

AUGUST 2021

Management TEAM

DONALD CROW
Chairman

TERESA ROBERTS
Vice President

SHARON GRISWOLD
EVP Finance

SHEREE TRAP
Administrator

PAM DRAKE, LPN
Director of Nursing

ROBERT ZELANO
Executive Chef

DEBBIE ECKER
*Human Resources
Manager*

ANDREW VEERASAMMY
Facilities Manager

BETH KELLEY
Sales Manager

ORLAN ARRIECHE
Maintenance

MELISSA PENATE
Activity Manager



A word from your ADMINISTRATOR

Dear Residents,

August is upon us, bringing with it some very warm temperatures. If you are out enjoying our beautiful courtyard or sitting in the rocking chairs out front, please be sure to drink lots of water to stay properly hydrated.

In addition to hot, sunny weather, this month brings us some new additions to our Grand Oaks family. Please join me in welcoming our new administrator, Sheree Trapani. Sheree will be writing these letters starting next month. You can learn all about her by reading the "Spotlight Employee" section of this month's newsletter! Also, we have a new Director of Nursing—Miss Pam Drake, L.P.N. You can read about Pam in this month's newsletter, as well! We are very excited to have Sheree and Pam with us. If you see them, be sure to introduce yourself and give them a big, warm Grand Oaks welcome!

Also in August, I will be attending the Florida Assisted Living Association (FALA) conference in Orlando for educational opportunities and training for my CEUs. This is a fun event with expert speakers and breakout sessions designed specifically for assisted living administrators.

And speaking of places to go and things to do, don't forget to check out this month's Activities Calendar!

And, most importantly, I would like to remind our residents and staff to be extra vigilant in following all COVID-19 procedures and protocol, as there has been an increase in COVID cases in the community.

I hope you all have a safe, healthy and fun August!

Laurie Allen

Laurie Allen
Administrator



August's Seasonal
CHEF SPECIAL

LOBSTER CAKES



Twin miniature lobster cakes, handmade in house, pan seared and finished with Dijon cream sauce. Served with a lemon and your choice of side.

Happy
BIRTHDAY!!!



AUG
2

Flora T.



New Move-Ins
WELCOME!!

Flora T.



Employee
SPOTLIGHT

SHEREE TRAPANI ADMINISTRATOR



Sheree grew up in Vineland, New Jersey. Her favorite childhood memories are learning how to cook from her Italian grandmother and growing up with lots of animals; her family had chickens, ducks, dogs, cats, and goats! Sheree is an only child and is very close to her parents. In fact, her mother is her best friend and they still talk every day!

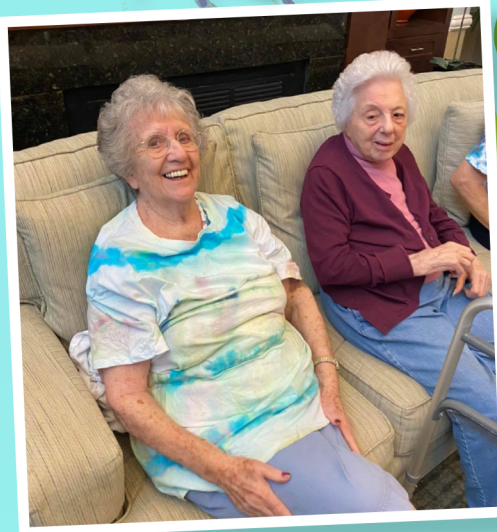
As a teen, Sheree attended Vineland High School and was a dancer with the marching band. After graduation, she attended Monmouth College where she majored in Psychology. She also met and married her husband Vincent (they had a wedding in the Bahamas!) and is the proud parent of three girls, Alexis 21, and twins Heather and Hallee, 19. She also has two poodles and a cat which she loves very much.

Prior to coming to Grand Oaks, Sheree worked as a social worker. Over the years, she was promoted several times and became the Regional Director for ten long-term care facilities, which she did for 35 years!

In her free time, Sheree enjoys hanging out with her family and friends, playing scrabble, going to movies, and working at her family's seafood market.

"I'm looking forward to meeting all the residents, their families, and staff. I consider my work family very important," Sheree says.

If you see Sheree, please be sure to introduce yourself and give her a big, warm Grand Oaks welcome!



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10:15 Sit & Fit Exercise Class (Activity Room) 11:00 Hang Man Word Game in the Living Rm 12:00 Lunch 2:00 Mini Manicures in the Activity Room 3:00 Bingo in the Activity Room with Diane	10:15 "Walkie Talkies" Walking Club with Diane 11:00 Watercolor Art Class With Valerie 12:00 Lunch 2:15 Bus Trip to Local Bank & Post Office 3:30 Luck of the Draw 6:30 Evening Movie in the	10:15 Sit & Fit Exercise Class (Activity Room) 11:00 Back to School Project for JBHS friends 12:00 Lunch 2:00 Billiards in the Man Cave with Diane 3:30 Black Jack in the Activity Room	10:15 "Walkie Talkies" Walking Club with Diane 11:00 Drums Alive in the Activity Room! 12:00 Lunch 2:15 Bus Trip to Publix for Shopping 3:30 PO-KE-NO 6:30 Evening Movie	10:15 Sit & Fit Exercise Class (Activity Room) 11:00 Communion & Prayer W/Sheila & Carmen 12:00 Lunch 2:15 Word Challenge 3:30 LCR Dice Game 6:30 Evening Movie Recommendation	10:15 International Clown Week Challenge W/ Mel 11:00 Baking Club in the Activity Room 12:00 Lunch 2:15 International Beer Day Beer Tasting 3:30 Happy Hour in the Living Room with Rocco	10:15 Poker 11:00 Mystery Bus Ride Around Town 12:00 Lunch 2:15 Ice Cream Treats in the Ice Cream Parlor 3:00 Headbands Guess Who Game 6:30 Evening Movie
10:15 Sit & Fit Exercise Class (Activity Room) 11:00 Hang Man Word Game in the Living Rm 12:00 Lunch 2:00 Billiards In the Man Cave 3:00 Bingo in the Activity Room with Diane	10:15 "Walkie Talkies" Walking Club with Diane 11:00 Creating W/ Clay Ceramics class W/ Lynn 12:00 Lunch 2:15 Bus Trip to Walgreens for Shopping 3:30 LCR Dice Game 6:30 Evening Movie in the	10:15 Sit & Fit Exercise Class (Activity Room) 10:30 Baking club with Stephanie 12:00 Lunch 2:00 Coffee & Klatch! 3:30 Poker In the Activity Room with Diane 6:15 Evening Movie in the	10:15 "Walkie Talkies" Walking Club with Diane 10:30 11:45 Out to Lunch @ Olive Garden 2:15 Popsicles on the Front Porch 3:30 SHOW UP & SHOW OFF in the Theatre!	10:15 Sit & Fit Exercise Class (Activity Room) 11:00 Blood Pressure Clinic in the Theatre 12:00 Lunch 2:00 Communion & Prayer W/ Linda 3:30 Black Jack in the Activity Room	10:15 Brain Teasers in the Activity Room 11:00 Short Stories with Melissa in the Activity Rm 12:00 Lunch 2:15 Woodstock week Craft pt 1 3:30 Woodstock week Kick off W/ Lauren S.	10:15 Poker 11:00 Mystery Bus Ride Around Town 12:00 Lunch 2:15 Kings in a Corner in the Library 3:00 "Picture That" word Game in the Living Rm 6:30 Evening Movie
10:15 Sit & Fit Exercise Class (Activity Room) 11:00 Hang Man Word Game in the Living Rm 12:00 Lunch 2:00 Mini Manicures in the Activity Room 3:00 Bingo in the Activity Room with Diane	10:15 "Walkie Talkies" Walking Club with Diane 11:00 Watercolor Art Class With Valerie 12:00 Lunch 2:15 Bus Trip to Publix for Shopping 3:30 Luck of the Draw 6:30 Evening Movie in the	10:15 Sit & Fit Exercise Class (Activity Room) 11:00 Woodstock week Craft pt 2 12:00 Lunch 2:00 Billiards in the Man Cave with Diane 3:30 Black Jack in the Activity Room	10:15 "Walkie Talkies" Walking Club with Diane 11:00 Chef Chat in Theatre W/ Chef Bobby 12:00 Lunch 2:15 Bus Trip to Dollar Tree for Shopping 3:30 Woodstock Happy Hour with Daryl Magill!	10:15 Sit & Fit Exercise Class (Activity Room) 11:00 Communion & Prayer W/Sheila & Carmen 12:00 Lunch 2:15 Word Challenge 3:30 LCR Dice Game 6:30 Evening Movie Recommendation	10:15 Brain Teasers in the Activity Room 11:00 Baking Club in the Activity Room 12:00 Lunch 2:15 Wine & Cheese Social & Newspaper Hunt 3:30 Name that Elvis Song Social	10:15 Poker in the Activity Room 12:00 Lunch 2:15 Short Stories with Melissa in the Activity Rm 3:00 Headbands Guess Who Game 6:30 Evening Movie Recommendation
10:15 Sit & Fit Exercise Class (Activity Room) 11:00 Grand Oaks Jeopardy W/ Mel & Diane 12:00 Lunch 2:00 Billiards In the Man Cave 3:00 Bingo in the Activity Room with Diane	7:45-10:00 Breakfast on the Beach @ Sand Dune Café in Jensen 11:00 "Walkie Talkies" 12:00 Lunch 2:15 Word Challenge 3:30 LCR Dice Game 6:30 Evening Movie in the Theatre Room	10:15 Sit & Fit Exercise Class (Activity Room) 10:30 Find Someone Who Bingo Week Challenge 12:00 Lunch 2:00 Coffee & Klatch! 3:30 Poker In the Activity Room with Diane 6:15 Evening Movie in the	10:15 "Walkie Talkies" Walking Club with Diane 10:30 Garden Club get together on Patio 11:45 Out to Lunch @ Red Lobster 2:15 Popsicles on the Front Porch 3:30 Luck of the Draw	10:15 Sit & Fit Exercise Class (Activity Room) 11:00 Dietician Health Care Talk by Encompass 12:00 Lunch 2:00 Communion & Prayer W/ Linda 3:30 Black Jack in the Activity Room	10:15 Brain Teasers in the Activity Room 11:00 Luck of the Draw in the Activity Room 12:00 Lunch 2:15 Short Stories with Melissa in the Activity Rm 3:30 Happy hour with Bob & Elaine in the theatre	10:15 Poker 11:00 Mystery Bus Ride Around Town 12:00 Lunch 2:15 Ice Cream Treats & Word Challenge 3:00 Kings in a Corner in the Library 6:30 Evening Movie
10:15 Sit & Fit Exercise Class (Activity Room) 11:00 Hang Man Word Game in the Living Rm 12:00 Lunch 2:00 Mini Manicures in the Activity Room 3:00 Bingo in the Activity Room with Diane	10:15 "Walkie Talkies" Walking Club with Diane 10:30 Town Hall Meeting 12:00 Monthly Pizza Party by Santos Pizza 2:15 Bus Trip to Publix for Shopping 3:30 Luck of the Draw 6:30 Evening Movie in the	10:15 Sit & Fit Exercise Class (Activity Room) 11:00 Baking club with Stephanie 12:00 Lunch 2:00 Billiards in the Man Cave with Diane 3:30 Black Jack in the Activity Room	<div> <div>August 2021</div> <div>Assisted Living</div>  </div>			

Calendar is subject to change. Please check the daily activity sheet always available at the front desk. Thank you –Activities Department



Pam was born in Connecticut and has one brother. After her family relocated to Florida, she attended Martin County High School, where she was an active member of the swim team and softball team. She also loved going to the beach.

Pam attended Indian River State College where she earned her nursing degree. She worked as a home health nurse at an assisted living and memory care community for several years before becoming their Director of Nursing (DON). "I love working with assisted living and memory care residents and forming a special bond with them," she says.

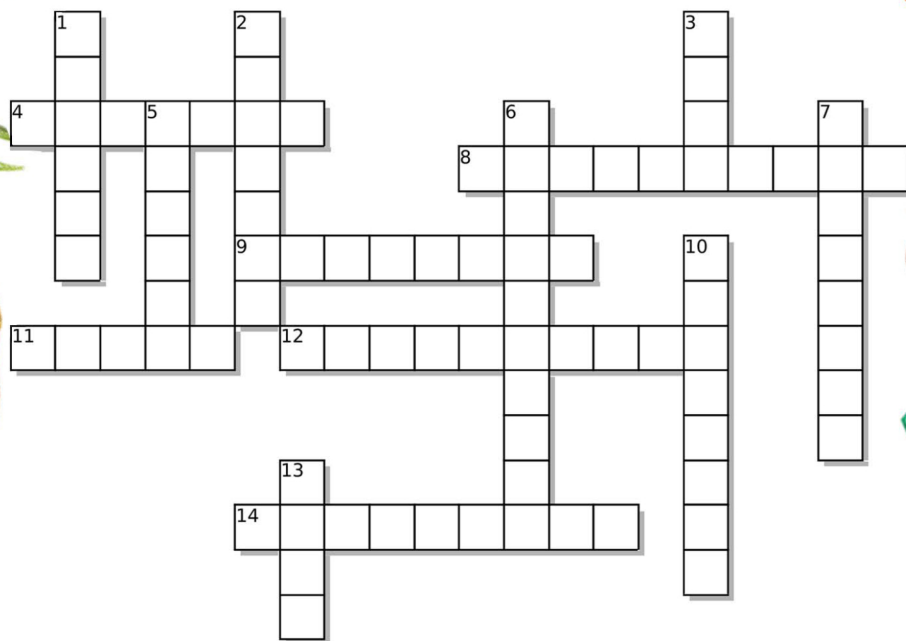
Pam has one son who is serving in the United States Air Force. He currently resides in Idaho. "We are very close and I really miss him," she says.

In her free time, Pam enjoys listening to live music, eating at waterfront restaurants, and going to the beach, just like she did when she was a teenager.

If you see Pam, be sure to introduce yourself and give her a big, warm Grand Oaks welcome!



SUMMERTIME CROSSWORD



ACROSS

- 4 spending time staying in a tent or camper
- 8 a green skinned fruit with red pulp
- 9 refreshing drink made from lemons
- 11 a sandy place to swim
- 12 wear these to protect your eyes from the sun
- 14 lotion to protect skin from the sun

DOWN

- 1 going to a destination
- 2 shoes worn in summertime that often let the feet breathe
- 3 what you do in the pool, lake, or ocean
- 5 eating outside in a park or on a beach or similar
- 6 a small (non-livable) structure built on a beach for fun
- 7 frozen treat on a stick
- 10 game played with a ball and bat
- 13 the first month of summer



Grand Oaks
ASSISTED LIVING BY THE VNA
— JENSEN BEACH —

*Calendar
Spotlight*



*Monday,
August 9*

Creating with Clay
11:00am



*Wednesday,
August 18*

Woodstock Happy Hour with a
Performance by Daryl Magill
3:30pm



*Monday,
August 23*

Breakfast on the Beach
at Sand Dune Café
7:45am - 10:00am



*Thursday,
August 26*

Healthy Talk: How Food Affects
Your Health, presented by
Encompass Healthcare
11:00 am

*Our Roots
Run Deep
IN OUR
COMMUNITY*

Summertime Crossword Puzzle Answers:

Across Answers:

- (4) CAMPING
- (8) WATERMELON
- (9) LEMONADE
- (11) BEACH
- (12) SUNGLASSES
- (14) SUNSCREEN



Down Answers:

- (1) TRAVEL
- (2) SANDALS
- (3) SWIM
- (5) PICNIC
- (6) SANDCASTLE
- (7) POPSICLE
- (10) BASEBALL
- (13) JUNE