

## FEBRUARY 2026 NEWSLETTER

### Management TEAM

DONALD CROW  
*Chairman*

TERESA ROBERTS  
*Vice President*

SHARON GRISWOLD  
*EVP Finance*

JAVIER CRESPO  
*Administrator*

LORAIN LOPEZ  
*Nurse Manager*

ROBERT ZELANO  
*Executive Chef*

DEBBIE ECKER  
*Human Resources  
Manager*

ASHLEY RUKEYSER  
*Sales & Activity  
Manager*



### A word from your ADMINISTRATOR

Dear Residents,

Wow! Winter surely came to sunny Florida this year! We are all doing our best to stay warm and we hope all our friends and family in the northern states are doing the same. Brrrrrrrr!

February is a month where we take time to celebrate those we love. We love our residents at Grand Oaks of Jensen Beach and can't wait to celebrate with you all as we make Valentine's Day memories together. Come visit our "Parisian Café" in the ice cream parlor on Friday, Feb. 13th and listen to the sweet sounds of Karin and Charles on Saturday, Feb. 14th.

Mark your calendars for a "Chef Chat" with Chef Bobby in the movie theater on Wednesday, Feb. 25th at 2:00 pm. Come with your suggestions, questions, and compliments (of course)!

We are thrilled to ask you all to "save the date" for our 7th Annual Grand Oaks of Jensen Beach Car Show which will take place on March 14th, from 11:00 am – 2:00 pm. Bring your friends and families and enjoy over 30 antique cars right here in our parking lot! We will have live music, great food, a 50/50 raffle to benefit the food bank, and an ice cream truck! It is sure to be a very memorable day.

Thank you all for being the very best residents we could ask for. We are so happy you chose to make our community your home. Happy Valentine's Day!

Sincerely,

*Javier Crespo*

Javier Crespo  
Administrator





## CHEF'S SPECIAL

## GRILLED CHICKEN GREEK SALAD



Grilled chicken breast served over a bed of spring mix with fresh tomato, cucumber, red onion, feta cheese and a pepperoncino with a homemade Greek vinaigrette.



## ADMIN SPOTLIGHT

## JAVIER CRESPO



We're excited to welcome our new Administrator, Javier, to the Grand Oaks family. Originally from Long Island, New York, he has lived in South Florida since his teenage years and is proud to call the area home.

Outside of work, he enjoys playing the piano and clarinet, creating acrylic landscape art, and cooking, especially Italian and Puerto Rican dishes. He is engaged and spends his free time with his Siberian husky, Kayla, and his cat, Amberlynn. He is also very passionate about the Everglades and takes part in regular cleanup trips with a group that removes trash and supports restoration efforts to help preserve this important part of our community.

He began working in a clinical setting in his teens as a Laboratory Technician, a role he held for ten years before discovering assisted living. In 2015, he started in an ALF as a receptionist and continued to grow in the field through roles including Wellness Coordinator, Med Tech, and Emergency Department positions. He studied Holistic Botany, Chinese Medicine, and Body Work, attending Heritage College before completing his degree at the Florida Academy in Fort Myers.

What he enjoys most about working with seniors is hearing their life stories and experiences, which has made him more grateful for where he is today. He values being able to step in as a family-like presence for residents and looks forward to a long career growing with the company and having fun with the residents along the way.



## Happy BIRTHDAY!



FEB 4

Barbara L.

FEB 6

Kathy R.

FEB 11

John R.

FEB 12

Dr. Doug K

FEB 13

Shirley D.

FEB 17

Pam J.

FEB 18

Alice B.



## New Move-Ins WELCOME!

- Suzanne B.



## FEBRUARY IN HISTORY

**February 12, 1809**

Abraham Lincoln is born.

**February 3, 1870**

The 15th Amendment is ratified, granting Black men the right to vote.

**February 2, 1943**

The Battle of Stalingrad ends, marking a crucial turning point in WWII.

**February 23, 1945**

The iconic photograph, "Raising the Flag on Iwo Jima", is taken.

**February 6, 1952**

Princess Elizabeth becomes Queen Elizabeth II following the death of King George VI.

**February 20, 1962**

John Glenn becomes the first American to orbit the Earth.

**February 1, 1960**

The Greensboro sit-ins begin, helping launch the Civil Rights Movement.

**February 9, 1964**

The Beatles appear on The Ed Sullivan Show.

**February 28, 2000**

The first crew arrives at the International Space Station.

**February 4, 2004**

Facebook is launched.

**February 18, 2021**

NASA's Perseverance rover lands on Mars.



| Sunday                                                                                                                                                                                     | Monday                                                                                                                                                                                                                                                                                 | Tuesday                                                                                                                                                                                                                                                                                                    | Wednesday                                                                                                                                                                                                                                                                         | Thursday                                                                                                                                                                                                                              | Friday                                                                                                                                                                                                                                                                                                              | Saturday                                                                                                                                                                                                                                                                    |
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|                                                                                                           |                                                                                                                                                                                                                                                                                        |                                                                                                                                                                                                                                                                                                            |                                                                                                                                                                                                                                                                                   |                                                                                                                                                                                                                                       |                                                                                                                                                                                                                                                                                                                     |                                                                                                                                                                                                                                                                             |
| <b>9:30</b> Sit and Fit<br><b>10:30</b> Coffee Club/ parlor<br><b>10:30</b> Music and Non-Denominational church service/ movie theater<br><b>1:30</b> BINGO<br><b>3:00</b> Afternoon Movie | <b>9:00</b> Morning Walk<br><b>9:30</b> Sit and Fit<br><b>10:00</b> Communion in theater<br><b>11:00</b> Watercolor with Val in Activity Room<br><b>1:30</b> Brain Games in Activity Rm<br><b>2:00</b> Black Jack in Activity Room<br><b>3:00</b> Afternoon movie<br><br>Groundhog Day | <b>9:30</b> Drumming in Activity Rm<br><b>10:30</b> Coffee and Crosswords in Ice Cream Parlor<br><b>11:00</b> Make a Valentine's Day Card in Activity Room<br><b>1:30</b> BINGO in Activity Room<br><b>3:30</b> Shuffleboard in Parlor                                                                     | <b>9:00</b> Morning Walk<br><b>9:30</b> Yoga Blast with Emily<br><b>10:30</b> PUBLIX<br><b>1:00</b> Mini Manicures in the Activity Room<br><b>2:30</b> Afternoon Movie                                                                                                            | <b>9:15</b> Muscle Memory: Build Your Brain and Body<br><b>10:00</b> Brain Games<br><b>10:30</b> Craft Time with Debbie: Heart Craft<br><b>1:30</b> "Show me the Money" in Activity Room<br><b>2:30</b> Afternoon Movie               | <b>9:30</b> Morning Walk<br><b>10:30</b> Zumba w/ Teri<br><b>11:00</b> Balloon Tennis Game in Activity Room<br><b>1:30</b> BINGO in activity room<br><b>3:00</b> Happy Hour Music: Dennis Fano sings the classics                                                                                                   | <b>9:30</b> Light stretching w/ Kim<br><b>10:00</b> Get Active with Kim in Activity room<br><b>11:00</b> Relax and Color in Activity Room<br><b>2:00</b> Ice Cream in the parlor<br><b>2:30</b> Afternoon Movie                                                             |
| <b>9:30</b> Sit and Fit<br><b>10:30</b> Coffee Club/ parlor<br><b>10:30</b> Music and Non-Denominational church service/ movie theater<br><b>1:30</b> BINGO<br><b>3:00</b> Afternoon Movie | <b>9:00</b> Morning Walk<br><b>9:30</b> Sit and Fit<br><b>10:00</b> Communion in theater<br><b>11:00</b> Creating with Clay in Activity Room<br><b>1:30</b> Make Rice Krispie Treats with Marissa in Ice Cream Parlor<br><b>2:30</b> Afternoon Movie                                   | <b>9:30</b> Exercise in Activity Room<br><b>10:30</b> Coffee and Crosswords in Ice Cream parlor<br><b>11:00</b> Craft Time in Activity Room- Button Flower Bouquet<br><b>2:00</b> Games in Activity Room<br><b>3:00</b> Monthly Birthday Party in theater: music and cake                                  | <b>9:00</b> Morning Walk<br><b>9:30</b> Dance Blast with Emily<br><b>10:30</b> WALGREENS<br><b>1:00</b> Rummikub in Activity Room<br><b>2:00</b> Trivia and Treats in Activity Room<br><b>3:00</b> Ping Pong Toss in Activity Room                                                | <b>9:15</b> Muscle Memory: Build Your Brain and Body<br><b>10:00</b> Noodle The Therapy Dog visits<br><b>10:30</b> Fun with Debbie: Heart Hunt for a prize<br><b>1:30</b> Play Boggle in Activity Room<br><b>2:30</b> Afternoon Movie | <b>9:30</b> Morning Walk<br><b>10:00</b> Valentine's Day Parisian Cafe in the ice cream parlor: specialty coffees and treats to sample<br><b>10:30</b> Zumba w/ Teri<br><b>11:00</b> Cornhole in Activity Room<br><b>1:30</b> BINGO in activity room<br><b>3:00</b> Happy Hour Music: Silver Wings in movie theater | <b>9:30</b> Light stretching/morning walk<br><b>10:00</b> Balloon Games in Activity Room<br><b>11:00</b> Music: Karin and Charles Perform in living room<br><b>2:00</b> Valentine's Day Ice Cream treat in the parlor<br><b>2:30</b> Afternoon Movie<br><br>Valentine's Day |
| <b>9:30</b> Sit and Fit<br><b>10:30</b> Coffee Club/ parlor<br><b>10:30</b> Music and Non-Denominational church service/ movie theater<br><b>1:30</b> BINGO<br><b>3:00</b> Afternoon Movie | <b>9:00</b> Morning Walk<br><b>9:30</b> Sit and Fit<br><b>10:00</b> Communion in theater<br><b>11:00</b> Craft Time in Activity Room: Seasonal Door Sign<br><b>1:30</b> Pokeno- Activity Room<br><b>2:30</b> Afternoon Movie<br><br>Presidents' Day (U.S.)                             | <b>9:30</b> Drumming in Activity Rm<br><b>10:30</b> Coffee and crosswords in Parlor<br><b>11:00</b> Town Hall Meeting<br><b>12:00</b> Mardi Gras themed lunch in dining room<br><b>1:30</b> BINGO in Activity Room<br><b>3:00</b> Trashcard Game<br><br>Mardi Gras<br>Chinese New Year (Year of the Horse) | <b>9:00</b> Morning Walk<br><b>9:30</b> Yoga Blast with Emily<br><b>10:00</b> POST OFFICE<br><b>11:00</b> -LUNCH BUNCH: must sign up in advance<br><b>2:00</b> Game Time -Activity Room<br><b>3:00</b> Relax and Color in Activity Room<br><b>3:30</b> Yappy Hour/ Humane Society | <b>9:15</b> Muscle Memory: Build Your Brain and Body<br><b>10:00</b> Noodle The Therapy Dog visits<br><b>10:30</b> Home Ec Class with Debbie<br><b>1:30</b> Games in Activity Room<br><b>2:30</b> Afternoon Movie                     | <b>9:30</b> Morning Walk<br><b>10:30</b> Zumba w/ Teri<br><b>11:00</b> Balloon Game in Activity Room<br><b>1:30</b> BINGO in activity room<br><b>3:00</b> Happy Hour Music: Piano for the People                                                                                                                    | <b>9:30</b> Light stretching/morning walk<br><b>10:00</b> Get Active with Kim in Activity Room<br><b>11:00</b> Game Time in Activity Room<br><b>2:00</b> Ice Cream in the parlor<br><b>2:30</b> Afternoon Movie                                                             |
| <b>9:30</b> Sit and Fit<br><b>10:30</b> Coffee Club/ parlor<br><b>10:30</b> Music and Non-Denominational church service/ movie theater<br><b>1:30</b> BINGO<br><b>3:00</b> Afternoon Movie | <b>9:00</b> Morning Walk<br><b>9:30</b> Sit and Fit<br><b>10:00</b> Communion in theater<br><b>11:00</b> Watercolor with Val in Activity Room<br><b>1:30</b> Brain Games in Activity Rm<br><b>2:00</b> Board Games in Activity Rm<br><b>3:00</b> Afternoon movie                       | <b>9:30</b> Exercise in Activity Room<br><b>10:30</b> Coffee and crosswords in Parlor<br><b>11:00</b> Famous Faces Game<br><b>1:30</b> BINGO in Activity Room<br><b>3:00</b> Root Beer Float Social                                                                                                        | <b>9:00</b> Morning Walk<br><b>9:30</b> Dance Blast with Emily<br><b>10:30</b> PUBLIX<br><b>1:00</b> Pokeno in Activity Room<br><b>2:00</b> Chef Chat with Chef Bobby in the movie theater<br><b>3:00</b> Uno in Activity Room                                                    | <b>9:15</b> Muscle Memory: Build Your Brain and Body<br><b>10:00</b> Noodle The Therapy Dog visits<br><b>10:30</b> Monopoly in Activity Room with Debbie<br><b>1:30</b> Games in Activity Room<br><b>2:30</b> Afternoon Movie         | <b>9:30</b> Morning Walk<br><b>10:30</b> Zumba w/ Teri<br><b>11:00</b> Cornhole in Activity Room<br><b>1:30</b> BINGO in activity room<br><b>3:00</b> Happy Hour Music: Panama Matt sings your favorites                                                                                                            | <b>9:30</b> Light stretching/morning walk<br><b>10:00</b> Balloon game with Kim in Activity room<br><b>11:00</b> Craft with Kim in Activity Room<br><b>2:00</b> Ice Cream in the parlor<br><b>2:30</b> Afternoon Movie                                                      |

\*\*\*\* PLEASE CHECK THE DAILY ACTIVITY SHEET FOR ANY CHANGES THAT MAY HAVE BEEN MADE TO THIS MONTHLY CALENDAR



## EMPLOYEE SPOTLIGHT

## JANICE STANFORD



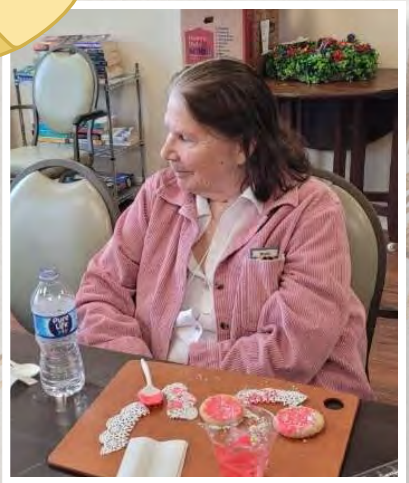
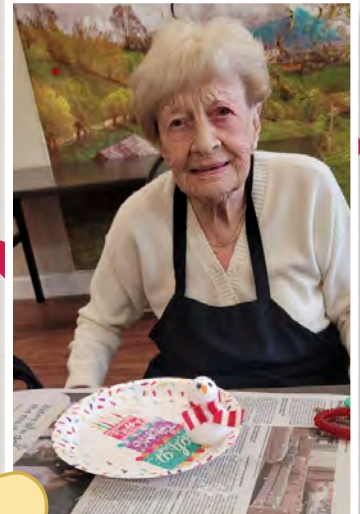
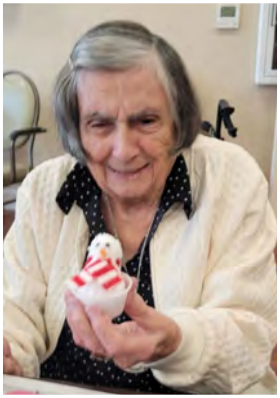
Janice Stanford who works at our concierge desk is our February Employee of the Month! Her warm smile and positive attitude make such an impact on our community. She gets many compliments from our residents, families, and visitors. She often goes above and beyond and always keeps the needs of our residents her top priority. We are so blessed to have Janice with us and congratulate her on a job well done!



## FEBRUARY TRIVIA

1. What gemstone is associated with February birthdays?
2. What is the name of the weather predicting groundhog from Pennsylvania?
3. February is the only month that can sometimes pass without what lunar event?
4. Since the early 2000s, what major sporting event is usually held on the first Sunday of February?
5. What are February's birth flowers?
6. Which zodiac signs fall in February?
7. Which famous playwright mentioned February only once in all his works?
8. In which play does Shakespeare mention February?







## Calendar Spotlight



*Our Roots  
Run Deep  
IN OUR  
COMMUNITY*

February 13th

Valentine's Day Parisian Cafe  
10:00am



February 17th

Mardi Gras Lunch  
12:00pm



February 25th

Chef Chat with Chef Bobby  
2:00pm



February 27th

Happy Hour Music  
3:00pm



## TRIVIA ANSWERS

1. Amethyst
2. Punxsutawney Phil
3. Full Moon
4. The Super Bowl.
5. Violet and primrose.
6. Aquarius and Pisces.
7. William Shakespeare.
8. Much Ado About Nothing.