

MARCH - APRIL 2023

Management TEAM

DONALD CROW
Chairman

TERESA ROBERTS
Vice President

SHARON GRISWOLD
EVP Finance

ANITA TOPPING
Administrator

LINET MBUKHA
Nurse Manager

ROBERT ZELANO
Executive Chef

DEBBIE ECKER
*Human Resources
Manager*

ANDREW VEERASAMMY
Facilities Manager

ASHLEY RUKEYSER
Sales & Activity Manager

A word from your ADMINISTRATOR

Dear Residents,

I am thrilled to be working here as the new Administrator at Grand Oaks of Jensen Beach and can't wait to get to know all of you better. Please take some time to read all about me in the "Employee Spotlight" section of this newsletter. You will still see Laurie around as I will be working closely with her during this transition. Please say hello when you see me. I am here for you and feel grateful to work with such a warm and loving staff. Grand Oaks is a wonderful place to call home!

This month we have so many fun activities planned. On April 18th, we will take a river boat cruise aboard the River Lilly for an Eco-tour of the St. Lucie River. Please make sure you sign up if you want to attend this fun outing. We will also be hosting the 4th annual Classic Car Show on Saturday, April 29th from 10:00 a.m. – 1:00 p.m. This special event takes place in our own parking lot and draws classic car enthusiasts from all over. Residents will enjoy the upbeat '50's music by Elvis, Sinatra, The Beatles, and more thanks to the entertainment of Dennis G. We will also have a 50/50 raffle and a visit from Annie's Ice Cream truck courtesy of Treasure Coast Hospice. You will not want to miss this fun event!

Easter is sure to be a day to remember with the delicious menu being prepared by our talented chefs and kitchen staff. The Easter bunny will be stopping by and we even have a concert violinist who plays with the Orlando Philharmonic Orchestra coming to serenade us while we share a meal with our friends and family.

Thank you all for such a warm welcome.
Have a bright and cheery April.

Anita Topping
Administrator

*Pet Therapy
with Noodle the Dog*





Chef's
SPECIAL

ALMOND
CRUSTED CORVINA



Fresh, firm white fish, Topped with crispy Almond coating and drizzled with Honey-Keylime Aioli. Served with Shallot confit Mashed Potatoes and your Choice of Vegetable.

Happy
BIRTHDAY!!!



MAR
09

Rosemary M.

MAR
11

Evelyn M.

MAR
17

Elaine P.

MAR
20

Ruth W.

APR
02

Candace S.

APR
05

Joy J.

APR
05

Eleanor G.

APR
27

Agnes B.

APR
29

Lucille R.



New Move-Ins
WELCOME!!

Linda D.
Dorothy O.
Joan H.

Sue L.
Maureen J.





Employee SPOTLIGHT

LINET MBUKHA



Linet Mbukha, LPN is our amazing nurse manager. She grew up in Kenya (East Africa) and moved to the US in 1996. She lived in Rhode Island and moved to Florida in 2000. She loves the climate in Florida and the people. She has a 19 year old son who is in college at the University of Central Florida and is studying Civil Engineering.

She loves working at Grand Oaks because of the intimate family setting and getting to know the residents so well. The diversity of the employees and the pleasant working environment with the staff and residents has made working here a true pleasure.

In her nursing career and throughout her life, she has always had a passion for caring for geriatric patients. Meeting their needs gives her great joy. Linet enjoys gardening and being outside. Linet's favorite time of year is the Christmas season! The holiday colors and joy of the season makes her very happy. She also loves cooking and feeding A LOT of people (we are talking about 50 or more people at a time!!!). Because she had a large family growing up with 12 siblings, it fills her soul to feed those she loves and cares about. Linet summed it up best when she said.. "Caring is my hobby". Thank you for caring for all of us here at Grand Oaks of Jensen Beach.



Employee SPOTLIGHT

ANITA TOPPING



Anita Topping, the Administer of Grand Oaks of Jensen Beach, exemplifies what it means to have a heart of service. She comes with a wide range of experience, drawing in over 25 years of experience in senior housing. Anita has

served as a Certified Nursing Assistant, Medication Technician, and a Licensed Assistant Living Administer. Anita's varied background experience in care has provided the perfect foundation for her role as Administrator. Anita is a wife of 23 years, a loving mother of four children (Jasmine, Giselle, Gary Jr., and Jalyssa), and more importantly she is the grandmother to her grandson Jeremih. While having a successful career in Senior Housing she coaches and encourages others to achieve the same success.

Anita is passionate about Grand Oaks of Jensen Beach and its possibilities. She says "Being able to help seniors have a quality of life they deserve" is what she is looking forward to the most in her new position.



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div> <div>April 2023</div> <div>  <div> Grand Oaks ASSISTED LIVING BY THE VNA JENSEN BEACH </div> </div> </div>						8:30 Good Morning Friends 9:30 Morning Walk 10:00 Front Porch Chat 11:00 Game Time in Activity Room 2:30 Afternoon Movie April Fools' Day
8:30 Good Morning Friends 9:30 Sit and Fit with Diane 10:00 Worship Your Way 10:30 Front Porch Chat 11:00 BINGO 2:00 Game Time in Activity Room 3:00 Afternoon Movie Palm Sunday	8:30 Good Morning Friends 9:30 Drumming in Activity Room 10:00 Coffee Talk in Ice Cream Parlor 11:00 Painting with Val 2:00 Fill Easter Eggs for the Easter Egg Hunt (Activity Room) 3:00 Kings in the Corner	8:30 Good Morning Friends 9:30 Sit and Fit with Diane 10:00 Pokeno 2:00 Spring Craft: Paint Wooden Easter Egg or Bunny 3:00 L,R,C (Left, Right, Center) in game room	8:30 Good Morning Friends 9:30 New Class! Dance Blast with Emily 10:00 Publix 2:00 Front porch snack, hydration, and trivia 3:00 Rummikub Passover Begins	8:30 Good Morning Friends 10:00 Communion: Deacon Jim 10:30 Easter Egg Hunt in Courtyard with local school children 2:00 Billiards in Man Cave 3:00 Jodi performs "Name That Tune" in lobby	8:30 Good Morning Friends 9:30 Morning Walk 10:30 Zumba with Teri 11:00 Relax and Color 11:15 Boys and Girls Club visit 2:00 Afternoon Walk 2:30 PEEP Milkshakes in Ice Cream Parlor	8:30 Good Morning Friends 9:30 Morning Walk 10:00 Rummikub 11:00 Karin and Charles Performing 2:30 Afternoon Movie
8:30 Good Moring Friends 9:30 Sit and Fit with Diane 10:00 Worship Your Way 12:00 Easter Lunch: Music by Anna Ivanova/ Concert Violinist 2:00 Kings in the Corner 2:30 Afternoon Movie Easter Sunday	8:30 Good Morning Friends 9:30 Drumming in Activity Room 10:00 Coffee Talk in Ice Cream Parlor 11:00 Creating with Clay 2:00 L,R,C (left, right, center) in Activity Room 3:00 BINGO	8:30 Good Morning Friends 9:30 Sit and Fit with Diane 10:00 Spring Manicures 2:00 Rummikub 3:00 Monthly Birthday Party with Music by Rick and Ally	8:30 Good Morning Friends 9:30 Sit and Fit with Diane 10:45 Chef Chat with Chef Bobby 11:15 Town Hall Meeting 2:00 Walgreens 3:00 UNO Card Game	8:30 Good Morning Friends 9:15 Sit and Fit 10:00 Communion w/ Deacon Jim 11:00 Pokeno 2:00 Billiards in Man Cave 3:00 Afternoon Movie	8:30 Good Morning Friends 9:30 Morning Walk 10:30 Zumba with Teri 11:00 Relax and Color 2:00 Happy Hour: Carla Holbrook Performing 3:00 Afternoon Walk	8:30 Good Morning Friends 9:30 Morning Walk 10:00 Front Porch Chat 11:00 Game Time in Activity Room 2:30 Afternoon Movie
8:30 Good Morning Friends 9:30 Sit and Fit with Diane 10:00 Worship Your Way 10:30 Front Porch Chat 11:00 BINGO 2:00 Game Time in Activity Room 3:00 Afternoon Movie	8:30 Good Morning Friends 9:30 Drumming in Activity Room 10:00 Coffee Talk in Ice Cream Parlor 11:00 Spring Craft: Rainbows 2:00 Afternoon Walk 2:30 Kings in the Corner	8:30 Good Morning Friends 9:30 Sit and Fit with Diane 11:00 Spring Outing: River Lilly Cruise 2:00 Pokeno 2:30 Afternoon Movie	8:30 Good Morning Friends 9:30 Sit and Fit with Diane 10:00 Publix 2:00 Front porch snack, hydration, and trivia 3:30 "Yappy Hour" with the Humane Society- Pet therapy; room to room visits	8:30 Good Morning Friends 9:15 Sit and Fit 10:00 Communion w/ Deacon Jim 11:00 UNO- card game 2:00 Billiards in Man Cave 3:00 Mitch Performing (singing) in the lobby	8:30 Good Morning Friends 9:30 Morning Walk 10:30 Zumba with Teri 11:00 Relax and Color 2:30 Ice Cream served in Ice Cream Parlor 3:00 Happy Hour: My Brother's Band Performing	8:30 Good Morning Friends 9:30 Morning Walk 10:00 Front Porch Chat 11:00 Game Time 2:30 Afternoon Movie: Netflix David Attenborough: A Life on our Planet Earth Day
8:30 Good Morning Friends 9:30 Sit and Fit with Diane 10:00 Worship Your Way 10:30 Front Porch Chat 11:00 BINGO 2:00 Game Time in Activity Room 3:00 Afternoon Movie	8:30 Good Morning Friends 9:30 Drumming in Activity Room 10:00 Coffee Talk in Ice Cream Parlor 11:00 Painting with Val 2:00 L,R,C (left, right, center) in Activity Room	8:30 Good Morning Friends 9:30 Sit and Fit with Diane 10:00 Word Challenge 10:30 Spring Craft: Paper Tube Animals 2:00 Rummikub	8:30 Good Morning Friends 9:30 Sit and Fit with Diane 10:00 Bank and Post Office 11:00 Luck of the Draw 2:30 Afternoon Walk 3:30 FL State K-9 Academy/ K-9 Demonstration Administrative Professionals Day	8:30 Good Morning Friends 9:15 Sit and Fit 10:00 Communion w/ Deacon Jim 11:00 UNO- Card game 2:00 Billiards in Man Cave 3:00 Afternoon Movie	8:30 Good Morning Friends 9:30 Morning Walk 10:30 Zumba with Teri 11:00 Relax and Color 2:30 Ice Cream served in parlor 3:00 Happy Hour: Mitchell Cote on piano Arbor Day	8:30 Good Morning Friends 9:30 Morning Walk 10:00 - 1:00 ANTIQUE CAR SHOW; Dennis Fano performing 1:30 Game Time in Activity Room 3:00 Afternoon Movie
8:30 Good Morning Friends 9:30 Sit and Fit with Diane 10:00 Worship Your Way 10:30 Front Porch Chat 11:00 BINGO 2:00 Game Time in Activity Room 3:00 Afternoon Movie						

Grand Oaks of Jensen Beach: Any calendar changes or additions will be posted in your daily agenda.

Valentine's Day Activities, Hunting for hearts



Valentine's Day Party: Parisian Café Theme with Music by David Pearl



Groundhog Day themed snacks during our "relax and color" session



Mardi Gras Celebration!!



Yappy Hour with the Humane Society



St. Patty's Day





Highlights!

Grand Oaks

ASSISTED LIVING BY THE VNA
JENSEN BEACH

*Our Roots
Run Deep
IN OUR
COMMUNITY*



Grand Oaks Gives Back: We dropped off a large donation of clothing, food and personal care items to LAHIA. LAHIA is a local non-profit that serves the homeless population of Martin County by offering resources and assistance. They were so grateful we came in our bus to deliver our donations!

