

Management TEAM

DONALD CROW Chairman

TERESA ROBERTS
Vice President

SHARON GRISWOLD EVP Finance

ANITA TOPPING

Administrator

LORAINE LOPEZ
Nurse Manager

ROBERT ZELANO

Executive Chef

DEBBIE ECKER Human Resources Manager

ASHLEY RUKEYSER Sales & Activity Manager



A word from your
ADMINISTRATOR



Dear Residents,

March has arrived - the first signs of spring, a touch of green, and plenty of reasons to celebrate! This month, we are embracing the spirit of luck and community, and we couldn't feel luckier to have each and every one of you as part of our Grand Oaks family.

We have exciting events planned to make this month extra special. Kicking things off, we're hosting our Grand Oaks Car Show on March 1st, so come out and enjoy classic cars, great company, and a fun-filled day! Then, get ready to don your green because St. Patrick's Day is just around the corner! Join us for a festive celebration where we'll enjoy delicious treats, bagpipes in the courtyard, and plenty of Irish cheer.

March is a month full of interesting history and fun traditions. Did you know that March was named after Mars, the Roman god of war, because it was a time when armies would resume their campaigns after the winter? It's also National Nutrition Month, a great time to focus on healthy habits and delicious, nutritious meals. And of course, we can't forget that Daylight Saving Time begins on March 9th, so be sure to set your clocks forward an hour!

We look forward to spending another wonderful month with all of you. Thank you for making Grand Oaks such a warm and welcoming place to call home. Wishing you a March filled with luck, laughter, and great memories!

Warmest regards,



Anita Topping *Administrator*







DUCK A L'ORANGE'



Crisp Duck quarter, Roasted and Deglazed with Florida Orange juice, Orange Zest, and Orange Liqueur. Served with a side of Grilled Spinach Parmesan Polenta.

Happy BIRTHDAY!!!



Lois R.



Elaine P.

MAR **20**

Ruth W.





Bill M.















Saturday, March 1st 2025

11:00 a.m. - 2:00 p.m. 125 NW Jensen Beach Blvd. Jensen Beach, FL 34997

To register your classic car call Jim Serra: 772.285.3320

FOOD & DRINKS . LIVE MUSIC BY DENNIS FANO

50/50 RAFFLE Proceeds benefit



ICE CREAM TRUCK

Courtesy of



Treasure Coast Hospice









Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		Mai	ch 20			Grand Oaks 6th Annual Car 1 Show 11:00 a.m - 2:00 p.m.
Room 9:30 Sit and Fit 10:30 Coffee Club/ parlor 10:30 Music and Non- Denominational church service/ movie theater 2:00 BINGO	9:00 Daily Chronicles/ Activity Room 9:30 Yoga with Carolyn 10:00 Word Challenge or Trivia in Activity Room 11:00 Baking with Diane in Parlor 2:00 Luck of the Draw in activity room 3:00 Afternoon Movie	9:00 Daily Chronicles/ Activity Room 9:30 Drumming with Diane 10:00 Coffee Club/Ice Cream Parlor 11:15 Mardi Gras Party in Courtyard with Saxophone 2:00 Pokeno 2:30 Afternoon Movie	9:00 Daily Chronicles/ Activity Room 9:30 Dance Blast with Emily 10:30 PUBLIX 11:15 Relax and Color in Activity Room 2:00 Rummikub in Activity Room 3:00 Get Crafty with Diane: Ash Wednesday	9:15 Muscle Memory: Build Your Brain and Body with Lynda 10:00 Communion in theater 10:30 Show Me the Money in Activity Room/ Pet Therapy with Noodle 1:30 Rummikub Social in Parlor 2:30 Afternoon Movie	9:00 Daily Chronicles/ Activity 7 Room 9:30 Morning Walk 10:30 Zumba w/ Teri 11:00 Cornhole in Activity Room 2:00 BINGO 3:00 Happy Hour Music: Panama Matt	9:00 Daily Chronicles/ Activity Room 9:30 Light stretching/morning walk 10:00 Coffee Club and Trivia in ice cream parlor 11:00 Music: Karin and Charles Perform in living room 2:30 Afternoon Movie
Room 9:30 Sit and Fit 10:30 Coffee Club/ parlor 10:30 Music and Non- Denominational church service	9:00 Daily Chronicles/ Activity Room 9:30 Yoga with Carolyn 10:00 Vet to Vet Cafe in Parlor 11:00 Creating w/ Clay 2:00 Left, Right, Center: Activity rm 3:00 MUSIC: Hobe Sound Bible College Performers: cello, piano, and singing	9:00 Daily Chronicles/ Activity Room 9:30 Drumming with Diane 10:00 Coffee Club Ice Cream Parlor 11:00 Luck of the Draw 2:00 Pokeno 3:00 Monthly Birthday Party in theater: music and cake	9:00 Daily Chronicles/ Activity Room 9:30 Yoga Blast with Emily 10:30 Bank and Post Office 11:30 Kings in the Corner 2:00 Shuffleboard in Ice Cream Parlor 2:30 Afternoon Movie	9:15 Muscle Memory: Build Your 13 Brain and Body with Lynda 10:00 Communion in theater 10:30 Craft with Debbie: Activity Room/ Pet Therapy with Noodle 1:30 Rummikub Social in Ice Cream Parlor 2:30 Afternoon Movie	9:00 Daily Chronicles/ Activity1 4 Room 9:30 Morning Walk 10:30 Zumba w/ Teri 11:00 Cornhole in Activity Room 2:00 BINGO 3:00 Happy Hour Music: Piano for the People	9:00 Daily Chronicles/ Activity Room 9:30 Light stretching/morning walk 10:00 Coffee Club and Trivia in ice cream parlor/ special visit with therapy dog 11:00 Game Time in Activity Room 2:30 Afternoon Movie
Denominational church service/ movie theater	9:00 Daily Chronicles/ Activity 9:30 Yoga with Carolyn 10:30Watercolor Painting w/ Val 11:30 BAGPIPES in the courtyard 2:00 Luck of the Draw in activity room 2:30 Shamrock Shakes in parlor 3:00 Afternoon Movie St. Patrick's Day	9:00 Daily Chronicles/ Activity Room 9:30 Drumming with Diane 10:00 Coffee Club in Parlor 11:00 Town Hall Meeting in movie theater 11:30 Trivia time/ activity room 2:30 Get Crafty with Diane	9:00 Daily Chronicles/ Activity Roop 9:30 Dance Blast with Emily 10:30 Walgreens 11:30 -LUNCH BUNCH: must sign up in advance 2:00 Rummikub in Activity Room 3:00 Kings in the Corner -Activity Room 3:30 Yappy Hour/ Humane Society	9:15 Muscle Memory: Build Your 20 Brain and Body with Lynda 10:00 Communion in theater 10:30 Game Time: "Show Me the Money" in Activity Room/ Pet Therapy with Noodle 1:30 Spring Planting with Carolyn 2:30 Afternoon Movie Spring Begins	9:00 Daily Chronicles/ Activity21 Room 9:30 Morning Walk 10:30 Zumba w/ Teri 11:00 Cornhole in Activity Room 2:00 BINGO 3:00 Happy Hour Music: James Cox	9:00 Daily Chronicles/ Activity Room 9:30 Light stretching/morning walk 10:00 Coffee Club and Trivia in ice cream parlor 11:00 Game Time in Activity Room 2:30 Afternoon Movie
	9:00 Daily Chronicles/ Activity Room 9:30 Yoga with Carolyn 10:00 Word Challenge or Trivia in Activity Room 11:00 Get Crafty with Diane 2:00 Left,Right,Center/activity room 2:30 Afternoon Movie	9:00 Daily Chronicles/ Activity Room 9:30 Drumming with Diane 10:00 Coffee Club Ice Cream Parlor 11:00 Luck of the Draw 2:00 Pokeno 2:30 Afternoon Movie	9:00 Daily Chronicles/ Activity Room 9:30 Yoga Blast with Emily 10:30 PUBLIX 11:15 Relax and Color in Activity Room 2:00 Rummikub in Activity Room 3:00 Get Crafty with Diane:	9:15 Muscle Memory: Build Your 27 Brain and Body with Lynda 10:00 Communion in theater 10:30 Show Me the Money in Activity Room/ Pet Therapy with Noodle 1:30 Rummikub Social in Parlor 2:30 Afternoon Movie	9:00 Daily Chronicles/ Activity28 Room 9:30 Morning Walk 10:30 Zumba w/ Teri 11:00 Cornhole in Activity Room 2:00 BINGO 3:00 Happy Hour Music: John Bros on Ukulele	9:00 Daily Chronicles/ Activity Room 9:30 Light stretching/morning walk 10:00 Coffee Club and Trivia in ice cream parlor/ special visit with therapy dog 11:00 Game Time in Activity Room 2:30 Afternoon Movie
Room 9:30 Sit and Fit 10:30 Coffee Club/ parlor 10:30 Music and Non- Denominational church service/ movie theater 2:00 BINGO 3:00 Afternoon Movie	9:00 Daily Chronicles/ Activity Room 9:30 Yoga with Carolyn 10:00 Word Challenge or Trivia in Activity Room 11:00 Watercolor Painting w/ Val 2:00 Kings in the Corner in activity room 2:30 Afternoon Movie					



March Word Search

S 7 В В M E С F R Н Т G D N D Н С D Т Е G Q Z Z S N P Z U В K Q Ν н F N W Α X Α М Α F I R R W М R S F E Q Α Ν Q Ν Е S S N Κ O Q Α Е М М В O S E G B C K N Н K R Κ G Х Т D B Н N E Н E K Α G F Z D O N В D O В D Υ Α Ν J N S H Α Α М Α G т G Υ Α ח R S Ε М н Ν R Α G н Α Q S S S S Н Κ Ε M В Р O F Т J K S Х Р В F F O Т F G W R Z F Ν М K Х G Υ S S G S Н G R Ε Н Н В W O R M E B H H R R Е Т Т F F S В Х D A റ ח Z E O N Z K В Р Р Т O G

AWAKENING
BASKETBALL
BLOSSOM
DAFFODIL
DAYLIGHT SAVING
EASTER

EQUINOX

30

FLOWER
FRESH
GREEN
GROWTH
HOLI
KITE
LEPRECHAUN

LUCK
MADNESS
MARCH
PARADE
POT OF GOLD
RAIN

REBIRTH

RENEWAL
SHAMROCK
SHOWERS
SPRING
ST. PATRICK'S DAY
WINDY

