



*Our Roots
Run Deep
IN OUR
COMMUNITY*

OCTOBER 2025

Management TEAM

DONALD CROW
Chairman

TERESA ROBERTS
Vice President

SHARON GRISWOLD
EVP Finance

ANITA TOPPING
Administrator

LORAIN LOPEZ
Nurse Manager

ROBERT ZELANO
Executive Chef

DEBBIE ECKER
*Human Resources
Manager*

ASHLEY RUKEYSER
Sales & Activity Manager



A word from your ADMINISTRATOR

Dear Residents,

September has come and gone, and we are officially in the fall season here at Grand Oaks of Jensen Beach. We don't see much in terms of a season change here, but as the days and evenings get a smidge cooler, we can appreciate the glorious Florida winter season that is on its way.

Say "Boo to the Flu" and get your flu shot here at Grand Oaks of Jensen Beach on October 9th. Please sign up to reserve your vaccine.

We can't wait to see you all at our 3rd Annual Fall Festival on October 21st at 2pm where we will celebrate the day with farm animals, apple cider, live music, snacks, and a fun photo booth! Be sure to invite your family for this fun-filled day.

October 31st is Halloween, and you all know that Grand Oaks Jensen Beach will be ready for some spooky fun. Join us and wear a fun costume as we listen to some "SPOOK-tacular" live music but... BEWARE of our frightfully festive tricks and treats.

A special birthday greeting to our long-time resident, Dee, who celebrates her 101st birthday with us this month! Have a great month everyone!

Sincerely,

Anita Topping

Anita Topping
Administrator



125 NW Jensen Beach Boulevard, Jensen Beach, FL 34957 | 772.444.3400

www.grandoaksjensenbeach.com



Chef's
SPECIAL

BUTTERNUT
RAVIOLI



Soft pasta pillows stuffed with Butternut Squash, topped with delicate Sherry Cream infused with Autumn Spices and Sage. Garnished with Toasted Pumpkin Seeds. Ask to Enhance a Grilled Chicken Breast or Blackened Salmon

Happy
BIRTHDAY!!!



OCT
4

Red K.

OCT
8

Ethel A.

OCT
22

Nancy S.

OCT
27

Dee B.



New Move-Ins
WELCOME!!

Al F. and Carol M.
John K.
Rita C.



Halloween Fun Facts!

Americans spend \$2.6
billion on candy at
Halloween



Two thirds of adults who
take kids trick or treating
admit to stealing
some of the
kid's candy



Giant pumpkins
grown for
competitions
can weigh over 2000lbs



In some places including
Dublin, Georgia and Illinois,
only kids are allowed to
wear
Halloween
masks - they
are illegal for
adults





Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
October 2025			1 9:00 Morning Walk 9:30 Dance Blast with Emily 10:30 PUBLIX 1:00 Relax and color in Activity Room 2:00 Game Time in Activity Room 2:30 Afternoon Movie Yom Kippur Begins	2 9:15 Muscle Memory: Build Your Brain and Body with Lynda 10:00 Communion in theater 10:30 Game Time with Debbie in Activity Room 1:30 Balloon Game 2:30 Afternoon Movie	3 9:30 Morning Walk 10:30 Zumba w/ Teri 11:00 Balloon Tennis Game in Activity Room 1:00 Sequence game in Activity Room 2:00 BINGO in activity room 3:00 Happy Hour Music: My Brother's Band	4 9:30 Light stretching/morning walk 10:00 Craft with Kim in Activity room 11:00 Game Time in Activity Room 2:30 Afternoon Movie
5 9:30 Sit and Fit 10:30 Coffee Club/ parlor 10:30 Music and Non-Denominational church service/ movie theater 2:00 BINGO 3:00 Afternoon Movie	6 9:30 Sit and Fit 10:00 Game time in Activity Room 11:00 Watercolor with Val in Activity Room 1:00 Afternoon Walk 2:00 Fall Craft time with Debbie 3:00 Rummikub in Activity Room	7 9:30 Drumming with Tina 10:00 Coffee and Crosswords in Ice Cream Parlor 11:00 Courtyard Conversations 2:00 Game of choice in Activity Room 3:00 Mini Manicures with Tina in Activity Room	8 9:00 Morning Walk 9:30 Yoga Blast with Emily 10:30 WALGREENS 1:00 Game in Activity Room 2:00 Crafting with Tina in Activity Room 3:00 Mini Manicures with Tina in Activity Room	9 9:15 Muscle Memory: Build Your Brain and Body with Lynda 10:00 FLU SHOTS in Library (must sign up in advance) 10:00 Communion in theater 10:30 Craft with Debbie: Activity Room 1:30 Rummikub Social in Ice Cream Parlor 2:30 Afternoon Movie	10 9:30 Morning Walk 10:30 Zumba w/ Teri 11:00 Cornhole in Activity Room 1:00 Shu eboard in parlor 2:00 BINGO in activity room 3:00 Happy Hour Music: David Rivers	11 9:30 Light stretching/morning walk 10:00 Balloon Games in Activity Room 11:00 Music: Karin and Charles Perform in living room 2:30 Afternoon Movie
12 9:30 Sit and Fit 10:30 Coffee Club/ parlor 10:30 Music and Non-Denominational church service/ movie theater 2:00 BINGO 3:00 Afternoon Movie	13 9:30 Sit and Fit 10:00 Vet to Vet Café in Parlor 11:00 Creating w/ Clay: Activity Room 1:00 Brain Games- Activity Room 2:30 Candy corn-Popcorn and a Movie in movie theater 	14 9:30 Drumming with Tina 10:00 Watercolor Pens/relax and color in Activity Room 11:00 Town Hall Meeting in movie theater 2:00 Pokeno in Activity Room 3:00 Monthly Birthday Party in theater: music and cake	15 9:00 Morning Walk 9:30 Dance Blast with Emily 10:30 POST OFFICE 11:30 -LUNCH BUNCH: must sign up in advance 2:00 Beading Bracelets in Activity Room 3:00 Game Time -Activity Room 3:30 Yappy Hour/ Humane Society	16 9:15 Muscle Memory: Build Your Brain and Body with Lynda 10:00 Communion in theater 10:30 Game Time with Debbie in Activity Room 1:30 Balloon Game 2:30 Afternoon Movie	17 9:30 Morning Walk 10:30 Zumba w/ Teri 11:00 Games with Kim in Activity Room 1:00 Sequence Game in Activity Room 2:00 BINGO in activity room 3:00 Happy Hour Music: Piano for the People	18 9:30 Light stretching/morning walk 10:00 Craft with Kim in Activity Room 11:00 Game Time in Activity Room 2:30 Afternoon Movie
19 9:30 Sit and Fit 10:30 Coffee Club/ parlor 10:30 Music and Non-Denominational church service/ movie theater 2:00 BINGO 3:00 Afternoon Movie	20 9:30 Sit and Fit 10:00 Trivia in Activity Room 11:00 Fall Craft time with Debbie 1:00 Afternoon Walk 1:30 Rummikub- Activity Room 2:30 Afternoon Movie	21 9:30 Exercise with Tina 10:00 Games in Activity Room 2:00- 4:00 FALL FESTIVAL PETTING ZOO in the courtyard 	22 9:00 Morning Walk 9:30 Yoga Blast with Emily 10:30 PUBLIX 1:00 Game in Activity Room 2:00 Shu eboard in Ice Cream Parlor 3:00 Afternoon Movie	23 9:15 Muscle Memory: Build Your Brain and Body with Lynda 10:00 Communion in theater 10:30 Craft with Debbie: Activity Room 1:30 Rummikub Social in Ice Cream Parlor 2:30 Afternoon Movie	24 9:30 Morning Walk 10:30 Zumba w/ Teri 11:00 Cornhole in Activity Room 1:00 Shu eboard in parlor 2:00 BINGO in activity room 3:00 Happy Hour Music: Piano by Mitchell Cote	25 9:30 Light stretching/morning walk 10:00 Balloon Game in Activity Room 11:00 Game Time in Activity Room 2:00 Afternoon Movie
26 9:30 Sit and Fit 10:30 Coffee Club/ parlor 10:30 Music and Non-Denominational church service/ movie theater 2:00 BINGO 3:00 Afternoon Movie	27 9:30 Sit and Fit 10:00 Trivia in Activity Room 11:00 Watercolor with Val in Activity Room 1:00 Afternoon Walk 2:00 Pokeno in Activity Room 3:00 Rummikub in Activity Room	28 9:30 Exercise class with Tina 10:00 Game Time with Tina in Activity Room 11:00 Craft time with Tina 2:00 Fall Craft with Tina in Activity Room 2:30 Afternoon Movie	29 9:00 Morning Walk 9:30 Dance Blast with Emily 10:30 FIVE BELOW 1:00 Game in Activity Room 2:00 Relax and Color in Activity Room 2:30 Afternoon Movie	30 9:15 Muscle Memory: Build Your Brain and Body with Lynda 10:00 Communion in theater 10:30 Craft with Debbie: Decorate Pumpkins 1:30 Rummikub Social in Ice Cream Parlor 2:30 Afternoon Movie	31 9:30 Morning Walk 10:30 Halloween Zumba w/ Teri 11:00 Find the Pumpkin Game for Prizes! In living room 1:00 Sequence Game in Activity Rm 2:00 BINGO in activity room 3:00 Happy Hour Halloween Celebration: Dennis Fano  Halloween	

***** Please check the daily activity sheet for any changes that may have been made to this monthly calendar.



Employee SPOTLIGHT

SAMARA ALVARADO



Our October Employee of the Month is Samara Alvarado. Samara has been working for Grand Oaks Jensen Beach almost since the doors opened! Her longevity and dedication to our Memory Care residents is unparalleled. Her adorable family includes her husband James and children, Leyla and Lucas. It is no secret to anyone at Grand Oaks that she loves all things Disney and her favorite place on earth is Disney World. She also enjoys a caffeine fix from Starbucks. We really don't know what we would do without you here, Samara. This recognition is so well deserved! Thank you for bringing the fun wherever you are.







Grand Oaks
ASSISTED LIVING BY THE VNA
— JENSEN BEACH —

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