Activity Room 3:00 Bingo in the Activity Room with Diane	10:15 Walking Club 4 11:00 "Made In Germany" 12:00 Lunch 2:15 Monthly Bank & Post Office Trip 3:30 Luck of the Draw 6:00 Evening Movie	10:15 Sit & Fit Exercise Class (Activity Room) 5 11:00 Fall Crafts 12:00 Lunch 2:00 Baking Brown Betty 3:30 PO-KE-NO In the Activity Room with Diane	10:15 "Walkie Talkies" Walking Club with Diane 6 11:00 12:00 Lunch 2:15 Shopping at Publix 3:30 Black Jack 6:00 Evening Movie	10:15 Sit & Fit Exercise Class (Activity Room) 7 11:00 Communion & Prayer W/ Deacon Jim 12:00 Lunch 2:15 Breast Cancer Awareness Kick-off 3:30 Bonus Bingo	10:15 Choir Practice 8 11:00 LCR Dice Game 12:00 Oktoberfest Lunch 2:15 Beer Tasting 3:30 Happy Hour with Rocco 6:00 Evening Movie	10:15 PO-KE-NO 9 11:00 German Short Stories 12:00 Lunch 2:15 Billiards in the Man Cave 3:00 Hangman
10:15 Sit & Fit Exercise Class (Activity Room) 10 11:00 Appreciate Clergy 12:00 Lunch 2:00 Corn Hole 3:00 Bingo in the Activity Room with Diane	10:15 Walking Club 11 11:00 Creating With Clay 12:00 Lunch 2:15 Shopping at Dollar Tree 3:30 LCR Dice Game <small>Columbus Day (US) Indigenous Peoples' Day Thanksgiving (Canada)</small>	10:15 Sit & Fit Exercise Class (Activity Room) 12 11:00 Headbands Game 12:00 Lunch 2:00 Poker 3:30 Italian Wines 6:00 Evening Movie	10:15 Walking Club 13 11:00 October Birthdays 12:00 Lunch 2:15 Shopping at Walgreens 3:30 Luck of the Draw 6:00 Evening Movie	10:15 Sit & Fit Exercise Class (Activity Room) 14 11:00 Communion & Prayer W/ Deacon Jim 12:00 Lunch 2:15 Scavenger Hunt 3:30 PO-KE-NO 6:00 Evening Movie	10:15 Choir Practice 15 11:00 Black Jack 12:00 Lunch 2:15 Short Stories 3:30 Happy Hour with Don Who 6:00 Evening Movie	10:15 Poker 16 11:00 12:00 Lunch 2:15 Milkshakes in the Ice Cream Parlor 3:00 Hangman 6:30 Evening Movie
10:15 Sit & Fit Exercise 17 11:00 Sing-A-Long 12:00 Lunch 2:00 Mini Manicures in the Activity Room 3:00 Bingo in the Activity Room with Diane	10:15 "Walkie Talkies" Walking Club with Diane 18 11:00 Watercolor Class 12:00 Monthly Pizza Party 2:15 Shopping at Publix 3:30 Luck of the Draw 6:00 Evening Movie	10:15 Sit & Fit Exercise 19 11:00 Travel to Kentucky 12:00 Lunch 2:00 Charades 3:30 PO-KE-NO In the Activity Room with Diane 6:00 Evening Movie	10:15 "Walkie Talkies" Walking Club with Diane 20 11:00 Making Scarecrows 12:00 Lunch 2:15 Outing To Pumpkin Patch 3:30 Black Jack	10:15 Sit & Fit Exercise Class (Activity Room) 21 11:00 Communion & Prayer W/ Deacon Jim 12:00 Lunch 2:15 Painting Pumpkins 3:30 Bingo in the Activity Room with Diane	10:15 Choir Practice 22 11:00 LCR Dice Game 12:00 Lunch 2:15 Bible Study 3:30 Happy Hour 6:00 Evening Movie in the Theater	10:15 PO-KE-NO 23 11:00 Short Stories 12:00 Lunch 2:15 Billiards in the Man Cave 3:00 6:30 Evening Movie
10:15 Sit & Fit Exercise 24 11:00 Candy Bag Craft 12:00 Lunch 2:00 Mini Manicures in the Activity Room 3:00 Bingo in the Activity Room with Diane	10:15 "Walkie Talkies" Walking Club with Diane 25 11:00 Town Hall Meeting 12:00 Lunch 2:15 Shopping/Walgreens 3:30 LCR Dice Game 6:00 Evening Movie	10:15 Sit & Fit Exercise 26 11:00 Bake A Pie Day! 12:00 Lunch 2:00 Drums With Diane 3:30 POKER 6:00 Evening Movie	10:15 Walking Club 27 11:30 Picnic at St. Lucie Botanical Gardens 2:45 Shopping at Publix 3:45 Luck of the Draw 6:00 Evening Movie	10:15 Sit & Fit Exercise 28 11:00 Communion & Prayer W/ Deacon Jim 12:00 Lunch 2:15 Charades 3:30 PO-KE-NO 6:00 Evening Movie	10:15 Choir Practice 29 11:00 Black Jack 12:00 Lunch 2:15 Costume Contest 3:30 Happy Hour Name That Tune w/ Jodi 6:00 Evening Movie	10:15 Poker 30 11:00 12:00 Lunch 2:15 Ice Cream in the Ice Cream Parlor 3:00 6:30 Evening Movie
10:15 Sit & Fit Exercise Class (Activity Room) 31 11:00 Beading Craft 12:00 Lunch 2:00 Corn Hole 3:00 Bingo in the Activity Room with Diane <small>Halloween</small>	<div>    </div>					

Calendar is subject to change. Please check the daily activity sheet always available at the front desk. Thank you –Activities Department.



ELLEN M.



Ellen was born and raised in Queens, New York. She attended William Cullen Bryant High School where she excelled at gymnastics. After graduating from high school, she attended Lennox Hill School of Nursing in Mount Vernon, New York, where she received her nursing degree.

Ellen met and married her late husband, and the pair relocated to a small town in North Carolina where her husband was from. She then began working as an R.N. in the operating room at a local hospital. "It was very different than New York. I remember once having to help while they operated on a man's hand that was stuck in a corn picking machine. We had to operate outside – it was crazy," she laughed.

After a short while, Ellen's husband took a job with a tunnel ventilation company. The job required international travel, so they relocated to England where they lived for three years before moving to Hong Kong for three years, and then to Cyprus for two years. While abroad, Ellen volunteered for the Royal Society for the Prevention of Cruelty to Animals (RSPCA) and assisted with many animal surgeries. She also loves to travel and made sure she visited Beijing, the Great Wall of China, and Denmark.

Eventually, Ellen and her husband returned to North Carolina and started their family. Together they had two children (and several beloved fur babies). Because Ellen loves to travel, she and her family bought a motorhome and traveled all over the United States. Ellen also owned a 42-foot triple deck cruiser that she and her family would often take to Canada.

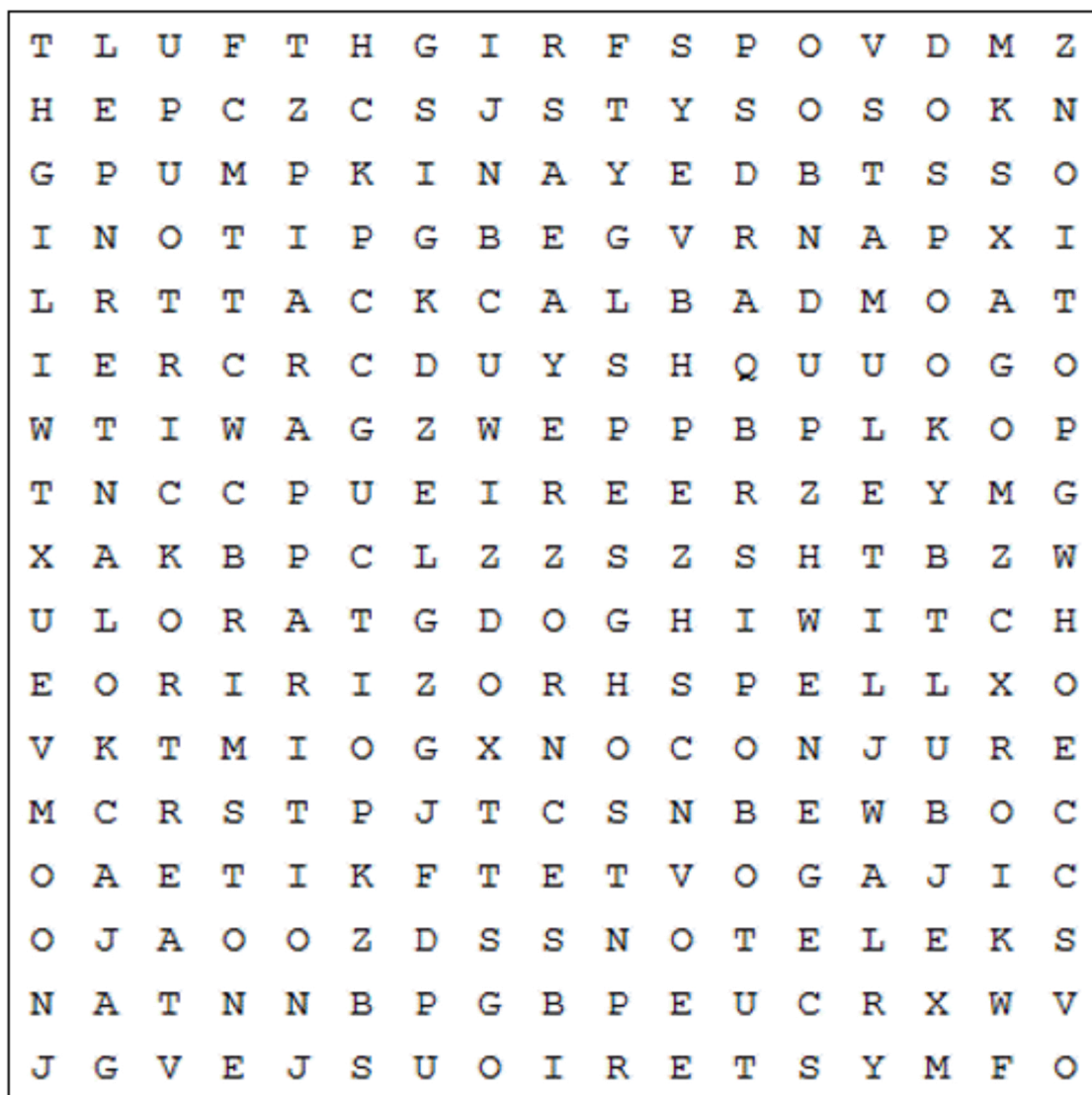
Ellen loves going on cruises, too. So far, she has been on 18 different cruises to exciting places like the Caribbean, Peru, Argentina, and the Panama Canal. She is currently looking for someone to go on more cruises with her!

Ellen has four grandchildren, two boys and two girls. After her husband passed, she relocated to Florida to be closer to her daughter. When asked what she likes best about living at Grand Oaks, Ellen says, "I like the people and the staff, and I like all the outings."





Happy Halloween

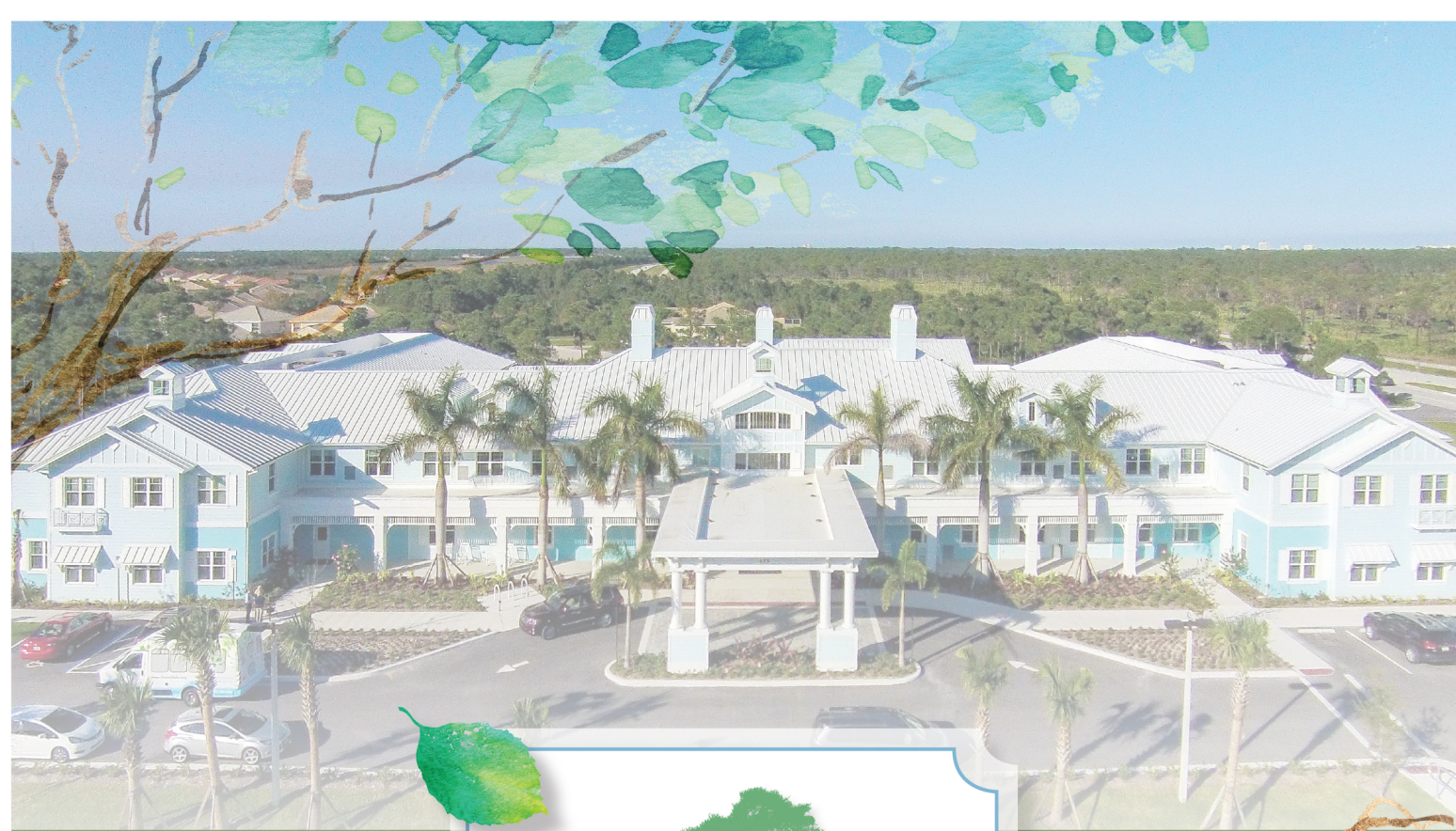


AMULET
APPARITION
BATS
BLACK CAT
BOO
BRIMSTONE
CACKLE
CAULDRON
COBWEB

CONJURE
EERIE
FRIGHTFUL
GHOST
GOOSE BUMPS
JACK-O-LANTERN
MOON
MYSTERIOUS
PHANTOM

POTION
PUMPKIN
SKELETON
SPELL
SPOOKY
TRICK OR TREAT
TWILIGHT
WITCH





Calendar Spotlight



*Our Roots
Run Deep*
IN OUR
COMMUNITY



*Friday,
October 8*

Oktoberfest Luncheon
12:00pm



*Wednesday,
October 20*

Outing to Pumpkin Patch
2:15pm



*Wednesday,
October 27*

Picnic Outing to Port
St. Lucie Botanical Garden
11:30am



*Friday,
October 29*

Halloween Costume
Contest
2:15pm