

OCTOBER 2023

Management TEAM

DONALD CROW
Chairman

TERESA ROBERTS
Vice President

SHARON GRISWOLD
EVP Finance

ANITA TOPPING
Administrator

LORAIN LOPEZ
Nurse Manager

ROBERT ZELANO
Executive Chef

DEBBIE ECKER
*Human Resources
Manager*

ASHLEY RUKEYSER
Sales & Activity Manager

A word from your ADMINISTRATOR

Happy October!

Fall is such a beautiful time of year, even if we don't see much of a change in season here in South Florida. The temperature begins to cool down and we're able to spend more time outdoors with our family and friends.

We had a fabulous September and have our sights set on an even greater October! We are busy planning our Halloween Bash and costume selections. Join us on October 31st at 2:30 in the lobby for our "Spook-tacular" celebration! Be sure to check out our monthly activities calendar so you won't miss out on events like our AssisTED TALKS speaker series, Yoga-Blast exercise class, and our Fall Festival/ Petting Zoo.

Please enjoy this newsletter and be sure to greet our new residents when you see them. A special Happy Birthday shout out to our longtime friend and resident, Muriel, who celebrates her 100th birthday with us this month!

I wish you all an outstanding October and can't wait to see what the holiday season brings us in the coming months.

Anita Topping

Anita Topping
Administrator





Chef's
SPECIAL

BUTTERNUT
RAVIOLI



Soft pasta pillows stuffed with Butternut Squash, topped with a delicate Sherry Cream infused with Autumn Spices. Garnished with Toasted Pumpkin Seeds. Ask to Enhance with a Grilled Chicken Breast or Blackend Salmon. Seasonal Specials are with Limited Availability



Happy
BIRTHDAY!!!



OCT
03

Muriel M. 100!!!

OCT
04

Joey W.

OCT
27

Dee B.



New Move-Ins
WELCOME!!

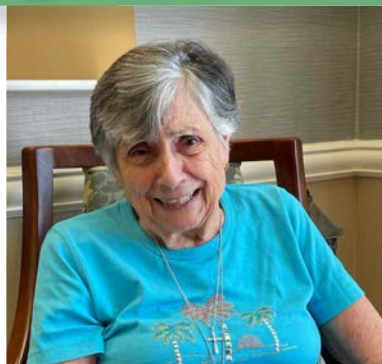
Silva C.





Resident SPOTLIGHT

FRAN R.



Fran Rodgers is happy to be our spotlight this month! She is a Brooklyn, NY native and lived next to the Navy yard. She loved watching the new ships launch into the East River while growing up and lost many balls over the fence over the Navy yard while playing ball. Fran was a teacher for many years and taught a variety of subjects to children with different abilities and ages. She also enjoyed making jewelry as a side business. Fran earned her degree at Hofstra University in the arts. No wonder she is such a great arts and crafter here at Grand Oaks! Fran has

traveled all over the world with her travel group and says those are some of her most cherished memories. She has family who loves her very much and when her daughter Kathy brings Mia (her grand dog) she lights up like a Christmas tree. Her favorite thing about Grand Oaks is the friendly people, comfortable surroundings, and food. Spoken like a true New Yorker, Fran says "we take care of each other". Yes, we do! We love having you here, Fran!

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
8:30 Good Morning Friends 9:30 Sit and Fit with Diane 10:00 Worship Your Way 10:30 Coffee Club in ice cream parlor 11:00 BINGO 2:00 Game Time 3:00 Afternoon Movie	8:30 Good Morning Friends 9:30 Drumming in Activity Room 10:00 Word Challenge or Trivia 11:00 Watercolor Painting Class w/ Val 2:00 Kings in the Corner 3:00 Apple cider and pumpkin spice treats in ice cream parlor	8:30 Good Morning Friends 9:30 Sit and Fit with Diane 10:00 Get Crafty with Diane: Fall shadow boxes 11:00 Relax and Color 2:00 Pokeno 3:00 Afternoon Movie Happy 100th Birthday, Muriel!	8:30 Good Morning Friends 9:30 Sit and Fit with Diane 10:30 Publix 11:30 Relax and Color in Activity Room 2:00 BINGO 3:00 Fresh flower arrangements in activity room	8:30 Good Morning Friends 9:30 Sit and Fit w/ Debbie 10:00 Communion served in theater 11:00 Game Time in Activity Room 2:00 Poker or Billiards with Craig 2:30 Afternoon Movie	8:30 Good Morning Friends 9:30 Morning Walk 10:30 Zumba w/ Teri 11:00 Relax and Color 2:00 Happy Hour: Music by Carla Holbrook 3:00 BINGO	8:30 Good Morning Friends 9:30 Light stretching/morning walk 10:00 Coffee Club in ice cream parlor 11:00 Game Time in Activity Room 2:30 Afternoon Movie Simchat Torah Begins
8:30 Good Morning Friends 9:30 Sit and Fit with Diane 10:00 Worship Your Way 10:30 Coffee Club in ice cream parlor 11:00 BINGO 2:00 Game Time 3:00 Afternoon Movie	8:30 Good Morning Friends 9:30 Drumming in Activity Room 10:00 Coffee Club in Ice Cream Parlor 11:00 Creating w/ Clay 2:00 L,R,C (left, right, center) in activity room 3:00 Dominos and puzzles in Activity Room Columbus Day (US)	8:30 Good Morning Friends 9:30 Sit and Fit w/ Diane 10:00 Scrabble 2:00 Kings in the Corner in Activity Room 3:00 Monthly Birthday Party w/ Music by Rick and Ally	8:30 Good Morning Friends 9:30 Dance Blast w/ Emily 10:30 Walgreens 11:30 Town Hall Meeting in movie theater 2:00 Get Crafty: Make your own fall scented potpourri in activity room 3:00 Game of choice	8:30 Good Morning Friends 9:30 Sit and Fit w/ Debbie 10:00 Communion served in theater 11:00 Game Time in Activity Room 2:00 Coffee and trivia in Ice Cream Parlor 2:30 Afternoon Movie	8:30 Good Morning Friends 9:30 Morning Walk 10:30 Zumba w/ Teri 11:00 Relax and Color 2:00 BINGO 3:00 Happy Hour Music in lobby: Dennis Fano	8:30 Good Morning Friends 9:30 Light stretching/morning walk 10:00 Coffee Club in ice cream parlor 11:00 Music: Karin and Charles Performing 2:30 Afternoon Movie
8:30 Good Morning Friends 9:30 Sit and Fit with Diane 10:00 Worship Your Way 10:30 Coffee Club in ice cream parlor 11:00 BINGO 2:00 Game Time 3:00 Afternoon Movie	8:30 Good Morning Friends 9:30 Drumming in Activity Room 10:00 Word Challenge or Trivia in Activity Room 11:00 Watercolor Painting w/ Val 2:00 Kings in the Corner in Activity Room 3:00 Game of choice in activity room	8:30 Good Morning Friends 9:30 Sit and Fit with Diane 10:00 Get Crafty with Diane: Fall theme 11:00 Rummikub 2:00 Pokeno 3:00 Afternoon Movie	8:30 Good Morning Friends 9:30 Sit and Fit with Diane 10:30 Publix 11:30 Relax and Color in activity room 2:00 Game Time in Activity Room 3:30 Yappy Hour w/ Humane Society: Room to Room visits	8:30 Good Morning Friends 9:30 Sit and Fit 10:00 Communion served in theater 11:00 Game Time in Activity Room 2:00-4:00 Grand Oaks FALL FESTIVAL and PETTING ZOO in the courtyard	8:30 Good Morning Friends 9:30 Morning Walk 10:30 Zumba w/ Teri 11:00 Relax and Color 2:00 Country Gospel Music in Movie Theater by Silver Wings 3:00 BINGO	8:30 Good Morning Friends 9:30 Light stretching/morning walk 10:00 Coffee Club in ice cream parlor 11:00 Game Time in Activity Room 2:30 Afternoon Movie
8:30 Good Morning Friends 9:30 Sit and Fit with Diane 10:00 Worship Your Way 10:30 Coffee Club in ice cream parlor 11:00 BINGO 2:00 Dance Demonstration (Performance) with Emily 3:00 Afternoon Movie	8:30 Good Morning Friends 9:30 Drumming in Activity Room 10:00 Coffee Club in Ice Cream Parlor 11:00 Luck of the Draw in Activity Room 2:00 Rummikub 3:00 Name that Tune with Jodi	8:30 Good Morning Friends 9:30 Sit and Fit with Diane 10:00 Scrabble 11:00 Luck of the Draw 2:00 Pre-Movie Spooky Snacks in Ice Cream parlor 2:30 Afternoon Movie: Alfred Hitchcock: The 39 Steps	8:30 Good Morning Friends 9:30 Yoga Blast w/ Emily 10:30 Bank and Post Office 11:30 Relax and Color in Activity Room 2:00 BINGO 3:00 Beading fun- fall pumpkins	8:30 Good Morning Friends 9:30 Sit and Fit 10:00 Communion served in theater 11:00 Assisted TALKS Speaker Series: local author, Catherine Bailey 2:00 Poker or Billiards w/ Craig 3:00 Game Time in Activity Room	8:30 Good Morning Friends 9:30 Morning Walk 10:30 Zumba w/ Teri 11:00 Relax and Color 2:00 BINGO 3:00 Happy Hour Music in lobby: David Rivers (easy listening)	8:30 Good Morning Friends 9:30 Light stretching/morning walk 10:00 Coffee Club in ice cream parlor 11:00 Game Time in Activity Room 2:30 Afternoon Movie
8:30 Good Morning Friends 9:30 Sit and Fit with Diane 10:00 Worship Your Way 10:30 Coffee Club in ice cream parlor 11:00 BINGO 2:00 Game Time 3:00 Afternoon Movie	8:30 Good Morning Friends 9:30 Drumming in Activity Room 10:00 Coffee Club in Ice Cream Parlor 11:00 Creating w/ Clay 2:00 L,R,C (left, right, center) in activity room 3:00 Pumpkin carving fun	8:30 Good Morning Friends 9:30 Sit and Fit w/ Diane 10:00 Rummikub 11:00 Luck of the Draw 2:30 Halloween costume contest in lobby 3:00 Halloween Happy Hour: My Brother's Band performing Halloween	<div>   <h1>October 2023</h1>  </div>			

Grand Oaks of Jensen Beach: any calendar changes or additions will be posted in your daily agenda.

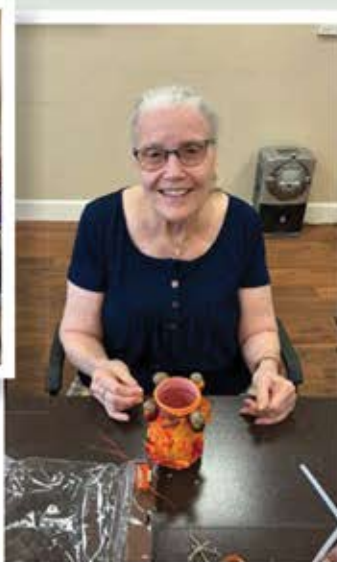


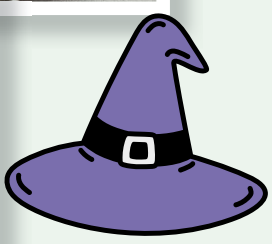
Employee SPOTLIGHT

ANDREA JAMES



Andrea James is so honored to be spotlighted this month! She is a fabulous caregiver to our residents and we are so lucky to have her here working with us at Grand Oaks. Andrea is from Kingston, Jamaica but has lived here in the US for 8 years. She has two sons and two grandchildren (a boy and girl). She loves to cook, listen to music, and read in her free time. Andrea has always had a heart for caregiving as she went to nursing school in Jamaica. Her passion is caring for children and seniors, both. When asked why she loves working at Grand Oaks, she said "This is a family. Teamwork is what makes it work and why I like to work here. The environment is so comfortable here and it is always fresh and clean. I enjoy my co-workers and residents here. It really is like family to me." We appreciate you very much, Andrea!







Grand Oaks
ASSISTED LIVING BY THE VNA
JENSEN BEACH

*Our Roots
Run Deep
IN OUR
COMMUNITY*

OKTOBER FEST PARTY!

