



*Our Roots
Run Deep
IN OUR
COMMUNITY*

JANUARY/FEBRUARY 2024

Management TEAM

DONALD CROW
Chairman

TERESA ROBERTS
Vice President

SHARON GRISWOLD
EVP Finance

ANITA TOPPING
Administrator

LORAIN LOPEZ
Nurse Manager

ROBERT ZELANO
Executive Chef

DEBBIE ECKER
*Human Resources
Manager*

ASHLEY RUKEYSER
Sales & Activity Manager



A word from your ADMINISTRATOR

As the glitter of the holiday season fades away, we look forward to enjoying the energy and possibilities of a new year. Whether part of a New Year resolution or not, it's never too late to make healthy decisions... so I encourage everyone to drink your water, get fresh air, and move your bodies.

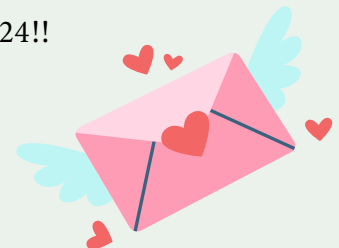
I am thankful for all of you and the wonderful staff at Grand Oaks of Jensen Beach. We will celebrate Activity Professionals Week at the end of January. I want to say a special thank you to the activities staff for all that they do for our residents. The hard work it takes to organize beautiful activities and events each day does not go unnoticed. We are looking forward to Super Bowl Sunday, Fat Tuesday, and Valentine's Day celebrations coming up soon!

Enjoy the outdoor spaces and gorgeous Florida winter weather. We are so lucky to live here, aren't we?

From all of us at Grand Oaks, have a terrific 2024!!

Anita Topping

Anita Topping
Administrator





Chef's
SPECIAL

TURKEY PAILLARD
MARSALA



Thin Turkey cutlet, sautéed w/ Shallots and Baby Portabella Mushrooms, deglazed with Marsala Wine, served with Rice Pilaf & your Choice of Vegetable.

Happy
BIRTHDAY!!!



JAN
12

Doris P.

JAN
15

Bill N.

JAN
31

Arlene P.

FEB
01

Joan H.

FEB
02

Norm S.

100!

FEB
06

Kathy R.

FEB
08

Maureen J.

FEB
18

Alice B.

FEB
19

Bill W.



New Move-Ins
WELCOME!!

Evelyn S.
Herb S.






Resident SPOTLIGHT

JUDITH W.



Judy made Grand Oaks her home several months ago and has been such a bright light in our days since her arrival. Judy is from Brisbane, Australia and has lived in Melbourne and Chicago before coming to Florida. Judy has traveled all over the globe and has lived in several countries! She has a keen eye for fashion and accessorizing and always looks amazing. Her hobbies include singing, jet skiing (she was part of a long-distance Jet Ski club!!), and she loved traveling in her RV. Judy has two children (a boy and girl) and two beautiful grandchildren.

She has been so happy at Grand Oaks while she works toward her goal of gaining her strength and independence. Judy says “the staff and kind people who live here” are her favorite things about Grand Oaks. We are so glad you chose Grand Oaks, Judy!

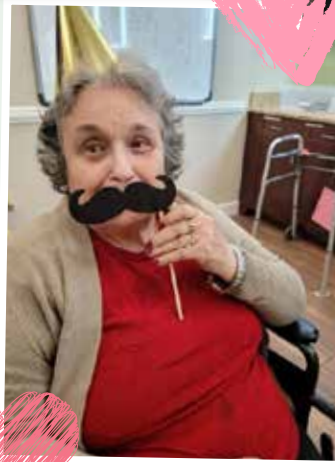
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<h1>February 2024</h1>				<p>8:30 Good Morning Friends 1 9:30 Sit and Fit with Debbie 10:00 Communion served in theater/ Games in Activity Room 10:30 Noodle the Therapy Dog visit 11:00 Game Time in Activity Room 2:00 Back Porch Social 2:30 Afternoon Movie</p>	<p>9:30 Morning Walk 2 10:30 Zumba w/ Teri 11:00 Relax and Color 2:00 Famous Faces BINGO/ Birthday cake w/ Norm in Parlor 3:00 Happy Hour Music in lobby: My Brother's Band Happy 100th Birthday, Norm S. Groundhog Day</p>	<p>8:30 Good Morning Friends 3 9:30 Light stretching/morning walk 10:00 Coffee Club in ice cream parlor 11:00 Game Time in Activity Room 2:30 Afternoon Movie</p>
<p>8:30 Good Morning Friends 4 9:30 Sit and Fit with Diane 10:00 Worship Your Way 10:30 Coffee Club in ice cream parlor 11:00 Non-Denominational church service in movie theater 2:00 BINGO 3:00 Afternoon Movie</p>	<p>8:30 Good Morning Friends 5 9:30 Drumming in Activity Room 10:00 Word Challenge or Trivia in Activity Room 11:00 Watercolor Painting w/ Val 2:00 Luck of the Draw in activity room 3:00 Afternoon Movie</p>	<p>8:30 Good Morning Friends 6 9:30 Sit and Fit with Diane 10:00 Coffee Club in Ice Cream Parlor 11:00 Get Crafty with Diane: Ruffled Heart Valentines 2:00 Pokeno 3:00 Relax and Color</p>	<p>8:30 Good Morning Friends 7 9:30 Yoga Blast with Emily 10:00 Publix 11:30 Kings in the Corner 2:00 Town Hall Meeting in theater 3:00 Grand Oaks Gives Back/ Humane Society Project in Activity Room</p>	<p>8:30 Good Morning Friends 8 9:30 Sit and Fit with Debbie 10:00 Communion served in theater/ Games in Activity Room 10:30 Noodle the Therapy Dog visit 11:00 Game Time in Activity Room 2:00 Billiards in Man Cave 2:30 Afternoon Movie</p>	<p>8:30 Good Morning Friends 9 9:30 Morning Walk 10:30 Zumba w/ Teri 11:00 Relax and Color 2:00 BINGO 3:00 Happy Hour Music in lobby: David Rivers (easy listening)</p>	<p>8:30 Good Morning Friends 10 9:30 Light stretching/morning walk 10:00 Coffee Club in ice cream parlor 11:00 Music: Karin and Charles Perform in lobby 2:30 Afternoon Movie Chinese New Year (Year of the Dragon)</p>
<p>8:30 Good Morning Friends 11 9:30 Sit and Fit with Diane 10:00 Worship Your Way 10:30 Coffee Club in ice cream parlor 11:00 Non-Denominational church service in movie theater 2:00 BINGO 3:00 Pre-Super Bowl Party in Movie Theater</p>	<p>8:30 Good Morning Friends 12 9:30 Drumming in Activity Room 10:00 Coffee Club/ Ice Cream Parlor 11:00 Creating w/ Clay 2:00 L,R,C (left, right, center) in activity room 3:00 Afternoon Movie</p>	<p>9:30 Sit and Fit with Diane 13 11:15 Mardi Gras Celebration in courtyard with Saxophone/ James Archer music 2:00 Kings in the Corner/ Activity Room 3:00 Monthly Birthday Party with cake and live music in theater Mardi Gras</p>	<p>8:30 Good Morning Friends 14 9:30 Dance Blast with Emily 10:30 Walgreens 11:30 Rummikub in Activity Room 2:30 Heart Hunt- whoever finds the most hidden hearts wins a prize! 3:00 Valentine's Day music celebration: Dennis Fano in lobby Valentine's Day</p>	<p>8:30 Good Morning Friends 15 9:30 Sit and Fit with Debbie 10:00 Communion served in theater/ Games in Activity Room 10:30 Noodle the Therapy Dog visit 11:00 Game Time in Activity Room 2:00 Back Porch Social 2:30 Afternoon Movie</p>	<p>8:30 Good Morning Friends 16 9:30 Morning Walk 10:30 Zumba w/ Teri 11:00 Relax and Color 2:00 Country Gospel music in the theater: Silver Wings 3:00 Famous Faces BINGO</p>	<p>8:30 Good Morning Friends 17 9:30 Light stretching/morning walk 10:00 Coffee Club in ice cream parlor 11:00 Game Time in Activity Room 2:30 Afternoon Movie</p>
<p>8:30 Good Morning Friends 18 9:30 Sit and Fit with Diane 10:00 Worship Your Way 10:30 Germaine sings Gospel music in living room 11:00 Non-Denominational church service in movie theater 2:00 BINGO 3:00 Afternoon Movie</p>	<p>8:30 Good Morning Friends 19 9:30 Drumming in Activity Room 10:00 Word Challenge or Trivia in Activity Room 11:00 Kings in the Corner in Activity Room 2:00 Ice Cream Sundaes in Ice Cream Parlor Presidents' Day</p>	<p>8:30 Good Morning Friends 20 9:30 Sit and Fit with Diane 10:00 Coffee Club in Ice Cream Parlor 11:00 Pokeno in Activity Room 2:00 Get Crafty with Diane: St. Patty's Day Centerpieces</p>	<p>8:30 Good Morning Friends 21 9:30 Yoga Blast with Emily 10:30 Publix 11:30 Relax and Color in Activity Room 2:00 Scrabble in Activity Room 3:00 Afternoon Movie 3:30 Yappy Hour w/ Humane Society room to room visits</p>	<p>8:30 Good Morning Friends 22 9:30 Sit and Fit with Debbie 10:00 Communion served in theater/ Games in Activity Room 10:30 Noodle the Therapy Dog visit 11:00 Game Time in Activity Room 2:00 Billiards in Man Cave 2:30 Afternoon Movie</p>	<p>8:30 Good Morning Friends 23 9:30 Morning Walk 10:30 Zumba w/ Teri 11:00 BINGO 2:00 Relax and Color in Activity Room 2:30 Happy Hour Music in lobby: Jeff Shepherd (piano and singing)</p>	<p>8:30 Good Morning Friends 24 9:30 Light stretching/morning walk 10:00 Coffee Club in ice cream parlor 11:00 Game Time in Activity Room 2:30 Afternoon Movie</p>
<p>8:30 Good Morning Friends 25 9:30 Sit and Fit with Diane 10:00 Worship Your Way 10:30 Coffee Club in ice cream parlor 11:00 Non-Denominational church service in movie theater 2:00 BINGO 3:00 Afternoon Movie</p>	<p>8:30 Good Morning Friends 26 9:30 Drumming in Activity Room 10:00 Coffee Club/ Ice Cream Parlor 11:00 Watercolor Painting w/ Val 2:00 Luck of the Draw in activity room 3:00 Afternoon Movie</p>	<p>8:30 Good Morning Friends 27 9:30 Sit and Fit with Diane 10:00 Coffee Club in Ice Cream Parlor 11:00 L,R,C (left, right, center in Activity Room) 2:00 Get Crafty with Diane: Stained Glass Windows</p>	<p>8:30 Good Morning Friends 28 9:30 Dance Blast with Emily 10:30 Bank and Post Office 11:30 Relax and Color in Activity Room 2:00 Rummikub 3:00 Afternoon Movie</p>	<p>8:30 Good Morning Friends 29 9:30 Sit and Fit with Debbie 10:00 Communion served in theater/ Games in Activity Room 10:30 Noodle the Therapy Dog visit 11:00 Game Time in Activity Room 2:00 Back Porch Social 2:30 Afternoon Movie</p>		

Please check the daily calendar for any changes or updates made to this calendar.



Lina Ospina is one of our amazing caregivers here at Grand Oaks. Her compassion and love for those she cares for is such a blessing. Lina was born in Colombia and lived in Venezuela for some time. She moved to Florida 10 years ago. She has three precious daughters ages 13, 5, and 3 and one dog who she spoils as much as she can. In her free time, Lina likes to cook, take her daughters to the beach, and watch Disney movies. Lina loves her job here at Grand Oaks and says it is because of the special family environment we have created here. We are so happy you love it here, Lina, and are thankful for you and your huge heart.







Grand Oaks
ASSISTED LIVING BY THE VNA
JENSEN BEACH

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February 11

*Pre-Super Bowl Party
3:00pm*



February 14

*Valentine's Day Music Celebration
3:00pm*



February 20

*Get Crafty with Diane
2:00pm*