



*Our Roots
Run Deep
IN OUR
COMMUNITY*

AUGUST 2025

Management TEAM

DONALD CROW
Chairman

TERESA ROBERTS
Vice President

SHARON GRISWOLD
EVP Finance

LORAINNE LOPEZ
Administrator

JESSICA SIMON
Nurse Manager

ROBERT ZELANO
Executive Chef

DEBBIE ECKER
*Human Resources
Manager*

ASHLEY RUKEYSER
Sales & Activity Manager



A word from your ADMINISTRATOR

Dear Residents,

I hope you are all having a wonderful summer season. I have enjoyed meeting your family and friends who have been in town visiting our beautiful community. Very soon, the kids will be going back to school, and we will see the school buses driving past our building again every day.

This month we have many new friends to welcome to Grand Oaks! Please say hello and meet our new residents. A great way to meet new friends is to join us for daily exercise class. Moving your body every day will keep you active and maintain muscle strength.

As we move into hurricane season, please know that your safety is our top priority. We will keep our fingers and toes crossed for an uneventful season, but we are prepared should we need to ride out a storm. If you have any questions, my door is always open.

Sincerely,

Loraine Lopez

Loraine Lopez
Administrator

125 NW Jensen Beach Boulevard, Jensen Beach, FL 34957 | 772.444.3400

www.grandoaksjensenbeach.com



Chef's
SPECIAL

ORANGE GLAZED
SHRIMP STIR FRY



Crispy shrimp, sweet mandarin orange glaze with sesame stir fried peppers and snow peas over steamed jasmin rice.



AUG
8

Alberta P.

AUG
22

Marianne K.

AUG
23

Cathy K.

AUG
26

Diane B.

AUG
26

Marilyn H.



New Move-Ins
WELCOME!!



Dottie Q.
Billy J.
Barbara L.
Leon B.





Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <h1>August 2025</h1>						<p>9:30 Morning Walk 10:30 Zumba w/ Teri 11:00 Volleyball Game in Activity Room 2:00 BINGO in activity room 3:00 Happy Hour Music: Piano by Mitchell Cole</p>
<p>9:30 Sit and Fit 10:30 Coffee Club/ parlor 10:30 Music and Non-Denominational church service/ movie theater 2:00 BINGO 3:00 Afternoon Movie</p>	<p>9:30 Sit and Fit with Debbie 10:00 Game Time in Activity Room 11:00 Watercolor Painting Instruction w/ Valerie 1:00 Brain Games- Activity Room 2:00 Baking With Zane in Ice Cream Parlor: show and taste 3:00 Rummikub in Activity Room</p>	<p>9:30 Exercise class with Tina 10:00 Coffee and Crosswords in Ice Cream Parlor 11:00 Men's Group Meeting 2:00 Game of choice in Activity Room 3:00 Mini Manicures with Tina in Activity Room</p>	<p>9:00 Morning Walk 9:30 Dance Blast with Emily 10:30 PUBLIX 2:00 Mini Manicures with Tina in Activity Room 2:30 Afternoon Movie</p>	<p>9:15 Muscle Memory: Build Your Brain and Body with Lynda 10:00 Communion in theater 10:30 Game Time with Debbie in Activity Room 1:30 Balloon Game 2:30 Afternoon Movie</p>	<p>9:30 Morning Walk 10:30 Zumba w/ Teri 11:00 Cornhole in Activity Room 2:00 BINGO in activity room 3:00 Happy Hour Music: Performance by David Rivers</p>	<p>9:30 Light stretching/morning walk 10:00 Craft with Kim in Activity Room 11:00 Game Time in Activity Room 2:30 Afternoon Movie</p>
<p>9:30 Sit and Fit 10:30 Coffee Club/ parlor 10:30 Music and Non-Denominational church service/ movie theater 2:00 BINGO 3:00 Afternoon Movie</p>	<p>9:30 Sit and Fit with Debbie 10:00 Vet to Vet Café in Parlor 11:00 Creating with Clay in Activity Room 1:00 Brain Games- Activity Room 2:00 Watercolor pens/ relax and color in Activity Room 2:30 Popcorn and a Movie</p>	<p>9:30 Exercise class with Tina 10:00 Watercolor Pens/relax and color in Activity Room 11:00 Craft time with Tina 2:00 Pokemo in Activity Room 3:00 Monthly Birthday Party in theater: music and cake</p>	<p>9:00 Morning Walk 9:30 Yoga Blast with Emily 10:30 WALGREENS 2:00 Hearing Aid Cleaning in Activity Room 2:30 Shuffleboard in Parlor 3:00 Game of choice in Activity Room</p>	<p>9:15 Muscle Memory: Build Your Brain and Body with Lynda 10:00 Communion in theater 10:30 Game Time with Debbie in Activity Room 1:30 Balloon Game 2:30 Afternoon Movie</p>	<p>9:30 Morning Walk 10:30 Zumba w/ Teri 11:00 Games with Kim in Activity Room 2:00 BINGO in activity room 3:00 Happy Hour Music: Piano for the People</p>	<p>9:30 Light stretching/morning walk 10:00 Craft with Kim in Activity Room 11:00 Game Time in Activity Room 2:30 Afternoon Movie</p>
<p>9:30 Sit and Fit 10:30 Coffee Club/ parlor 10:30 Music and Non-Denominational church service/ movie theater 2:00 BINGO 3:00 Afternoon Movie</p>	<p>9:30 Sit and Fit with Debbie 10:00 Game time in Activity Room 11:00 Craft time with Debbie 1:00 Brain Games- Activity Room 2:00 BINGO! 3:00 Rummikub Social in activity room</p>	<p>9:30 Exercise class with Tina 10:00 Game Time with Tina in Activity Room 11:00 Town Hall Meeting 11:30 Trivia time/ activity room 3:00 Silver Wings County Gospel Group Perform in Movie Theater</p>	<p>9:00 Morning Walk 9:30 Dance Blast with Emily 10:30 POST OFFICE 11:30 LUNCH BUNCH: must sign up in advance 2:00 Beading Bracelets in Activity Room 3:00 Game Time -Activity Room 3:30 Yappy Hour/ Humane Society</p>	<p>9:15 Muscle Memory: Build Your Brain and Body with Lynda 10:00 Communion in theater 10:30 Craft with Debbie: Activity Room 1:30 Rummikub Social in Ice Cream Parlor 2:30 Afternoon Movie</p>	<p>9:30 Morning Walk 10:30 Zumba w/ Teri 11:00 Cornhole in Activity Room 2:00 BINGO in activity room 3:00 Happy Hour Music: Dennis Fano sings the classics</p>	<p>9:30 Light stretching/morning walk 10:00 Balloon Game in Activity Room 11:00 Game Time in Activity Room 2:30 Afternoon Movie</p>
<p>9:30 Sit and Fit 10:30 Coffee Club/ parlor 10:30 Music and Non-Denominational church service/ movie theater 2:00 BINGO 3:00 Afternoon Movie</p>	<p>9:30 Sit and Fit with Debbie 10:00 Game time in Activity Room 11:00 Watercolor Painting Instruction w/ Valerie 1:00 Brain Games- Activity Room 2:00 Pokemo 2:30 Popcorn and a Movie</p>	<p>9:30 Exercise class with Tina 10:00 Men's Coffee Club/ Ice Cream Parlor 11:00 Craft time with Tina 2:00 Pokemo in Activity Room 3:00 Root Beer Floats served in parlor</p>	<p>9:00 Morning Walk 9:30 Yoga Blast with Emily 10:30 PUBLIX 2:00 Craft time with Tina 3:00 Game of choice in Activity Room</p>	<p>9:15 Muscle Memory: Build Your Brain and Body with Lynda 10:00 Communion in theater 10:30 Game Time with Debbie in Activity Room 1:30 Balloon Game 2:30 Afternoon Movie</p>	<p>9:30 Morning Walk 10:30 Zumba w/ Teri 11:00 Games with Kim in Activity Room 2:00 BINGO in activity room 3:00 Happy Hour Music: Chip Bell sings your favorites and plays guitar</p>	<p>9:30 Light stretching/morning walk 10:00 Craft with Kim in Activity Room 11:00 Game Time in Activity Room 2:30 Afternoon Movie</p>
<p>9:30 Sit and Fit 10:30 Coffee Club/ parlor 10:30 Music and Non-Denominational church service/ movie theater 2:00 BINGO 3:00 Afternoon Movie</p>						

***** Please check the daily activity sheet for any changes that may have been made to this monthly calendar.







Grand Oaks
 ASSISTED LIVING BY THE VNA
 JENSEN BEACH

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 COMMUNITY*

