



*Our Roots
Run Deep
IN OUR
COMMUNITY*

JULY 2021

Management TEAM

DONALD CROW
Chairman

TERESA ROBERTS
Vice President

SHARON GRISWOLD
EVP Finance

LAURIE ALLEN
Administrator

STACEY CARTY, LPN
Nurse Manager

ROBERT ZELANO
Executive Chef

DEBBIE ECKER
*Human Resources
Manager*

ANDREW VEERASAMMY
Facilities Manager

BETH KELLEY
Sales Manager

ORLAN ARRIECHE
Maintenance

MELISSA PENATE
Activity Manager



A word from your ADMINISTRATOR

Dear Residents,

I can't believe it is already July! To celebrate Independence Day, we will be having a BBQ and carnival, starting at 10:15a.m. on Sunday, July 4th! We look forward to seeing everyone there dressed in their red, white, and blue!

And speaking of Independence Day, did you know that Americans consume around 150 million hot dogs on the Fourth of July each year? (You can find other fun Fourth of July facts like this one inside this newsletter!)

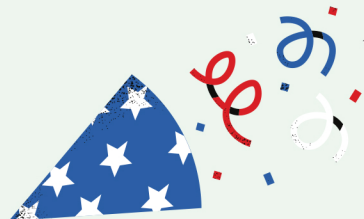
This month, in addition to our shopping outings to Publix, Walgreens, and The Dollar Tree, we will also be taking a bus trip to the Elliot Museum on July 14th.

On July 28th, we will be taking a bus trip to the Stuart Beach Pavilion. Don't forget to check out the Activity Board for more fun events!

I hope everyone has safe and fun July! Thank you for being a part of the Grand Oaks family!

Sincerely,

Laurie Allen
Laurie Allen
Administrator





*This Month's
SPECIAL*

APPLE & BRIE
CHICKEN



Crisped chicken breast stuffed with apples, Brie, Mozzarella, and tart cherries, finished with Poultry Apple Supreme sauce.

*Happy
BIRTHDAY!!*



JULY
06

Martha G.

JULY
11

Fred M.

JULY
31

Ann S.

JULY
24

Bob A.



*New Move-Ins
WELCOME!!*

Dee B.
Margaret G.



*Resident
SPOTLIGHT*

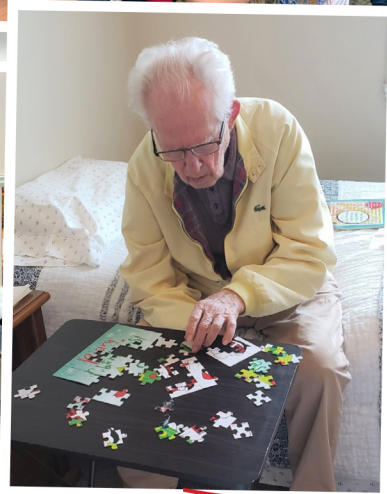
KATHY S.



Kathy was born in the Bronx, New York. She has four sisters and two brothers. Growing up, Kathy's mother cared for her and her siblings while her father worked as a New York City firefighter. Kathy's favorite childhood memories are of the big Christmas celebrations her family held each year.

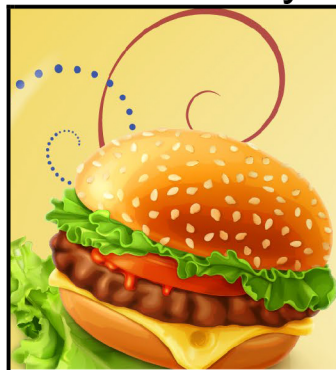
After graduating from high school, Kathy began working at the Memorial Sloan Kettering Cancer Center in New York as an outpatient specialist. She worked there for thirty years! Kathy's favorite hobby is traveling. She has visited many tropical locations, including St. Martin, Cancun, and Nassau, Bahamas. She also has one son who lives in New York.

After retiring, Kathy had more plans to travel, but she unfortunately suffered a stroke. She didn't let that stop her, however! She drove from New York to Florida, by herself, to start the next chapter of her life! Kathy chose to live in Florida because she has family here and she loves going to the beach. She says her favorite thing about living at Grand Oaks is how friendly everyone is and how independent she can be here. "It's also the perfect size here, not too big and not too small," she says.



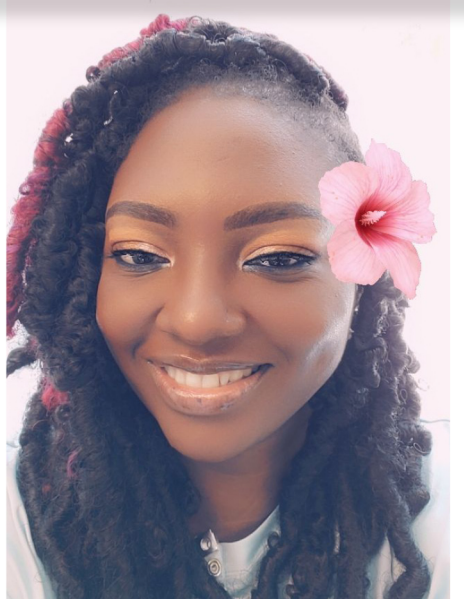
July 2021

Assisted Living



10:15 Carnival Games & Contests on the Front Porch 11:00 – 12:45 4th of July BBQ & Music 2:15 Sit & Fit Exercise Class (Activity Room) 3:00 Independence Day Bingo with Diane!	10:15 “Walkie Talkies” Walking Club with Diane 11:00 Watercolor Art Class With Valerie 12:00 Lunch 2:15 Beach Ball Volleyball 3:30 LCR Dice Game 6:30 Evening Movie Recommendation	10:15 Sit & Fit Exercise Class (Activity Room) 11:00 True or false Trivia challenge with Diane 12:00 Lunch 2:15 Black Jack in the Activity Room 3:30 Billiards in the Man Cave with Diane	10:15 “Walkie Talkies” Walking Club with Diane 11:00 Drums Alive in the Activity Room ! 12:00 Lunch 2:15 Bus Trip to Local Bank & Post Office 3:30 Luck of the Draw 6:30 Evening Movie	10:15 Sit & Fit Exercise Class (Activity Room) 11:00 Communion & Prayer W/ Sheila & Carmen 12:00 Lunch 2:15 Word Challenge 3:30 LCR Dice Game 6:30 Evening Movie Recommendation	10:15 Patriotic Mini Manicures with Melissa 11:00 Decorating Walkers for 4th of July 12:00 Lunch 2:15 Short Stories with Melissa in the Activity Rm 3:30 Luck of the Draw in the Activity Room	10:15 Poker 12:00 Lunch 2:15 Baking Club in the Activity Room with Melissa 3:00 Mystery Bus Ride Around Town 6:30 Evening Movie Recommendation
10:15 Sit & Fit Exercise Class (Activity Room) 11:00 Hang Man Word Game in the Living Rm 12:00 Lunch 2:00 Mini Manicures in the Activity Room 3:00 Bingo in the Activity Room with Diane	10:15 “Walkie Talkies” Walking Club with Diane 11:00 Creating with Clay ceramics class W/ Lynn 12:00 Lunch 2:15 Bus Trip Shopping at Walgreens 3:30 Luck of the Draw 6:30 Evening Movie	10:15 Sit & Fit Exercise Class (Activity Room) 11:00 Flip Flop Fun Door Hanger Craft pt 1 12:00 Lunch 2:15 Black Jack in the Activity Room 3:30 Flip Flop Fun Door Hanger Pt 2	10:15 “Walkie Talkies” Walking Club with Diane 10:45-12:00 Bus trip to the Elliot Museum 2:15 Popsicles on the Front Porch 3:30 Luck of the Draw 6:30 Evening Movie recommendation	10:15 Sit & Fit Exercise Class (Activity Room) 11:00 Communion & Prayer W/ Deacon Jim 12:00 Lunch 2:15 Word Challenge 3:30 LCR Dice Game 6:30 Evening Movie Recommendation	10:15 Brain Teasers in the Activity Room 11:00 Luck of the Draw in the Activity Room 12:00 Lunch 2:15 Short Stories with Melissa in the Activity Rm 3:30 Happy hour with Bob & Elaine in the theatre	10:15 Poker 12:00 Lunch 2:15 Mini Banana Splits & Tunes in the Ice Cream Parlor 3:00 Mystery Bus Ride Around Town 6:30 Evening Movie Recommendation
10:15 Sit & Fit Exercise Class (Activity Room) 11:00 Word Scapes in the Activity Room 12:00 Lunch 2:00 Sing Along in the Activity Room 3:00 Bingo in the Activity Room with Diane	10:15 “Walkie Talkies” Walking Club with Diane 11:00 Watercolor Art Class With Valerie 12:00 Monthly Pizza Party 2:15 LCR Dice Game 3:30 The Price is right Grand Oaks Style! 6:30 Evening Movie	10:15 Sit & Fit Exercise Class (Activity Room) 11:00 Yahtzee!! In the Library 12:00 Lunch 2:15 Black Jack in the Activity Room 3:30 Billiards in the Man Cave with Diane	10:15 “Walkie Talkies” Walking Club with Diane 11:00 Drums Alive in the Activity Room ! 12:00 Lunch 2:15 Bus Trip for Shopping At Publix 3:30 Luck of the Draw 6:30 Evening Movie	10:15 Sit & Fit Exercise Class (Activity Room) 11:00 Communion & Prayer W/ Deacon Jim 12:00 Lunch 2:15 PO-KE-NO 3:30 July Birthdays Party! 6:30 Evening Movie Recommendation	10:15 Brain Teasers in the Activity Room 11:00 Baking Club in the Activity Room 12:00 Lunch 2:15 Black Jack in the Activity Room 3:30 Happy Hour with Bob the entertainer	10:15 Poker in the Activity Room 12:00 Lunch 2:15 Short Stories with Melissa in the Activity Rm 3:00 “Picture That” word Game in the Living Rm 6:30 Evening Movie Recommendation
10:15 Sit & Fit Exercise Class (Activity Room) 11:00 Hang Man Word Game in the Living Rm 12:00 Lunch 2:00 Mini Manicures in the Activity Room 3:00 Bingo in the Activity Room with Diane	10:15 “Walkie Talkies” Walking Club with Diane 11:00 Town Hall Meeting in the Theatre 12:00 Lunch 2:15 Bus Trip Shopping at The Dollar Tree 3:30 Luck of the Draw 6:30 Evening Movie	10:15 Sit & Fit Exercise Class (Activity Room) 11:00 Kings in a corner 12:00 Lunch 2:15 Black Jack in the Activity Room 3:30 Who Got Married Trivia Challenge 6:00 Evening Game in the	10:15 Morning Bus Trip to Stuart Beach Pavilion 12:00 Lunch 2:15 “Walkie Talkies” Walking Club with Diane 3:30 Luck of the Draw 6:30 Evening Movie in the Theatre	10:15 Sit & Fit Exercise Class (Activity Room) 11:00 Communion & Confession W/ Father Scott 12:00 Lunch 2:15 Word Challenge 3:30 LCR Dice Game 6:30 Evening Movie	10:15 Garden Club Project in the Activity Rm 11:00 Drums Alive! 12:00 Lunch 2:15 Short Stories with Melissa in the Activity Rm 3:30 Poker in the Activity Room 6:30 Evening Movie	10:15 Poker 12:00 Lunch 2:15 Pictionary in the Living room 3:00 Songs of Praise with Germaine in the Theatre 6:30 Evening Movie Recommendation

Calendar is subject to change. Please check the daily activity sheet always available at the front desk. Thank you –Activities

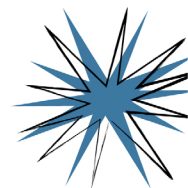


Shona was born in Kingston, Jamaica. Growing up, she has fond memories of eating ice cream on Sundays with her siblings. After relocating to Florida and graduating from McArthur High School in Hollywood, Shona earned her nursing assistant certification. She has worked as a CNA all her adult life because she loves being able to care for people.

In her spare time, Shona enjoys painting and spending time with her child. She says that most people may be surprised to learn that she is very loveable, but everyone at Grand Oaks knows what a sweetheart she really is!

When asked what she likes best about working at Grand Oaks, Shona says, "I love the people here."

Happy 4th of July



USA

W	F	P	S	J	S	F	W	L	C	G	A	L	F	A
H	T	I	Y	T	R	E	B	I	L	K	L	H	A	P
I	J	O	R	E	A	L	P	Q	V	U	A	A	O	Y
T	P	L	E	E	U	R	Z	I	R	B	R	A	V	E
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G	N	Y	E	K	Q	Y	J	O	D	U	Z	I	M	U
F	G	T	U	P	K	O	R	I	N	T	W	C	Q	O
I	N	D	E	P	E	N	D	E	N	C	E	A	C	F



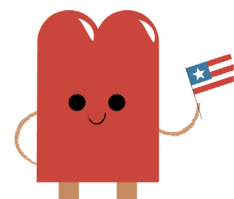
AMERICA
BLUE
BRAVE

FIREWORKS
FLAG
FOURTH

FREEDOM
INDEPENDENCE
JULY

LIBERTY
RED
STARS

STRIPES
SUMMER
WHITE





4TH OF JULY TRIVIA

1. When did July 4th become a legal federal holiday?
2. Before red, white, and blue became widely available, what color symbolized Independence Day?
3. On what day did Congress vote for independence?
4. Congress first authorized fireworks displays for the 4th of July in what year?
5. Which 3 Presidents died on the 4th of July?
6. How old was Ben Franklin when he signed the Declaration of Independence?
7. "Yankee Doodle" was first sung by what group?
8. How many of the 56 signers of the Declaration were actually born in Britain?
9. Instead of being rung, how many times is the cracked Liberty Bell tapped every 4th of July?
10. What bird was Ben Franklin's choice for the national bird?



Turn page upside down to see solutions

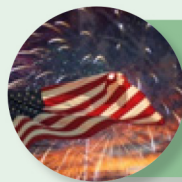
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|---|---|
| 1) 1938 | 5) Thomas Jefferson, John Adams, James Monroe |
| 2) Green | |
| 3) July 2, 1776 | |
| 4) 1777 | |
| 6) 70 | |
| 7) British officers (to mock the colonists) | |
| 8) 8 | |
| 9) 13 | |
| 10) Turkey (Adams and Jefferson's bald eagle won out) | |



Calendar Spotlight

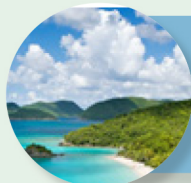
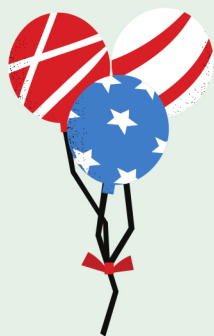


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*Saturday
July 4*

Fourth of July Carnival &
BBQ
10:15 am - 12:45 pm



*Friday,
July 9*

Virtual Tour of the Caribbean
with Baking Club Treats
2:30 pm



*Thursday,
July 22*

July Birthday Celebration
3:30 pm



*Monday,
July 26*

Town Hall Meeting
11:00 am

