



*Our Roots
Run Deep
IN OUR
COMMUNITY*

SEPTEMBER 2025

Management TEAM

DONALD CROW
Chairman

TERESA ROBERTS
Vice President

SHARON GRISWOLD
EVP Finance

ANITA TOPPING
Administrator

LORAIN LOPEZ
Nurse Manager

ROBERT ZELANO
Executive Chef

DEBBIE ECKER
*Human Resources
Manager*

ASHLEY RUKEYSER
Sales & Activity Manager



A word from your ADMINISTRATOR

Dear Residents,

Happy early fall to all our Grand Oaks residents and friends! We are all looking forward to some cooler weather in the months ahead so we can, once again, enjoy our front porch watching without sweating!

Grandparents Day is Sunday, September 7th. We would like to wish all the residents who are grandparents a wonderful day and hope to see some families visit over the weekend. We have many fun events coming in the days ahead from our Activities Team who always know how to kick off a new season in a festive way. Look out for more detailed information coming soon on our Fall Festival Petting Zoo scheduled for Tuesday, October 21st from 2:00-4:00 pm. This fun event is not one to miss!

We hope you'll join us on the front porch on Friday, September 12th for a delicious treat from Mr. Softee Ice Cream Truck, sponsored by AudioNova. While you enjoy your ice cream, listen to your favorite classic hits played live by Panama Matt in the living room!

We are in the thick of hurricane season, so please stop by with any questions you have as to how we keep our residents safe during a storm. Have a wonderful month, and as always, please know I'm here for you!

Sincerely,

Anita Topping

Anita Topping
Administrator



125 NW Jensen Beach Boulevard, Jensen Beach, FL 34957 | 772.444.3400

www.grandoaksjensenbeach.com



Chef's
SPECIAL

MADEIRA
CHICKEN



Sautéed chicken, with caramelized onions and mushrooms deglazed with Madeira wine, cooked to perfection, and finished with melted mozzarella cheese.

Served over a fresh egg noodle pasta nest.

Happy
BIRTHDAY!!!



SEPT
13

Linda D.

SEPT
14

Liz S.

SEPT
17

Kathy S.

SEPT
21

Gerald F.

SEPT
22

Jean H.

SEPT
29

Bill M.

New Move-Ins
WELCOME!!



Ester F.

Dan W.

Therese C.





Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div></div>	<div><div>1</div><div>9:30 Sit and Fit with Debbie</div><div>10:00 Game time in Activity Room</div><div>11:00 Craft Time with Debbie</div><div>1:00 Brain Games- Activity Room</div><div>2:00 Music in Living Room by James Reid</div><div>3:00 Rummikub in Activity Room</div></div>	<div><div>2</div><div>9:30 Exercise class with Tina</div><div>10:00 Coffee and Crosswords in Ice Cream Parlor</div><div>11:00 Men's Group Meeting</div><div>2:00 Game of choice in Activity Room</div><div>3:00 Mini Manicures with Tina in Activity Room</div></div>	<div><div>3</div><div>9:00 Morning Walk</div><div>9:30 Dance Blast with Emily</div><div>10:30 PUBLIX</div><div>1:00 Game in Activity Room</div><div>2:00 Mini Manicures with Tina in Activity Room</div><div>2:30 Afternoon Movie</div></div>	<div><div>4</div><div>9:15 Muscle Memory: Build Your Brain and Body with Lynda</div><div>10:00 Communion in theater</div><div>10:30 Game Time with Debbie in Activity Room</div><div>1:30 Balloon Game</div><div>2:30 Afternoon Movie</div></div>	<div><div>5</div><div>9:30 Morning Walk</div><div>10:30 Zumba w/ Teri</div><div>11:00 Volleyball Game in Activity Room</div><div>1:00 Sequence game in Activity Room</div><div>2:00 BINGO in activity room</div><div>3:00 Happy Hour Music: James Archer plays Saxophone</div></div>	<div><div>6</div><div>9:30 Light stretching/morning walk</div><div>10:00 Craft with Kim in Activity room</div><div>11:00 Game Time in Activity Room</div><div>2:30 Afternoon Movie</div></div>
	Labor Day					
<div><div>7</div><div>9:30 Sit and Fit</div><div>10:30 Coffee Club/ parlor</div><div>10:30 Music and Non-Denominational church service/ movie theater</div><div>2:00 BINGO</div><div>3:00 Afternoon Movie</div></div> <div>Grandparents Day</div>	<div><div>8</div><div>9:30 Sit and Fit with Debbie</div><div>10:00 Vet to Vet Café in Parlor</div><div>11:00 Creating with Clay in Activity Room</div><div>1:00 Brain Games- Activity Room</div><div>2:00 Watercolor pens/ relax and color in Activity Room</div><div>2:30 Popcorn and a Movie</div></div>	<div><div>9</div><div>9:30 Exercise class with Tina</div><div>10:00 Watercolor Pens/relax and color in Activity Room</div><div>11:00 Craft time with Tina</div><div>2:00 Pokeno in Activity Room</div><div>3:00 Monthly Birthday Party in theater: music and cake</div></div>	<div><div>10</div><div>9:00 Morning Walk</div><div>9:30 Yoga Blast with Emily</div><div>10:30 WALGREENS</div><div>2:00 Hearing Aid Cleaning in Activity Room</div><div>2:30 Shuffleboard in Parlor</div><div>3:00 Game of choice in Activity Room</div></div>	<div><div>11</div><div>9:15 Muscle Memory: Build Your Brain and Body with Lynda</div><div>10:00 Communion in theater</div><div>10:30 Craft with Debbie: Activity Room</div><div>1:30 Rummikub Social in Ice Cream Parlor</div><div>2:30 Afternoon Movie</div></div>	<div><div>12</div><div>9:30 Morning Walk</div><div>10:30 Zumba w/ Teri</div><div>11:00 Cornhole in Activity Room</div><div>1:00 Shuffleboard in parlor</div><div>2:00 BINGO in activity room</div><div>2:30-3:00 MR. SOFTEE Ice Cream Truck on front porch (sponsored by AudioNova)</div><div>3:00 Happy Hour Music: Panama Matt</div></div>	<div><div>13</div><div>9:30 Light stretching/morning walk</div><div>10:00 Balloon Games in Activity Room</div><div>11:00 Music: Karin and Charles Perform in living room</div><div>2:30 Afternoon Movie</div></div>
<div><div>14</div><div>9:30 Sit and Fit</div><div>10:30 Coffee Club/ parlor</div><div>10:30 Music and Non-Denominational church service/ movie theater</div><div>2:00 BINGO</div><div>3:00 Afternoon Movie</div></div>	<div><div>15</div><div>9:30 Sit and Fit with Debbie</div><div>10:00 BINGO! w/ Debbie</div><div>11:00 Craft time with Debbie</div><div>1:00 Brain Games- Activity Room</div><div>1:30 Rummikub- Activity Room</div><div>2:30 Afternoon Movie</div></div>	<div><div>16</div><div>9:30 Exercise class with Tina</div><div>10:00 Game Time with Tina in Activity Room</div><div>11:00 Town Hall Meeting</div><div>11:30 Trivia time/ activity room</div><div>3:00 Starbucks pop-up shop in Ice Cream parlor</div></div>	<div><div>17</div><div>9:00 Morning Walk</div><div>9:30 Dance Blast with Emily</div><div>10:30 POST OFFICE</div><div>11:30 -LUNCH BUNCH: must sign up in advance</div><div>2:00 Beading Bracelets in Activity Room</div><div>3:00 Game Time -Activity Room</div><div>3:30 Yappy Hour/ Humane Society</div></div>	<div><div>18</div><div>9:15 Muscle Memory: Build Your Brain and Body with Lynda</div><div>10:00 Communion in theater</div><div>10:30 Game Time with Debbie in Activity Room</div><div>1:30 Balloon Game</div><div>2:30 Afternoon Movie</div></div>	<div><div>19</div><div>9:30 Morning Walk</div><div>10:30 Zumba w/ Teri</div><div>11:00 Games with Kim in Activity Room</div><div>1:00 Sequence Game in Activity Room</div><div>2:00 BINGO in activity room</div><div>3:00 Happy Hour Music: Jimmy plays the steel drums</div></div>	<div><div>20</div><div>9:30 Light stretching/morning walk</div><div>10:00 Craft with Kim in Activity Room</div><div>11:00 Game Time in Activity Room</div><div>2:30 Afternoon Movie</div></div>
<div><div>21</div><div>9:30 Sit and Fit</div><div>10:30 Coffee Club/ parlor</div><div>10:30 Music and Non-Denominational church service/ movie theater</div><div>2:00 BINGO</div><div>3:00 Afternoon Movie</div></div>	<div><div>22</div><div>9:30 Sit and Fit with Debbie</div><div>10:00 Game time in Activity Room</div><div>11:00 Watercolor Painting Instruction w/ Valerie</div><div>1:00 Brain Games- Activity Room</div><div>2:00 BINGO!</div><div>3:00 Rummikub Social in activity room</div><div>Rosh Hashanah Begins</div><div>Autumn Begins</div></div>	<div><div>23</div><div>9:30 Exercise class with Tina</div><div>10:00 Men's Coffee Club/ Ice Cream Parlor</div><div>11:00 Craft time with Tina</div><div>2:00 Pokeno in Activity Room</div><div>3:00 Wine and Cheese pairing in ice cream parlor</div></div>	<div><div>24</div><div>9:00 Morning Walk</div><div>9:30 Yoga Blast with Emily</div><div>10:30 PUBLIX</div><div>1:00 Game in Activity Room</div><div>2:00 Craft time with Tina</div><div>3:00 Afternoon Movie</div></div>	<div><div>25</div><div>9:15 Muscle Memory: Build Your Brain and Body with Lynda</div><div>10:00 Communion in theater</div><div>10:30 Craft with Debbie: Activity Room</div><div>1:30 Rummikub Social in Ice Cream Parlor</div><div>2:30 Afternoon Movie</div></div>	<div><div>26</div><div>9:30 Morning Walk</div><div>10:30 Zumba w/ Teri</div><div>11:00 Cornhole in Activity Room</div><div>12:00 Fall Decor Expo in Library (wreaths and fall door decor for sale)</div><div>1:00 Shuffleboard in Parlor</div><div>2:00 BINGO in activity room</div><div>3:00 Happy Hour Music: John Bros sings and plays ukulele</div></div>	<div><div>27</div><div>9:30 Light stretching/morning walk</div><div>10:00 Balloon Game in Activity Room</div><div>11:00 Game Time in Activity Room</div><div>2:30 Afternoon Movie</div></div>
<div><div>28</div><div>9:30 Sit and Fit</div><div>10:30 Coffee Club/ parlor</div><div>10:30 Music and Non-Denominational church service/ movie theater</div><div>2:00 BINGO</div><div>3:00 Afternoon Movie</div></div>	<div><div>29</div><div>9:30 Sit and Fit with Debbie</div><div>10:00 Game time in Activity Room</div><div>11:00 Watercolor Painting Instruction w/ Valerie</div><div>1:00 Brain Games- Activity Room</div><div>2:00 Pokeno</div><div>2:30 Popcorn and a Movie</div></div>	<div><div>30</div><div>9:30 Exercise class with Tina</div><div>10:00 Game Time with Tina in Activity Room</div><div>11:00 Craft time with Tina</div><div>2:00 Oktoberfest Beer Tasting in Activity Room</div></div>	<div>September 2025</div>			
<div>***** Please see the daily activity sheet for any changes that may have been made to this monthly calendar</div>						



Employee SPOTLIGHT

KATIE HAGER



Our Employee of the Month for September is Katie Hager. Katie has been at Grand Oaks of Jensen Beach for almost three years. Her heart for serving others is obvious in her smiling face and willingness to lend a helping hand to all our residents. She received several “kudos cards” this month! Her hard work and willingness to go above and beyond made her a clear choice for Employee of the Month for September. Congratulations, Katie!! We appreciate YOU!







Grand Oaks

ASSISTED LIVING BY THE VNA
— JENSEN BEACH —

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