



*Our Roots
Run Deep
IN OUR
COMMUNITY*

DECEMBER - FEBRUARY 2023

Management TEAM

DONALD CROW
Chairman

TERESA ROBERTS
Vice President

SHARON GRISWOLD
EVP Finance

LAURIE ALLEN
Administrator

LINET MBUKHA
Nurse Manager

ROBERT ZELANO
Executive Chef

DEBBIE ECKER
*Human Resources
Manager*

ANDREW VEERASAMMY
Facilities Manager

ASHLEY RUKEYSER
Sales & Activity Manager



A word from your ADMINISTRATOR



Dear Residents,

What a year we had!

2022 was filled with great friends and good times. We've grown closer to one another, shared laughs together, and been there for each other during tough times. All in all, we had an awesome year with our Grand Oaks family!

To celebrate the New Year, we've put together a year in review to help you reminisce on all great times we had in 2022. Here you'll find pictures from community events to holiday parties to birthdays. We've picked out the best of the best and hope you enjoy looking through these pictures as much as we did pick them out!

As always, thank you for being a part of our Grand Oaks family – it wouldn't be the same without you.

From all of us at Grand Oaks, Happy New Year!!

Laurie Allen
Laurie Allen
Administrator





Chef's
SPECIAL

SEA SCALLOPS
PERNOD



Pan seared sea scallops, with Pernod Liqueur, chardonnay, and orange juice reduction. Finished with a touch of butter, served with saffron risotto, shaved fennel garnish and your choice of vegetable.

Happy
BIRTHDAY!!!



DEC
27

Tom S.

JAN
25

Bill N.

FEB
02

Norm S.

FEB
26

Molly M.



New Move-Ins
WELCOME!!

Tom &
Nancy S.

Ernest G.
Linda D.

Frances R.



Christmas Sweaters!
Twinning by accident :)



Cookie decorating
with local home
school group

RIDDLES

1. I can be stolen or given away and you'll live, but you can't live without me.
What am I?
2. When you buy me, I'm expensive, but the only use I have is just hanging.
What Valentine's Day gift am I?
3. What type of flower is kissable?
4. What connects two people, but only touches one?
5. What travels around the world for Valentine's Day, but just stays in one corner?
6. Why are artichokes the most loving vegetable?

Riddle Answers on back cover.



Resident SPOTLIGHT

JANITH M.



Janith previously lived in Queens, New York and moved to the sunshine state and Grand Oaks in November. She has two sons and a daughter and enjoys time with them when they visit with their families. She was a stay at home mom to her children, taking them to their activities and sports practices/games.

Janith considers herself quiet and private but has really enjoyed the activities she shares with her friends here at Grand Oaks. There is always something to do here! She says, "the food is excellent and there is always ice cream"! In her free time, she enjoys watching Fox News and staying up to date on current events. She loves Italian food and Turner Classic Movies. We are so happy you are here with us, Janith!



Employee SPOTLIGHT

VAL R.



Val Rafus grew up in West Springfield, Massachusetts and owned her own business there for many years. She had enough of the cold and dreary winters and moved to Florida in 2021.

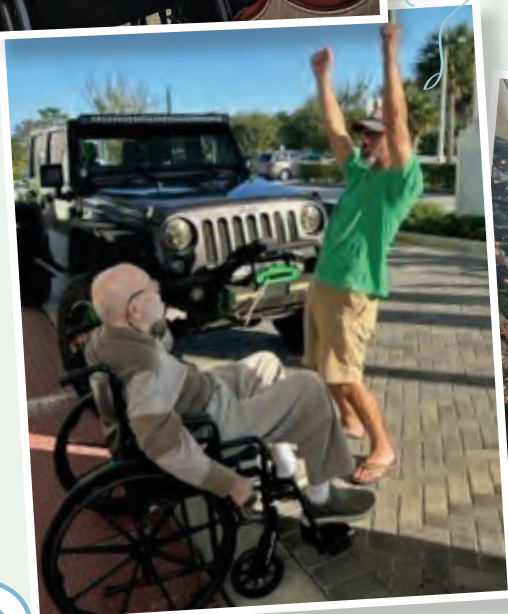
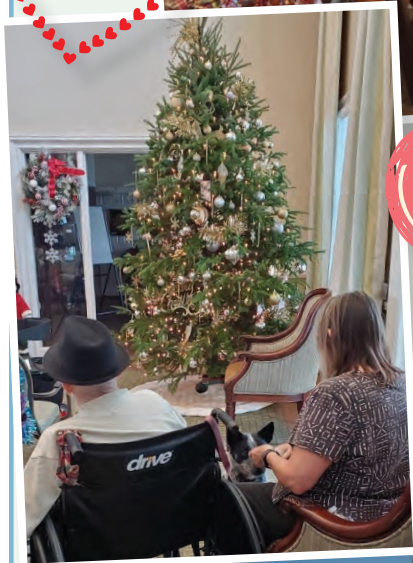
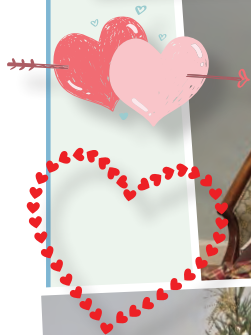
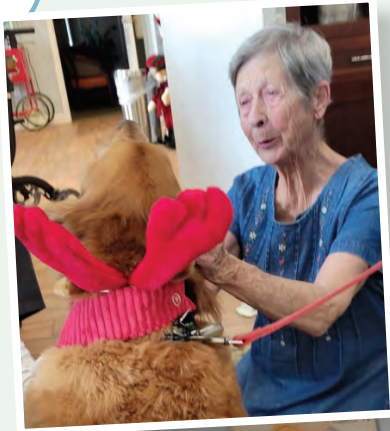
She has a beautiful home she shares with her sister and brother and their two dogs. She intended to retire upon moving here and pass the time reading and going to the beach but was bored and needed some excitement in her life so she came to join our team at Grand Oaks in the Activities department! She is frequently seen driving the van taking residents to and from their appointments.

Val says, "My favorite thing about working at Grand Oaks is getting to know the residents and hearing about their fabulous lives.. everyone here is so friendly and it doesn't feel like a job. I love being here with all of these great people who know my name and always smile and enjoy their work. This is a special place". We agree with you, Val!



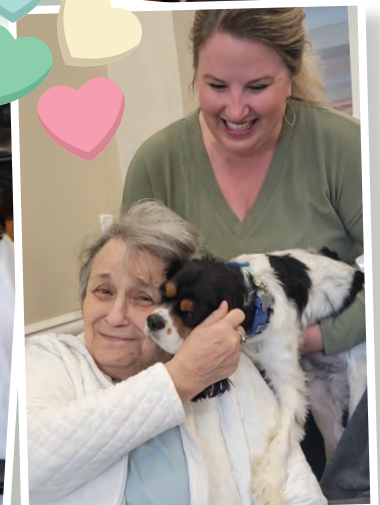
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div>We Love Our Residents at Grand Oaks!</div>			<div>8:30 Good Morning Friends 1</div> <div>9:30 Sit and Fit with Diane</div> <div>10:00 Publix</div> <div>11:00 Kings in the Corner</div> <div>2:00 Walking Club</div> <div>3:00 Grand Oaks Gives Back/ Humane Society Project in Activity Room</div>	<div>8:30 Good Morning Friends 2</div> <div>9:30 Meditation and Exercise</div> <div>10:00 Communion w/ Deacon Jim</div> <div>10:00 Coffee Talk in Ice Cream Parlor</div> <div>11:00 Groundhog Day Activity</div> <div>2:00 Billiards in the Man Cave</div> <div>3:00 Afternoon Movie "Groundhog Day"</div> <div>Groundhog Day</div>	<div>8:30 Good Morning Friends 3</div> <div>9:30 Morning Walk</div> <div>10:30 Zumba with Teri</div> <div>11:15 Relax and Color</div> <div>2:00 Happy Hour: Carla Holbrook performing</div> <div>3:30 Bingo</div>	<div>8:30 Good Morning Friends 4</div> <div>9:30 Walking Club</div> <div>10:00 Rummikub</div> <div>11:00 Puzzles, Beading, Color</div> <div>2:00 Card Sharks (card game of choice)</div> <div>3:00 Afternoon Movie</div>
<div>8:30 Good Morning Friends 5</div> <div>9:30 Sit and Fit with Diane</div> <div>10:00 Worship Your Way</div> <div>10:30 Front Porch Chat</div> <div>11:00 Bingo</div> <div>2:00 Game Time</div> <div>3:00 Afternoon Movie</div>	<div>8:30 Good Morning Friends 6</div> <div>9:30 Drumming in Activity Room</div> <div>10:00 Coffee Talk in Ice Cream Parlor</div> <div>11:00 Painting with Val</div> <div>2:00 Pokeno</div> <div>3:00 Afternoon Movie</div>	<div>8:30 Good Morning Friends 7</div> <div>9:30 Sit and Fit with Diane</div> <div>10:00 Word Challenge in Ice Cream Parlor</div> <div>11:00 Acrylic Abstract Art Class</div> <div>2:00 L, R, C (Left, Right, Center)</div> <div>3:00 Robert Steinberg Performing</div>	<div>8:30 Good Morning Friends 8</div> <div>9:30 Sit and Fit with Diane</div> <div>10:00 Walgreens</div> <div>11:00 Craft Time: Valentines Day/ wooden hearts</div> <div>2:00 Walking Club</div> <div>3:00 Fresh Flower Arrangement Fun in Activity Room</div>	<div>8:30 Good Morning Friends 9</div> <div>9:30 Meditation and Exercise</div> <div>10:00 Communion w/ Deacon Jim</div> <div>11:00 Pet Therapy with Noodle</div> <div>2:00 Billiards in the Man Cave</div> <div>3:00 Afternoon Movie</div>	<div>8:30 Good Morning Friends 10</div> <div>9:30 Morning Walk</div> <div>10:30 Zumba with Teri</div> <div>11:15 Relax and Color</div> <div>2:30- Root Beer Floats in Ice Cream Parlor</div> <div>3:00 Happy Hour: Mitchell Cote on Piano</div>	<div>8:30 Good Morning Friends 11</div> <div>10:00 Scenic Ride</div> <div>11:00 Karin and Charles Performing</div> <div>2:00 Game Time!</div> <div>3:00 Afternoon Movie</div>
<div>8:30 Good Morning Friends 12</div> <div>9:30 Sit and Fit with Diane</div> <div>10:00 Worship Your Way</div> <div>10:30 Front Porch Chat</div> <div>11:00 Bingo</div> <div>3:00 Pre Super Bowl Party in Man Cave</div> <div>Superbowl Sunday</div>	<div>8:30 Good Morning Friends 13</div> <div>9:30 Drumming in Activity Room</div> <div>10:00 Coffee Talk in Ice Cream Parlor</div> <div>11:00 Creating with Clay</div> <div>2:00 Heart Hunt- whoever finds the most hidden hearts wins a prize!</div> <div>3:00 Craft time: Make a heart bracelet</div>	<div>8:30 Good Morning Friends 14</div> <div>9:30 Sit and Fit with Diane</div> <div>11:00 Craft Time: Valentine's Day Card making</div> <div>2:30 "Parisian Café" Valentine's Day Social in Ice Cream Parlor</div> <div>3:00 Monthly Birthday Party with Rick and Aly Performing</div> <div>Valentine's Day</div>	<div>8:30 Good Morning Friends 15</div> <div>9:30 Sit and Fit with Diane</div> <div>10:00 Publix</div> <div>11:00 L,R,C (Left, Right, Center) game in Activity Room</div> <div>2:00 Walking Club</div> <div>3:00 Pokeno</div>	<div>8:30 Good Morning Friends 16</div> <div>9:30 Meditation and Exercise</div> <div>10:00 Communion w/ Deacon Jim</div> <div>11:00 BINGO</div> <div>2:00 Billiards in Man Cave</div> <div>3:00 Mitch performs (singing)</div>	<div>8:30 Good Morning Friends 17</div> <div>9:30 Morning Walk</div> <div>10:30 Zumba with Teri</div> <div>11:30 Relax and Color</div> <div>2:00 Games or Puzzles</div> <div>3:00 Happy Hour: Jodi- Name That Tune</div>	<div>8:30 Good Morning Friends 18</div> <div>9:30 Walking Club</div> <div>10:00 Front Porch Chat</div> <div>11:00 Puzzles, Beading, Color</div> <div>2:00 Card Sharks (card game of choice)</div> <div>3:00 Afternoon Movie</div>
<div>8:30 Good Morning Friends 19</div> <div>9:30 Sit and Fit with Diane</div> <div>10:00 Worship Your Way</div> <div>10:30 Front Porch Chat</div> <div>11:00 Bingo</div> <div>2:00 Game Time</div> <div>3:00 Afternoon Movie</div>	<div>8:30 Good Morning Friends 20</div> <div>9:30 Drumming in Activity Room</div> <div>11:00 Craft Time: Mardi Gras masks</div> <div>2:00 Gospel Music by Silver Wings (in movie theater)</div> <div>3:30 US President Trivia</div> <div>Presidents' Day</div>	<div>8:30 Good Morning Friends 21</div> <div>9:30 Sit and Fit with Diane</div> <div>11:00 Mardi Gras Bingo</div> <div>12:00 Mardi Gras Themed Lunch in Dining Room</div> <div>2:00 Rummikub</div> <div>3:00 Afternoon Movie</div> <div>Mardi Gras</div>	<div>8:30 Good Morning Friends 22</div> <div>9:30 Sit and Fit with Diane</div> <div>10:00 Ashes/ Communion w/ Deacon Jim</div> <div>10:30 Bealls Outlet for Shopping</div> <div>2:00 Wild Roses Line Dancers Performance</div> <div>Ash Wednesday</div>	<div>8:30 Good Morning Friends 23</div> <div>9:30 Meditation and Exercise</div> <div>10:00 Rummikub</div> <div>11:00 Pet Therapy with Noodle</div> <div>2:00 Billiards in the Man Cave</div> <div>3:00 Afternoon Movie</div>	<div>8:30 Good Morning Friends 24</div> <div>9:30 Morning Walk</div> <div>10:30 Zumba with Teri</div> <div>11:30 Relax and Color</div> <div>3:00 Happy Hour: My Brother's Band performing</div>	<div>8:30 Good Morning Friends 25</div> <div>9:30 Walking Club</div> <div>10:00 Front Porch Chat</div> <div>11:00 Puzzles, Beading, Color</div> <div>2:00 Card Sharks (card game of choice)</div> <div>3:00 Afternoon Movie</div>
<div>8:30 Good Morning Friends 26</div> <div>9:30 Sit and Fit with Diane</div> <div>10:00 Worship Your Way</div> <div>10:30 Kings in the Corner</div> <div>11:00 Bingo</div> <div>2:00 Game Time</div> <div>3:00 Afternoon Movie</div>	<div>8:30 Good Morning Friends 27</div> <div>9:30 Drumming in Activity Room</div> <div>11:00 Paint with Val</div> <div>2:00 Pokeno</div> <div>3:00 St. Patrick's Day Centerpieces</div>	<div>8:30 Good Morning Friends 28</div> <div>9:30 Sit and Fit with Diane</div> <div>10:00 Relax and Color</div> <div>12:00 PIZZA PARTY</div> <div>2:00 Get Creative Craft Project</div>	<div><div><div><div><div><div></div><div></div><div></div><div></div><div></div></div><div><div></div><div></div><div></div><div></div><div></div></div><div><div></div><div></div><div></div><div></div><div></div></div><div><div></div><div></div><div></div><div></div><div></div></div><div><div></div><div></div><div></div><div></div><div></div></div></div><div><div></div><div></div><div></div><div></div><div></div></div><div><div></div><div></div><div></div><div></div><div></div></div><div><div></div><div></div><div></div><div></div><div></div></div><div><div></div><div></div><div></div><div></div><div></div></div><div><div></div><div></div><div></div><div></div><div></div></div></div><div><div></div><div></div><div></div><div></div><div></div></div><div><div></div><div></div><div></div><div></div><div></div></div><div><div></div><div></div><div></div><div></div><div></div></div><div><div></div><div></div><div></div><div></div><div></div></div><div><div></div><div></div><div></div><div></div><div></div></div><div><div></div><div></div><div></div><div></div><div></div></div><div><div></div><div></div><div></div><div></div><div></div></div><div><div></div><div></div><div></div><div></div><div></div></div><div><div></div><div></div><div></div><div></div><div></div></div><div><div></div><div></div><div></div><div></div><div></div></div><div><div></div><div></div><div></div><div></div><div></div></div><div><div></div><div></div><div></div><div></div><div></div></div><div><div></div><div></div><div></div><div></div><div></div></div><div><div></div><div></div><div></div><div></div><div></div></div><div><div></div><div></div><div></div><div></div><div></div></div><div><div></div><div></div><div></div><div></div><div></div></div><div><div></div><div></div><div></div><div></div><div></div></div><div><div></div><div></div><div></div><div></div><div></div></div><div><div></div><div></div><div></div><div></div><div></div></div><div><div></div><div></div><div></div><div></div><div></div></div><div><div></div><div></div><div></div><div></div><div></div></div><div><div></div><div></div><div></div><div></div><div></div></div><div><div></div><div></div><div></div><div></div><div></div></div><div><div></div><div></div><div></div><div></div><div></div></div><div><div></div><div></div><div></div><div></div><div></div></div><div><div></div><div></div><div></div><div></div><div></div></div><div><div></div><div></div><div></div><div></div><div></div></div><div><div></div><div></div><div></div><div></div><div></div></div><div><div></div><div></div><div></div><div></div><div></div></div><div><div></div><div></div><div></div><div></div><div></div></div><div><div></div><div></div><div></div><div></div><div></div></div><div><div></div><div></div><div></div><div></div><div></div></div><div><div></div><div></div><div></div><div></div><div></div></div><div><div></div><div></div><div></div><div></div><div></div></div><div><div></div><div></div><div></div><div></div><div></div></div><div><div></div><div></div><div></div><div></div><div></div></div><div><div></div><div></div><div></div><div></div><div></div></div><div><div></div><div></div><div></div><div></div><div></div></div><div><div></div><div></div><div></div><div></div><div></div></div><div><div></div><div></div><div></div><div></div><div></div></div><div><div></div><div></div><div></div><div></div><div></div></div><div><div></div><div></div><div></div><div></div><div></div></div><div><div></div><div></div><div></div><div></div><div></div></div><div><div></div><div></div><div></div><div></div><div></div></div><div><div></div><div></div><div></div><div></div><div></div></div><div><div></div><div></div><div></div><div></div><div></div></div><div><div></div><div></div><div></div><div></div><div></div></div><div><div></div><div></div><div></div><div></div><div></div></div><div><div></div><div></div><div></div><div></div><div></div></div><div><div></div><div></div><div></div><div></div><div></div></div><div><div></div><div></div><div></div><div></div><div></div></div><div><div></div><div></div><div></div><div></div><div></div></div><div><div></div><div></div><div></div><div></div><div></div></div><div><div></div><div></div><div></div><div></div><div></div></div><div><div></div><div></div><div></div><div></div><div></div></div><div><div></div><div></div><div></div><div></div><div></div></div><div><div></div><div></div><div></div><div></div><div></div></div><div><div></div><div></div><div></div><div></div><div></div></div><div><div></div><div></div><div></div><div></div><div></div></div><div><div></div><div></div><div></div><div></div><div></div></div><div><div></div><div></div><div></div><div></div><div></div></div><div><div></div><div></div><div></div><div></div><div></div></div><div><div></div><div></div><div></div><div></div><div></div></div><div><div></div><div></div><div></div><div></div><div></div></div><div><div></div><div></div><div></div><div></div><div></div></div><div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Grand Oaks of Jensen Beach: Please see your daily sheets for any revisions or updates that may have been made to this calendar.





YOU ARE
LOVED





Highlights!

*Our Roots
Run Deep
IN OUR
COMMUNITY*



**Enjoying the
music of
Johnny Cash**



**Thank you for the gifts,
Teri from Z Fitness!
We love them!**



We love our residents!!

Riddle Answers: 1. Your heart 2. Earrings 3. Tulips 4. A wedding ring 5. A stamp 6. They have hearts