

MARCH 2026 NEWSLETTER

Management TEAM

DONALD CROW
Chairman

TERESA ROBERTS
Vice President

SHARON GRISWOLD
EVP Finance

JAVIER CRESPO
Administrator

LORAIN LOPEZ
Nurse Manager

ROBERT ZELANO
Executive Chef

DEBBIE ECKER
*Human Resources
Manager*

ASHLEY RUKEYSER
*Sales & Activity
Manager*



A word from your ADMINISTRATOR

Dear Residents,

What a glorious time of year! The first signs of spring, a touch of green, and plenty of reasons to celebrate! This month, we are embracing the luck of the Irish and we couldn't feel any luckier to have each and every one of you a part of our Grand Oaks family.

We have some exciting events planned that make this month extra special. Kicking things off, we're hosting our 7th Annual Grand Oaks of Jensen Beach Antique Car Show on March 14th, so come out and enjoy the antique cars, raffles, live music and food! Don't forget to wear green because St. Patrick's Day is just around the corner, on March 17th. We will have a festive lunch, bagpipes in the courtyard, and plenty of Irish cheer!

Don't forget about Daylight Savings Time where we will SPRING forward on March 8th. Set your clocks forward and enjoy the extra moments of daylight.

We look forward to spending another wonderful month with all of you. Thank you for making Grand Oaks such a warm and welcoming place to call home. Wishing you a March filled with luck, laughter, and great memories.

Sincerely,

Javier Crespo

Javier Crespo
Administrator





CHEF'S SPECIAL

DUCK A L'ORANGE'



Crisp Duck quarter, Roasted and Deglazed with Florida Orange juice, Orange Zest, and Orange Liqueur. Served with a side of Pecan Cranberry wild rice.



EMPLOYEE SPOTLIGHT

CLAUDETE



Our March Employee of the Month is Claudete, who works in our housekeeping department. Although Claudete is new to Grand Oaks of Jensen Beach, she has made a lasting impression. We have received numerous compliments on her attention to detail and the quality of her work.

Keeping our beautiful community clean is a big task and we are so appreciative of her dedication to our staff and residents.

Congratulations on a job well done!



Happy BIRTHDAY!



MAR 3

Lois R.

MAR 8

Suzanne B.

MAR 17

Elaine P.

MAR 20

Ruth W.



GOLD COIN SCAVENGER HUNT

Oh no! A mischievous leprechaun dropped his gold coins all over this newsletter. As you read, keep track of these gold coins hiding throughout the pages. When you reach the end, check the back cover — the amount will be revealed at the end of the rainbow!



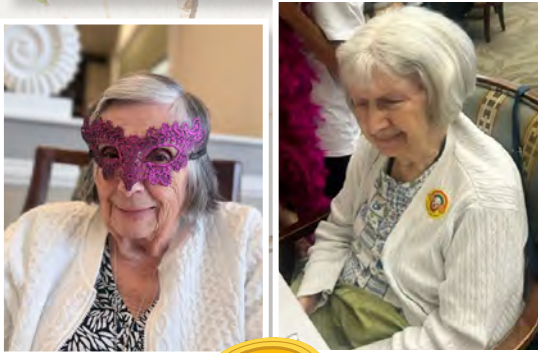
New Move-Ins WELCOME!

- Donna C.
- Jean D.
- Mae N.





MARCH IN HISTORY



March 5, 1770

The Boston Massacre takes place in Boston.

March 4, 1789

The United States Congress meets for the first time under the U.S. Constitution.

March 3, 1845

Florida becomes the 27th U.S. state.

March 1, 1872

Yellowstone National Park becomes the world's first national park.

March 10, 1876

Alexander Graham Bell makes the first successful telephone call.

March 3, 1931

"The Star-Spangled Banner" officially becomes the national anthem of the United States.

March 2, 1962

Wilt Chamberlain scores 100 points in a single NBA game.

March 7, 1969




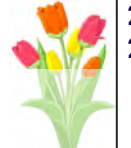


Sesame Street premieres, transforming children's educational television.

March 12, 1989

Tim Berners-Lee proposes the idea that becomes the World Wide Web.

March 4, 2002

Halle Berry becomes the first Black woman to win the Academy Award for Best Actress.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>9:30 Sit and Fit 10:30 Coffee Club/ parlor 10:30 Music and Non-Denominational church service/ movie theater 1:30 BINGO 3:00 Afternoon Movie</p> <p>1</p>	<p>9:00 Morning Walk 9:30 Sit and Fit 10:00 Communion in theater 11:00 Watercolor with Val in Activity Room 1:30 Brain Games in Activity Rm 2:00 Black Jack in Activity Room 3:00 Afternoon movie</p> <p>2</p>	<p>9:30 Drumming in Activity Rm 10:30 Coffee and Crosswords in Ice Cream Parlor 11:00 Craft time wth Marissa: Name Tag Craft 1:30 BINGO in Activity Room 3:30 Shuffleboard in Parlor</p> <p>3</p>	<p>9:00 Morning Walk 9:30 Yoga Blast with Emily 10:30 PUBLIX 1:00 Mini Manicures in the Activity Room 2:30 Afternoon Movie</p> <p>4</p>	<p>9:15 Muscle Memory: Build Your Brain and Body 10:00 Noodle the Therapy Dog visits 10:30 Craft with Debbie: Floral Glass Painting 1:30 "Show me the Money" in Activity Room 2:30 Afternoon Movie</p> <p>5</p>	<p>9:30 Morning Walk 10:30 Zumba w/ Teri 11:00 Balloon Tennis Game in Activity Room 1:30 BINGO in activity room 3:00 NEW MUSIC: Happy Hour Music: The Soul Butta Band</p> <p>6</p>	<p>9:30 Light stretching w/ Kim 10:00 Get Active with Kim in Activity room 11:00 Music: Karin and Charles Perform in living room 2:00 Ice Cream in the parlor 2:30 Afternoon Movie</p> <p>7</p>
<p>9:30 Sit and Fit 10:30 Coffee Club/ parlor 10:30 Music and Non-Denominational church service/ movie theater 1:30 BINGO 3:00 Afternoon Movie</p> <p>8</p> <p>Daylight Saving Time Begins </p>	<p>9:00 Morning Walk 9:30 Sit and Fit 10:00 Communion in theater 11:00 Creating with Clay in Activity Room 1:30 Kings in the Corner in the Activity Room 2:30 Afternoon Movie</p> <p>9</p>	<p>9:30 Exercise in Activity Room 10:30 Coffee and Crosswords in Ice Cream parlor 11:00 Craft Time in Activity Room- St. Patrick's Day Craft 2:00 Games in Activity Room 3:00 Monthly Birthday Party in theater: music and cake</p> <p>10</p>	<p>9:00 Morning Walk 9:30 Dance Blast with Emily 10:30 WALGREENS 1:00 Rummikub in Activity Room 2:00 Trivia and Treats in Activity Room 3:00 Ping Pong Toss in Activity Room</p> <p>11</p>	<p>9:15 Muscle Memory: Build Your Brain and Body 10:00 Noodle The Therapy Dog visits 10:30 "Silly Games" and Fun with Debbie in Activity Room 1:30 Show Me the Money JACKPOT in activity room 2:30 Afternoon Movie</p> <p>12</p>	<p>9:30 Morning Walk 10:00 10:30 Zumba w/ Teri 11:00 Cornhole in Activity Room 1:30 BINGO in activity room 3:00 NEW MUSIC: Happy Hour Music: Andrea- Classical singer and violinist</p> <p>13</p>	<p>11:00 - 2:00 7th Annual Grand Oaks of Jensen Beach Car Show </p> <p>14</p>
<p>9:30 Sit and Fit 10:30 Coffee Club/ parlor 10:30 Music and Non-Denominational church service/ movie theater 1:30 BINGO 3:00 Afternoon Movie</p> <p>15</p>	<p>9:00 Morning Walk 9:30 Sit and Fit 10:00 Communion in theater 11:00 Craft Time with Marissa in Activity Room: St. Patrick's Day theme 1:30 Pokeno- Activity Room 2:30 Afternoon Movie</p> <p>16</p>	<p>9:30 Drumming in Activity Rm 10:30 Coffee and crosswords in Parlor 11:00 Town Hall Meeting 11:30 Bagpipes in the Courtyard 12:00 Lunch 1:30 BINGO in Activity Room 3:00 Trashcard Game</p> <p>17</p> <p> St. Patrick's Day</p>	<p>9:00 Morning Walk 9:30 Yoga Blast with Emily 10:00 POST OFFICE 11:00 -LUNCH BUNCH: must sign up in advance 2:00 Game Time -Activity Room 3:00 Relax and Color in Activity Room 3:30 Yappy Hour/ Humane Society</p> <p>18</p>	<p>9:15 Muscle Memory: Build Your Brain and Body 10:00 Noodle The Therapy Dog visits 10:30 Home Ec Class with Debbie : Mini Pudding Pies 1:30 Show Me the Money in Activity Room 2:30 Afternoon Movie</p> <p>19</p>	<p>9:30 Morning Walk 10:30 Zumba w/ Teri 11:00 Balloon Game in Activity Room 1:30 BINGO in activity room 3:00 Happy Hour Music: My Brother's Band </p> <p>20</p> <p>Spring Begins</p>	<p>9:30 Light stretching/morning walk 10:00 Balloon Games in Activity Room 11:00 Games with Kim in Activity room 2:00 Ice Cream treat in the parlor 2:30 Afternoon Movie</p> <p>21</p>
<p>9:30 Sit and Fit 10:30 Coffee Club/ parlor 10:30 Music and Non-Denominational church service/ movie theater 1:30 BINGO 3:00 Afternoon Movie</p> <p>22</p>	<p>9:00 Morning Walk 9:30 Sit and Fit 10:00 Communion in theater 11:00 Watercolor with Val in Activity Room 1:30 Brain Games in Activity Rm 2:00 Board Games in Activity Rm 3:00 Afternoon movie</p> <p>23</p>	<p>9:30 Exercise in Activity Room 10:30 Coffee and crosswords in Parlor 11:00 Famous Faces Game 1:30 BINGO in Activity Room 3:00 Root Beer Float Social</p> <p>24</p>	<p>9:00 Morning Walk 9:30 Dance Blast with Emily 10:30 PUBLIX 1:00 Pokeno in Activity Room 2:00 Cornhole outside with Marissa 3:00 Uno in Activity Room</p> <p>25</p>	<p>9:15 Muscle Memory: Build Your Brain and Body 10:00 Noodle The Therapy Dog visits 10:30 Monopoly in Activity Room with Debbie 1:30 Show Me the Money JACKPOT in Activity Room 2:30 Afternoon Movie</p> <p>26</p>	<p>9:30 Morning Walk 10:30 Zumba w/ Teri 11:00 Cornhole in Activity Room 1:30 BINGO in activity room 3:00 Happy Hour Music: Panama Matt sings your favorites</p> <p>27</p>	<p>9:30 Light stretching/morning walk 10:00 Balloon game with Kim in Activity room 11:00 Craft with Kim in Activity Room 2:00 Ice Cream in the parlor 2:30 Afternoon Movie</p> <p>28</p>
<p>9:30 Sit and Fit 10:30 Coffee Club/ parlor 10:30 Music and Non-Denominational church service/ movie theater 1:30 BINGO 3:00 Afternoon Movie</p> <p>29</p> <p>Palm Sunday </p>	<p>9:00 Morning Walk 9:30 Sit and Fit 10:00 Communion in theater 11:00 Craft Time with Marissa in Activity Room: Planter Pot Craft 1:30 Pokeno- Activity Room 2:30 Afternoon Movie</p> <p>30</p>	<p>9:30 Drumming in Activity Rm 10:30 Coffee and Crosswords in Ice Cream Parlor 11:00 Board Games in the Activity Room 2:00 Musical Guests: Soundsations in the living room</p> <p>31</p>	<h1>March 2026 </h1>			

***** PLEASE CHECK THE DAILY ACTIVITY SHEET FOR ANY CHANGES THAT MAY HAVE BEEN MADE TO THIS MONTHLY CALENDAR *****





SAINT PATRICK'S DAY FACTS

- **Not Irish:** St. Patrick was born in Britain and was kidnapped to Ireland as a slave at 16.
- **American Origins:** The first St. Patrick's Day parade was held in America, not Ireland, in 1601.
- **Color Shift:** Blue was initially associated with St. Patrick; green became linked to the holiday in 1798 to symbolize Irish nationalism.
- **Chicago's Green River:** Since 1962, Chicago has dyed its river green using roughly 40-50 pounds of dye, a tradition lasting about five hours.
- **Corned Beef Myth:** Corned beef was a cheaper substitute for traditional Irish bacon and cabbage, largely popularized by Irish immigrants in America.
- **Leprechaun Folklore:** The term means "small-bodied fellow" and stems from Celtic beliefs in fairies and fairies. There are no female leprechauns in Irish legends.
- **Global Recognition:** In 2012, it was named the "Friendliest Day of the Year"
- **Four-Leaf Clovers:** While the shamrock is a 3-leaf clover, the 4-leaf variety is rare, with only a 1 in 10,000 chance of finding one.
- **Start of Spring:** The vernal equinox occurs around March 20–21.



*Calendar
Spotlight*

Grand Oaks
ASSISTED LIVING BY THE VNA
— JENSEN BEACH —

*Our Roots
Run Deep
IN OUR
COMMUNITY*

March 17th

Bagpipes in the Courtyard
11:30am



March 24th

Root Beer Float Social
3:00pm



March 31st

Musical Guest: Soundsations
2:00pm

