

AUGUST 2024

Management
TEAM

DONALD CROW
Chairman

TERESA ROBERTS
Vice President

SHARON GRISWOLD
EVP Finance

ANITA TOPPING
Administrator

MOLLIE JONES
Nurse Manager

ROBERT ZELANO
Executive Chef

DEBBIE ECKER
*Human Resources
Manager*

ASHLEY RUKEYSER
Sales & Activity Manager



A word from your
ADMINISTRATOR

Dear Residents,

We hope you are all having a wonderful time here at Grand Oaks of Jensen Beach. I have enjoyed meeting your families and friends who have been visiting over the summer break. Can you believe the kids will all be going back to school soon?

This month is bound to be fun with all the exciting activities coming up! Be sure to join us for the terrific exercise classes we offer each day. Cheer on your favorite country as we play the Grand Oaks Olympic Games on August 1st! Who will win the bronze, silver or gold? Two new activities to consider are the weekly book club with Val and Diane's cooking class. Check out the daily activities and mark your calendars to participate.

As we continue into hurricane season, please know that your safety is our top priority. We will all keep our fingers and toes crossed for an uneventful season, but we are prepared should we need to ride out a storm. If you have any questions, my door is always open.

Sincerely,

Anita Topping

Anita Topping
Administrator





Chef's
SPECIAL

PONZU SALMON



Fresh Atlantic Salmon, pan seared and glazed with a citrus teriyaki sauce, served with your choice of sides or over an entree salad.

Happy
BIRTHDAY!!!



AUG
21

Kay K.

AUG
26

Diane B.

AUG
26

Marilyn H.



New Move-Ins
WELCOME!!

Trenna M.

Jerry S.





Employee
SPOTLIGHT

DEMISHA GIBSON GRAHAM
(right)



Demisha joined Grand Oaks of Jensen Beach a few months ago working as a caregiver/med tech and we are so lucky to have her here with us. Demisha is originally from Falmouth, Jamaica but lives here in Florida with her husband (James) and two sons (Ronaldo and Devontae). She loves to cook, sing, clean, and dance to music. Her favorite things to cook are Jamaican cuisine like curry chicken and oxtail. Demisha is caring, honest, humble and kind. She lives each day to the fullest and keeps a smile on her face. Her passion is caring for seniors and children. She has a special place in her heart for the memory care at Grand Oaks and enjoys

spending time with all her beautiful residents. Her favorite thing about working here is the exceptional staff that have made her feel so welcome and appreciated.

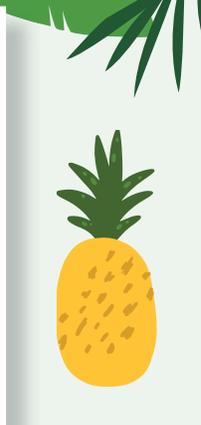
We do appreciate you, Demisha!!



August 2024

				<p>9:15 Coffee Talk in Ice Cream Parlor 10:00 Communion in theater 10:30 Grand Oaks Olympic Games- who will win Gold, Silver and Bronze for their country? 1:30 Rummikub Social in Ice Cream Parlor 3:00 Afternoon Movie</p>	<p>9:30 Morning Walk 10:30 Zumba w/ Teri 11:00 Book Club with Val/ Relax and Color in Activity Room 2:00 BINGO 3:00 Happy Hour music: Music by David Pearl</p>	<p>9:30 Light stretching/morning walk 10:00 Coffee Club in ice cream parlor 11:00 Game Time in Activity Room 2:30 Afternoon Movie</p>
<p>9:30 Sit and Fit with Diane 10:30 Coffee Club/ parlor 10:30 Music and Non-Denominational church service/ movie theater 2:00 BINGO 3:00 Afternoon Movie</p>	<p>9:30 Drumming in Activity Room 10:00 Word Challenge or Trivia in Activity Room 11:00 Watercolor Painting w/ Val 2:00 Luck of the Draw in activity room 3:00 Afternoon Movie</p>	<p>9:30 Sit and Fit with Diane 10:00 Coffee Club/Ice Cream Parlor 11:00 Baking with Diane: Orange Creamsicle Cake 2:00 Pokeno 3:00 Afternoon Movie</p>	<p>9:30 Yoga Blast with Emily 10:30 PUBLIX 11:15 Relax and Color in Activity Room 2:00 Mahjong in Activity Room 3:00 Get Crafty with Diane: Back to school advice for high school kids with pencil bundles</p>	<p>9:15 Muscle Memory: Build Your Brain and Body with Lynda 10:00 Communion in theater 10:30 Game Time: "Show Me the Money" in Activity Room 1:30 Rummikub Social in Parlor 3:00 Afternoon Movie</p>	<p>9:30 Morning Walk 10:30 Zumba w/ Teri 11:00 Book Club with Val/ Relax and Color in Activity Room 2:00 BINGO 3:00 Happy Hour music: Music by Joel Antonio</p>	<p>9:30 Light stretching/morning walk 10:00 Coffee Club in ice cream parlor 11:00 Music: Karin and Charles Perform in lobby 2:30 Afternoon Movie</p>
<p>9:30 Sit and Fit with Diane 10:30 Coffee Club/ parlor 10:30 Music and Non-Denominational church service/ movie theater 2:00 BINGO 3:00 Afternoon Movie</p>	<p>9:30 Drumming in Activity Room 10:00 Vet to Vet Café- coffee, games, and prizes for our Veterans in ice cream parlor 11:00 Creating w/ Clay 2:00 L,R,C (left, right, center) in activity room 3:00 Afternoon Movie</p>	<p>9:30 Sit and Fit with Diane 10:00 Coffee Club Ice Cream Parlor 11:00 Luck of the Draw 2:00 Pokeno 3:00 Monthly Birthday Party in theater: music and cake</p>	<p>9:30 Dance Blast with Emily 10:30 Bank and Post Office 11:30 Kings in the Corner 2:00 Mahjong in Activity Room 3:00 Get Crafty with Diane: plastic bag flower painting</p>	<p>9:15 Muscle Memory: Build Your Brain and Body with Lynda 10:00 Communion in theater 10:30 Craft with Debbie: Activity Room 1:30 Rummikub Social in Ice Cream Parlor 2:30 Afternoon Movie</p>	<p>9:30 Morning Walk 10:30 Zumba w/ Teri 11:00 Book Club with Val/ Relax and Color in Activity Room 2:00 BINGO 3:00 Happy Hour music: Music by Cesar Zugasti</p>	<p>9:30 Light stretching/morning walk 10:00 Bus Ride Adventure 11:00 Game Time in Activity Room 2:00 Coffee Club in ice cream parlor</p>
<p>9:30 Sit and Fit with Diane 10:30 Coffee Club/ parlor 10:30 Music and Non-Denominational church service/ movie theater 2:00 BINGO 3:00 Afternoon Movie</p>	<p>9:30 Drumming in Activity Room 10:00 Coffee Club/ Ice Cream Parlor 11:00 Get Crafty with Diane: wooden autumn leaf painting 2:00 Pokeno in Activity Room 3:00 Afternoon Movie</p>	<p>9:30 Sit and Fit with Diane 10:00 Coffee Club in Parlor 11:00 Town Hall Meeting in movie theater 11:30 Trivia time/ activity room 2:00 CASINO DAY: cards and games in activity room</p>	<p>9:30 Yoga Blast with Emily 10:30 Walgreens 11:15 -LUNCH BUNCH- must sign up in advance 2:00 Mahjong in Activity Room 3:00 Relax & Color-Activity Room 3:30 Yappy Hour with Humane Society</p>	<p>9:15 Muscle Memory: Build Your Brain and Body with Lynda 10:00 Communion in theater 10:30 Game Time: "Show Me the Money" in Activity Room 1:30 Rummikub Social in Parlor 3:00 Afternoon Movie</p>	<p>9:30 Morning Walk 10:30 Zumba w/ Teri 11:00 Book Club with Val/ Relax and Color in Activity Room 3:00 Afternoon music: Silver Wings in theater 3:00 BINGO</p>	<p>9:30 Light stretching/morning walk 10:00 Coffee Club in ice cream parlor 11:00 Game Time in Activity Room 2:30 Afternoon Movie</p>
<p>9:30 Sit and Fit with Diane 10:30 Coffee Club/ parlor 10:30 Music and Non-Denominational church service/ movie theater 2:00 BINGO 3:00 Afternoon Movie</p>	<p>9:30 Drumming in Activity Room 10:00 Word Challenge or Trivia in Activity Room 11:00 Watercolor Painting w/ Val 2:00 Kings in the Corner in Activity Room 3:00 Afternoon Movie</p>	<p>9:30 Sit and Fit with Diane 10:00 Coffee Club in Ice Cream Parlor 11:00 Luck of the Draw in Activity Room 2:00 Uno Card game in Activity Room 3:00 MUSIC: Jimmy G Steel Drums and ice cream sundaes</p>	<p>9:30 Dance Blast with Emily 10:30 PUBLIX 11:30 Kings in the Corner 2:00 Mahjong in Activity Room 3:00 Afternoon Movie</p>	<p>9:15 Muscle Memory: Build Your Brain and Body with Lynda 10:00 Communion in theater 10:30 Craft with Debbie: Activity Room 1:30 Rummikub Social in Parlor 2:30 Hummus tasting in Ice Cream Parlor 3:00 Afternoon Movie</p>	<p>9:30 Morning Walk 10:30 Zumba w/ Teri 11:00 Book Club with Val/ Relax and Color in Activity Room 2:00 BINGO 3:00 Happy Hour music: Music by Dennis Fano</p>	<p>9:30 Light stretching/morning walk 10:00 Coffee Club in ice cream parlor 11:00 Game Time in Activity Room 2:30 Afternoon Movie</p>

Please check the daily agenda for any changes or updates made to this calendar.



 Resident SPOTLIGHT } GERALD F.



Gerald moved to the sunshine state from Queens, New York in June to live closer to his son. He is thrilled to be able to see his children and grandchildren more often. Gerald worked in the technology field in New York City for many years. He is passionate about cars and motorcycles and is looking forward to our next car show at Grand Oaks. His favorite car is the Corvette. He is enjoying living at Grand Oaks and says “the people are all friendly. Everyone is always smiling, and the best part is I get daily hugs.”






Grand Oaks
 ASSISTED LIVING BY THE VNA
 — JENSEN BEACH —

Calendar Highlights!

*Our Roots Run Deep
IN OUR COMMUNITY*



August 21th

Lunch Bunch



August 27th

Jimmy G Steel Drums and ice cream sundaes



August 30th

Happy Hour with Dennis Fano

