

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

	<h1>January 2026</h1>		<p>9:15 Muscle Memory: Build Your Brain and Body 10:00 Brain Games 10:30 Craft with Debbie: Stained Glass Project 1:30 "Show me the Money" in Activity Room 2:30 Afternoon Movie</p> <p style="text-align: center;">New Year's Day</p>	<p>9:30 Morning Walk 10:30 Zumba w/ Teri 11:00 Balloon Tennis Game in Activity Room 1:30 BINGO in activity room 3:00 Happy Hour Music: Piano for the People</p>
<p>9:30 Sit and Fit 10:30 Coffee Club/ parlor 10:30 Music and Non-Denominational church service/ movie theater 1:30 BINGO 3:00 Afternoon Movie</p>	<p>4 9:00 Morning Walk 9:30 Sit and Fit 10:00 Communion in theater 11:00 Watercolor with Val in Activity Room 1:30 Brain Games in Activity Rm 2:00 Black Jack with Debbie in Activity Room 3:00 Afternoon movie</p>	<p>5 9:30 Drumming in Activity Rm 10:30 Coffee and Crosswords in Ice Cream Parlor 11:00 Games in Activity Room 2:00 Mini Manicures in Activity Room 3:45 Cookies and Cards with local Youth Soccer players in Activity Room</p>	<p>6 9:00 Morning Walk 9:30 Yoga Blast with Emily 10:30 PUBLIX 1:00 Rummikub in Activity Room 2:00 Popcorn in Ice Cream Parlor 2:30 Afternoon Movie</p>	<p>7 9:15 Muscle Memory: Build Your Brain and Body 10:00 Noodle The Therapy Dog visits 10:30 Fun with Debbie: Elvis Day Sock Hop Party in Activity Room 1:30 Play Boggle in Activity Room 2:30 Afternoon Movie</p>
<p>9:30 Sit and Fit 10:30 Coffee Club/ parlor 10:30 Music and Non-Denominational church service/ movie theater 1:30 BINGO 3:00 Afternoon Movie</p>	<p>11 9:00 Morning Walk 9:30 Sit and Fit 10:00 Communion in theater 11:00 Creating with Clay in Activity Room 1:30 Shuffleboard in Parlor 2:30 Afternoon Movie</p>	<p>12 9:30 Exercise in Activity Room 10:30 Coffee and Crosswords in Ice Cream parlor 11:00 Craft Time in Activity Room- wooden snowflakes 2:00 Games in Activity Room 3:00 Monthly Birthday Party in theater: music and cake</p>	<p>13 9:00 Morning Walk 9:30 Dance Blast with Emily 10:30 WALGREENS 1:00 Relax and Color in Activity Room 2:00 Shuffleboard in Ice Cream Parlor 3:00 Uno Game in Activity Room</p>	<p>14 9:15 Muscle Memory: Build Your Brain and Body 10:00 Noodle The Therapy Dog visits 10:30 Craft Time with Debbie: Florida Snowman Activity 1:30 Games in Activity Room 2:30 Afternoon Movie</p>
<p>9:30 Sit and Fit 10:30 Coffee Club/ parlor 10:30 Music and Non-Denominational church service/ movie theater 1:30 BINGO 3:00 Afternoon Movie</p>	<p>18 9:00 Morning Walk 9:30 Sit and Fit 10:00 Communion in theater 11:00 Craft Time in Activity Room 1:30 Pokeno- Activity Room 2:30 Afternoon Movie</p> <p style="text-align: center;">Martin Luther King Jr. Day</p>	<p>19 9:30 Drumming in Activity Rm 10:30 Coffee and crosswords in Parlor 11:00 Town Hall Meeting 2:00 Games in Activity Room 3:00 Flower Arrangements in Activity Room</p>	<p>20 9:00 Morning Walk 9:30 Yoga Blast with Emily 10:00 POST OFFICE 11:00 -LUNCH BUNCH: must sign up in advance 2:00 Game Time -Activity Room 3:00 Relax and Color in Activity Room 3:30 Yappy Hour/ Humane Society</p>	<p>21 9:15 Muscle Memory: Build Your Brain and Body 10:00 Noodle The Therapy Dog visits 10:30 Home Ec Class with Debbie: Snowflake Cookies Baking 1:30 Games in Activity Room 2:30 Afternoon Movie</p>
<p>9:30 Sit and Fit 10:30 Coffee Club/ parlor 10:30 Music and Non-Denominational church service/ movie theater 1:30 BINGO 3:00 Afternoon Movie</p>	<p>25 9:00 Morning Walk 9:30 Sit and Fit 10:00 Communion in theater 11:00 Watercolor with Val in Activity Room 1:30 Brain Games in Activity Rm 2:00 Board Games in Activity Rm 3:00 Afternoon movie</p>	<p>26 9:30 Exercise in Activity Room 10:30 Coffee and crosswords in Parlor 11:00 Bird seed feeder Craft in Activity Room 2:00 Board Games in Activity Room 3:30 Hot cocoa on the front porch</p>	<p>27 9:00 Morning Walk 9:30 Dance Blast with Emily 10:30 PUBLIX 1:00 Relax and Color in Activity Room 1:30 Pokeno in Activity Room 2:30 Afternoon Movie</p>	<p>28 9:15 Muscle Memory: Build Your Brain and Body 10:00 Noodle The Therapy Dog visits 10:30 Monopoly in Activity Room with Debbie 1:30 Games in Activity Room 2:30 Afternoon Movie</p>
				<p>29 9:30 Morning Walk 10:30 Zumba w/ Teri 11:00 Cornhole in Activity Room 1:30 BINGO in activity room 3:00 Happy Hour Music: Panama Matt</p>

*** PLEASE CHECK THE DAILY ACTIVITY SHEET FOR ANY CHANGES THAT MAY HAVE BEEN MADE TO THIS MONTHLY CALENDAR

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9:30 Light stretching w/ Kim
10:00 Get Active with Kim in Activity room
11:00 Relax and Color in Activity Room
2:00 Ice Cream in the parlor
2:30 Afternoon Movie

10

9:30 Light stretching/morning walk
10:00 Balloon Games in Activity Room
11:00 Music: Karin and Charles Perform in living room
2:30 Afternoon Movie

11

9:30 Light stretching/morning walk
10:00 Get Active with Kim in Activity Room
11:00 Game Time in Activity Room
2:00 Ice Cream in the parlor
2:30 Afternoon Movie

12

9:30 Light stretching/morning walk
10:00 Balloon game with Kim in Activity room
11:00 Craft with Kim in Activity Room
2:00 Ice Cream in the parlor
2:30 Afternoon Movie

13

9:30 Light stretching/morning walk
10:00 Craft with Kim in Activity Room
11:00 Game Time in Activity Room
2:00 Ice Cream in the parlor
2:30 Afternoon Movie

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